

A quick
review
of the
Al-Anon
Service
Structure



Al-Anon
Family
Groups



District Meetings supports GRs
communicates information
from AWSC to groups between
Assemblies – District Events



AIS Provides information-
answering calls/ posting on
website - post meeting list
Book Depot sell CAL Public
Outreach



Local Groups & Districts

Area Assembly

Makes decisions for the Groups
in the Area, elects Officers and
Coordinators for the area and
elects a Delegate for WSC
2/year

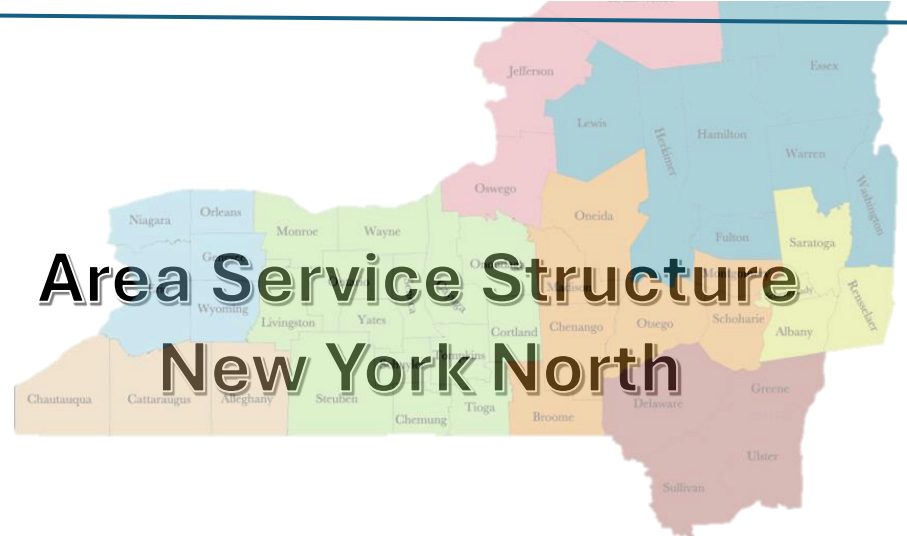


AWSC

Set the Agenda for
the Area Assembly
4/year



Area Service Structure New York North



WSC

World Service
Conference
1/year

WSO World Service
Office



World Service

AWSC

Area World Service Committee



The Officers bring forth procedural & policy issues and facilitate meetings.



The District Reps bring forth issues that are of concern with the groups communicated through the Group Reps at the District meetings.



The Coordinators gather information from other Area Coordinators and the WSO.



The Intergroup Reps bring forth information from the AIS's



The Delegate brings information from the WSC and WSO.



Past Delegates bring ESH (wisdom)



Current & Past Trustees bring ESH (wisdom)



Tradition 9: Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Groups – ultimate responsibility & authority

WSC World Service Conference



Area Delegate



Board of Trustees



WSO Staff



Exec Committee



90 Voting Members

68 Area Delegates from US, Canada, Bermuda & Puerto Rico



Al-Anon Family Groups the Fellowship - Traditional – (does not exist in eyes of the Law) Follows the WSC Charter

AFG, Inc Legal Entity - Follows By Laws with Traditional Approval from WSC

90 Voting Members

Trustees

TAL – Trustee at Large
RT – Regional Trustee



3 TAL and 3 RT positions become available each year
Term: 3 years

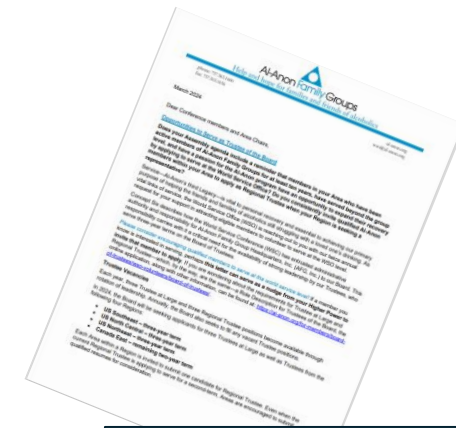
Who is eligible?

Anyone who has been an active member of Al-Anon Family Groups for at least 10 years
who has served beyond the group level
and who has a passion for the Al-Anon program

Concept 9:

Good personal leadership at all service levels is a necessity. In the field of world service, the Board of Trustees assumes the primary leadership.

Deadline to submit resume Aug 15th



Resumes submitted on-line at Al-Anon.org

Regional Trustees must be approved by the Area.

Reviewed by CCT – Conference Committee for Trustees

Sent to Nominating Committee for selection
Some are selected to give 15 min presentation

Nominating committee makes selection

WSC gives Traditional Approval

BOT elects the candidates



DECIDE:

YES ☒
NO ☐



Concept 1:

The ultimate responsibility and authority of Al-Anon World Services belongs to the Al-Anon groups.

Concept 2:

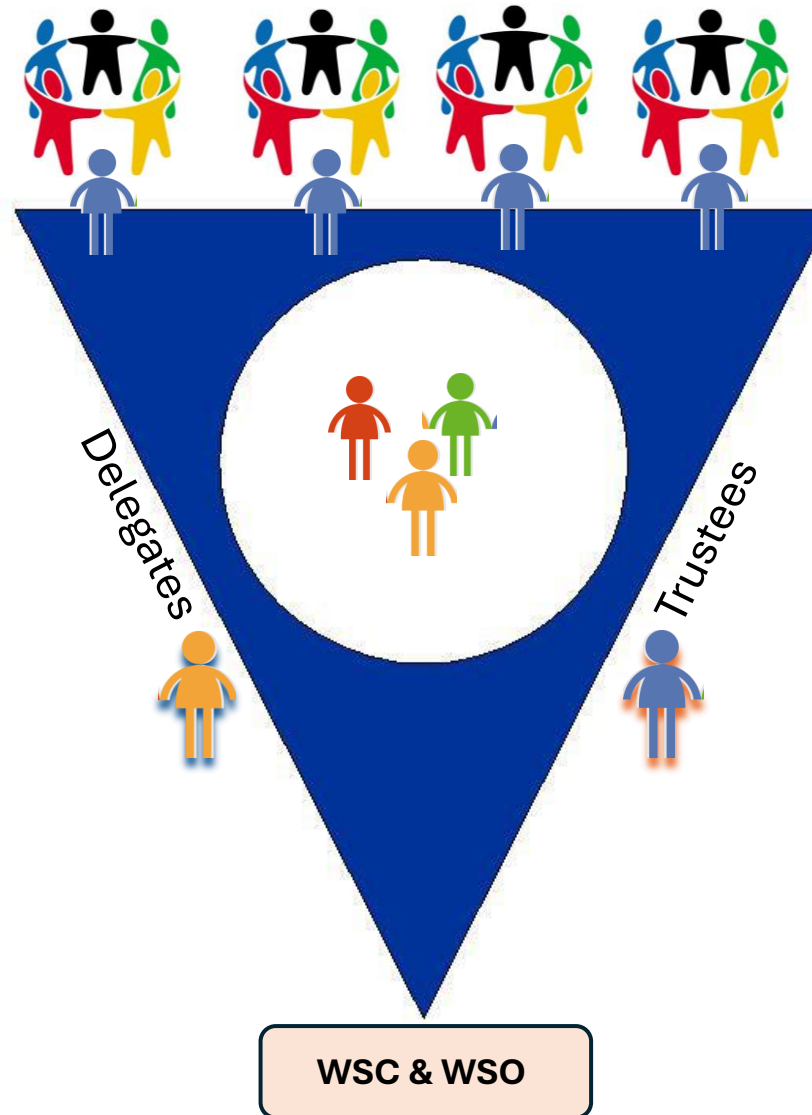
The Al-Anon Family Groups have delegated complete administrative and operational authority to their conference and its service arms.

Tradition 2:

For our purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.

Concept 6:

The Conference acknowledges the primary administrative responsibility of the Trustees



In Service to the
Al-Anon Family Groups



Alphabet Soup

Al-Anon Acronyms

- **AFG** Al-Anon Family Groups
- **GR** Group Representative
- **DR** District Representative
- **AIS** Area Information Service
- **ISR** Information Service Rep
- **AWSC** Al-Anon World Service Committee
- **WSC** World Service Conference
- **WSO** World Service Office
- **AMIAS** Al-Anon Member Involved (with) Alateen Service
- **GEA** Global Electronic Area
- **PEG** Permanent Electronic Group
- **GEMS** Global Electronic Meeting Search
- **GSO** General Service Office
- **IAGSM** International Al-Anon General Service Meeting
- **NERD** Northeast Regional Delegate
- **NERT** Northeast Regional Trustee



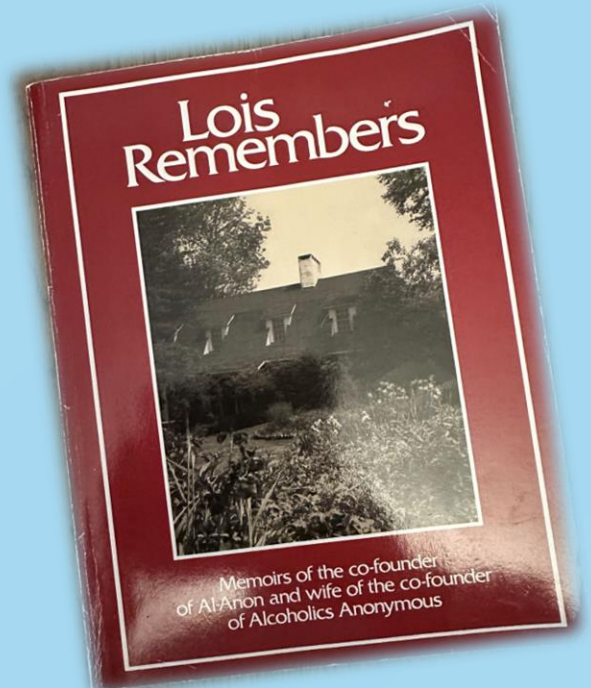
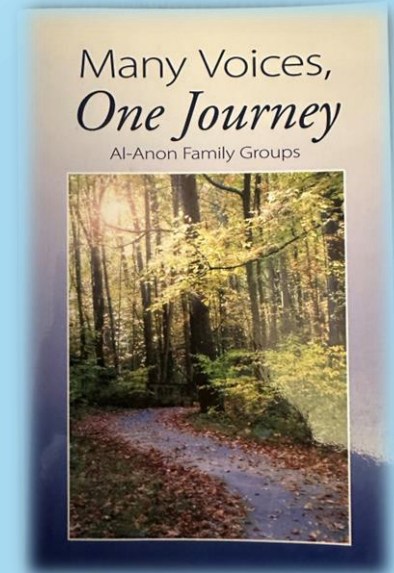
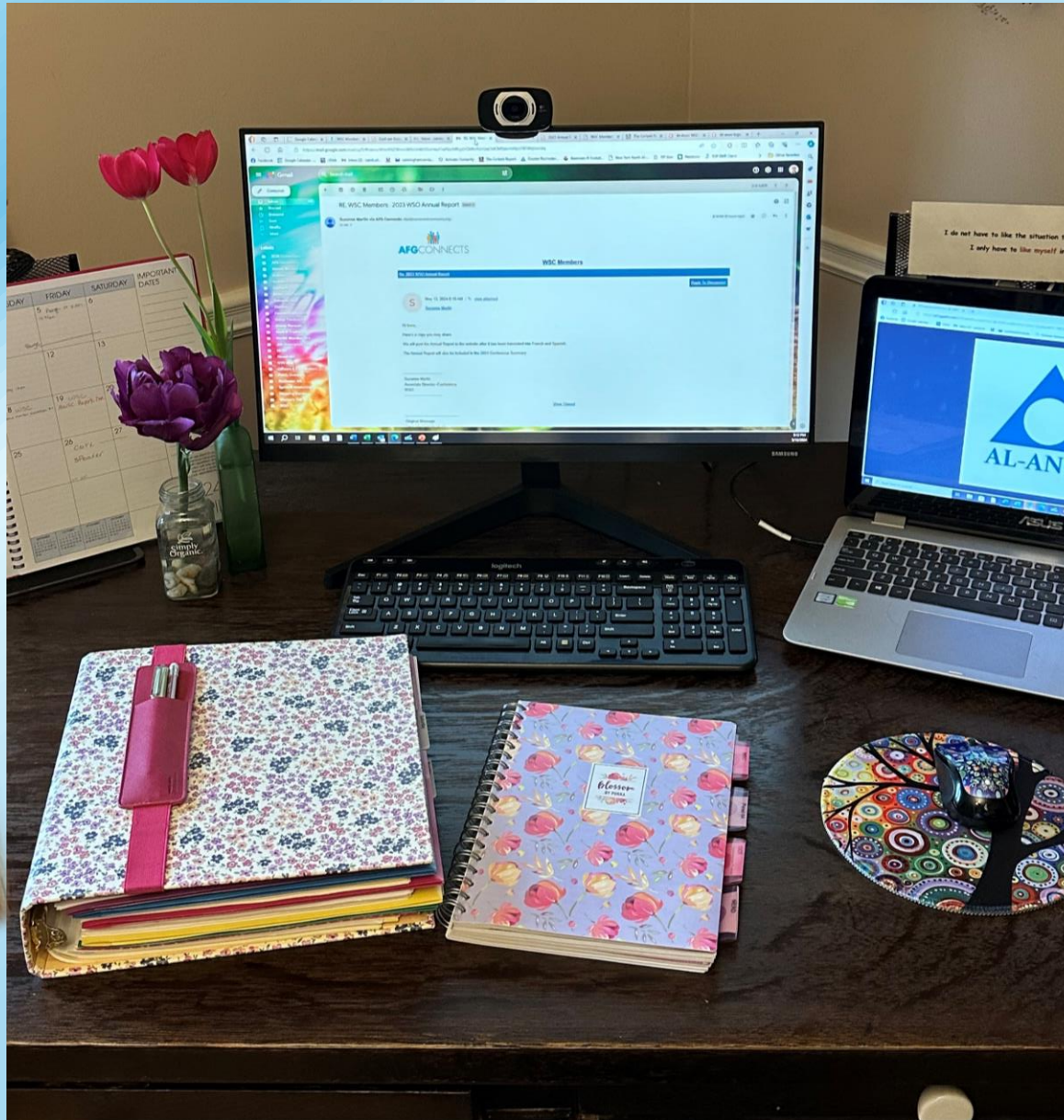
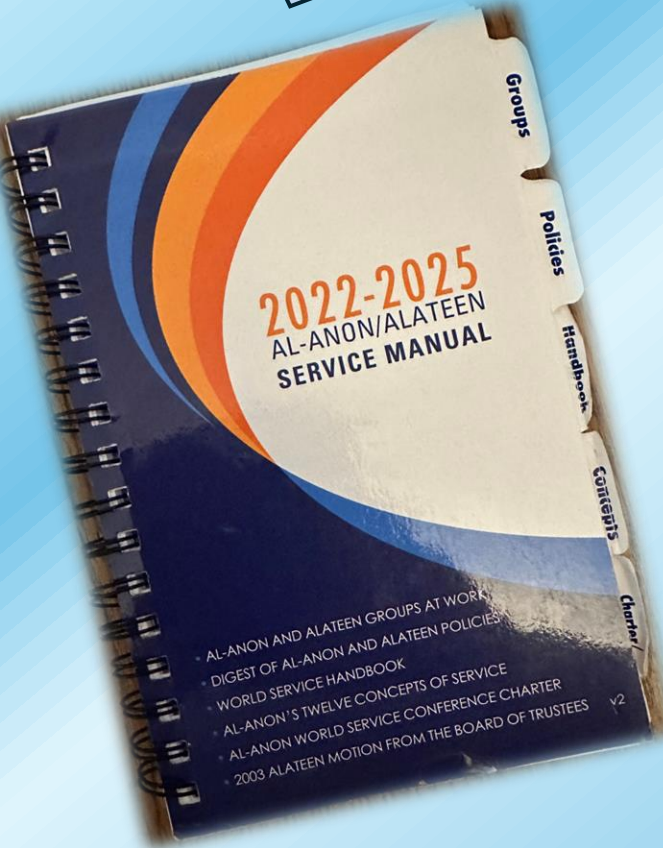
Al-Anon Family Groups

Help and hope for families and friends of alcoholics

**New York North Area
Delegates Report**

The Prep Work

Lots of emails- so many documents, numbers, numbers & more numbers!



The Board's Goals for the Conference

- The Conference, Al-Anon's largest group conscience, will act in the spirit of unity and goodwill to assure that Al-Anon's world services are continually available to the Al-Anon fellowship:
- GOAL 1: The spiritual tone of the Conference will prevail by the demonstration of Al-Anon's core principles in action.
- GOAL 2: The Conference will provide guidance to Al-Anon's Board of Trustees and the World Service Office (WSO) on services to the fellowship and guardianship of Al-Anon's Twelve Traditions.
- GOAL 3: Conference members will understand the purpose of the Conference, relationships within the Structure, and be able to articulate Conference discussions and decisions.



LOIS W., our cofounder, wrote, “Al-Anon...holds together by means of a loving understanding among its members. Al-Anon is united--without organization, without management, without a chain of command or a set of rules--by its members’ willingness to be obedient to the unenforceable.”
Paths to Recovery page 133



Al-Anon’s logo is a triangle with a circle inside. The three legacies include: Recovery through the Steps, Unity through the Traditions and Service through acceptance of the Concepts. All three sides are necessary for the triangle to remain a triangle, just as a three legged stool needs all three legs in order to stand.

As discovered in our literature and shared by a [member](#) |

12 Steps

1. Acceptance
2. Hope
3. Faith
4. Honesty
5. Humility
6. Sincerity
7. Willingness
8. Courage
9. Charity
10. Vigilance
11. Serenity
12. Action (Service)

The Steps help us learn to love ourselves, trust our higher power and begin to heal our relationships with others.

12 Traditions

1. Unity
2. Direction
3. Recovery
4. Understanding
5. Sharing
6. Simplicity
7. Independence
8. Selflessness
9. Service
10. Survival
11. Self-Restraint
12. Humility

The Traditions show us how to build relationships within our groups, among our friends and in our relationships with others.

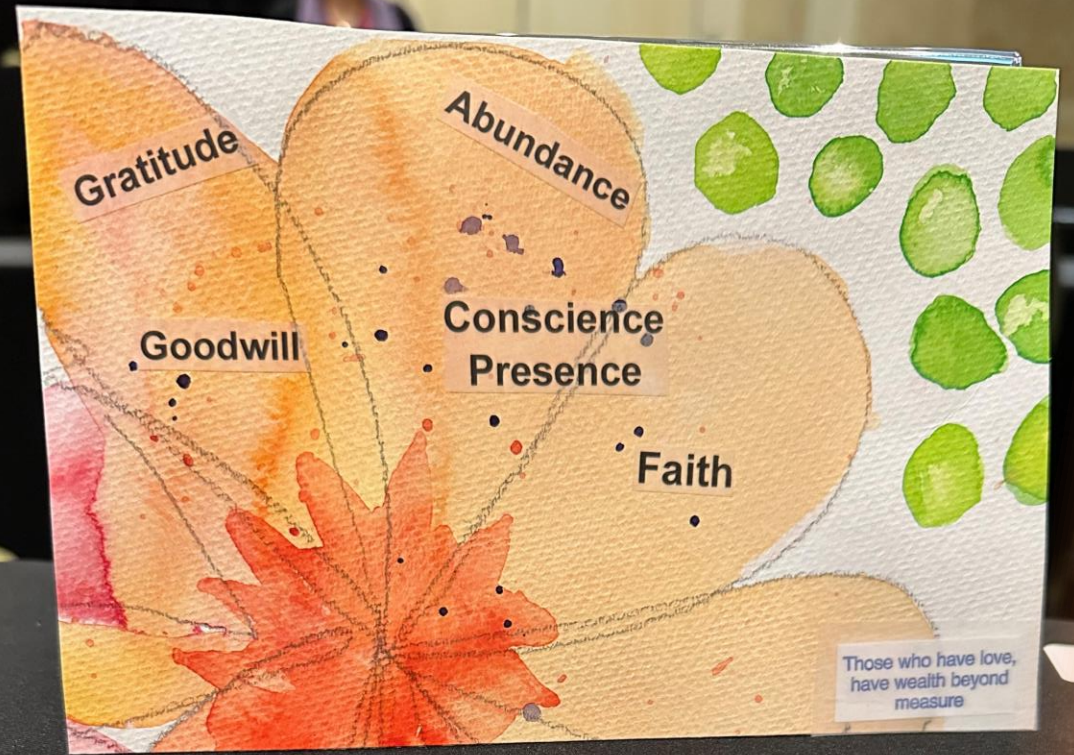
12 Concepts

1. Responsibility
2. Reliance
3. Trust
4. Belonging
5. Consideration
6. Realism
7. Balance
8. Consistency
9. Vision
10. Clarity
11. Respect
12. Spirituality

The Concepts help us extend all that we learn to the world at large – our families, jobs, organizations and communities.

Conference Principles

- Mutual Trust
- Mutual Respect
- Authority
- Freedom
- Equality
- Participation
- Good Will
- Open Mind



Work my program

Jennifer Ullman via.

WSC Members : Conference Attire Guidelines - Conferen

What will people think of me?

How can I dress to impress?

I'm not a professional, I'm
JUST a...?.. an unemployed
Mom.

Frumpy



Help!

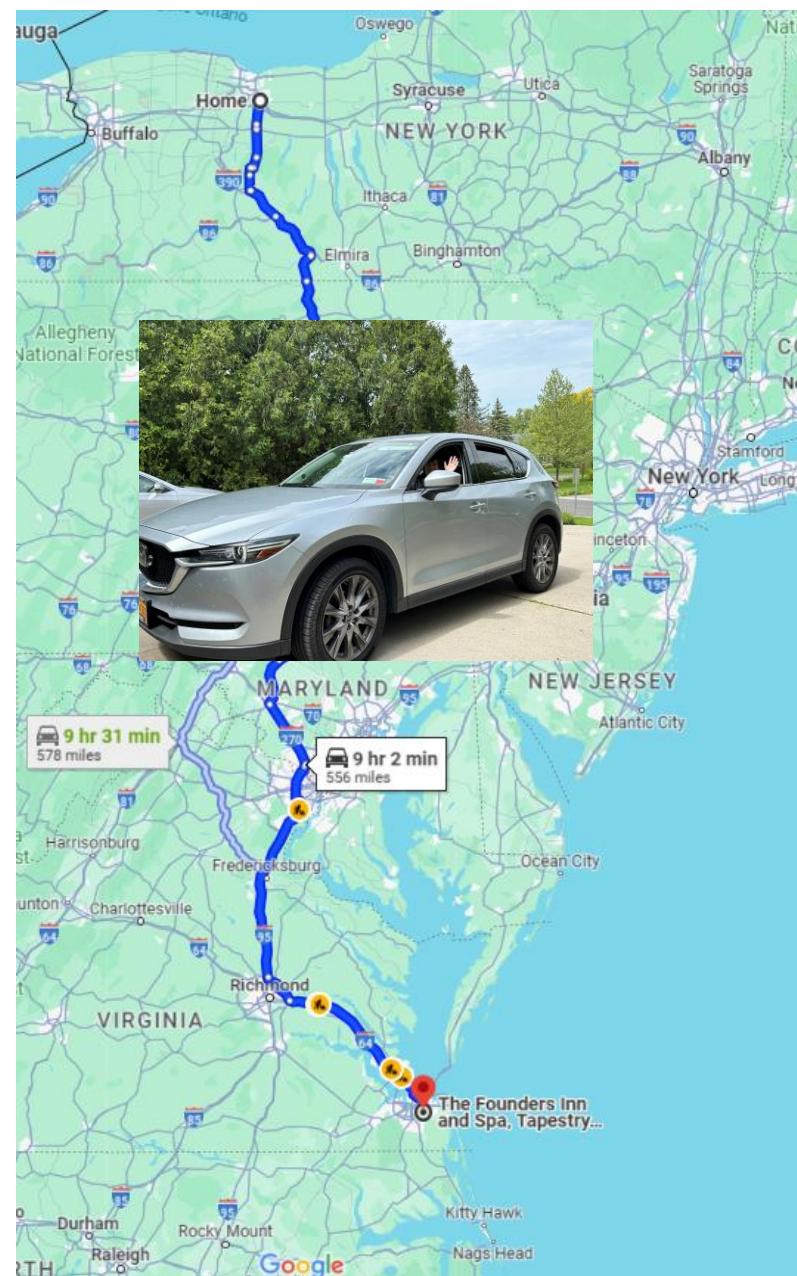
STEP 1: I'm powerless over what
other people think of me. I just
need to think well of myself.

I have many experiences to draw upon &
my perspective counts

I care about doing a good job and I respect the
nature of the meeting and want to dress
appropriately, and I like that about myself

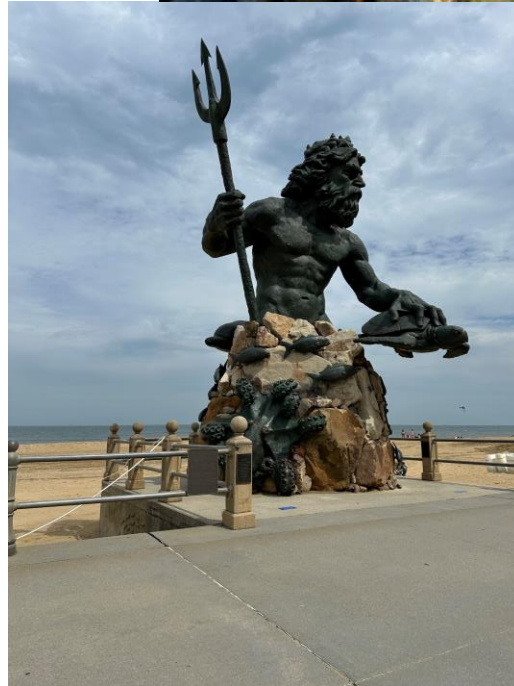
I will wear something I think looks
nice & professional, that I feel good
in.





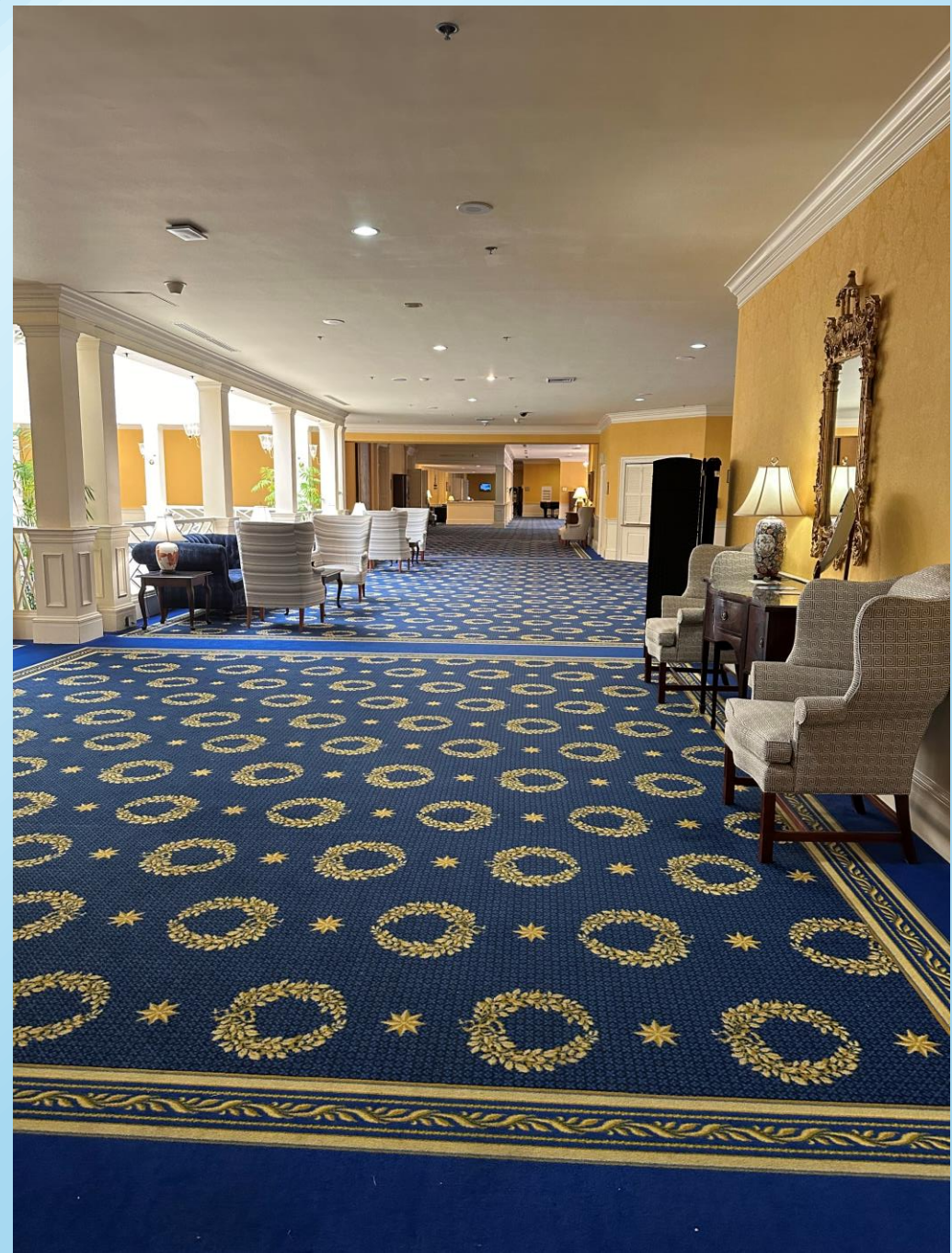


Following Tradition 11
– pictures have been
removed.

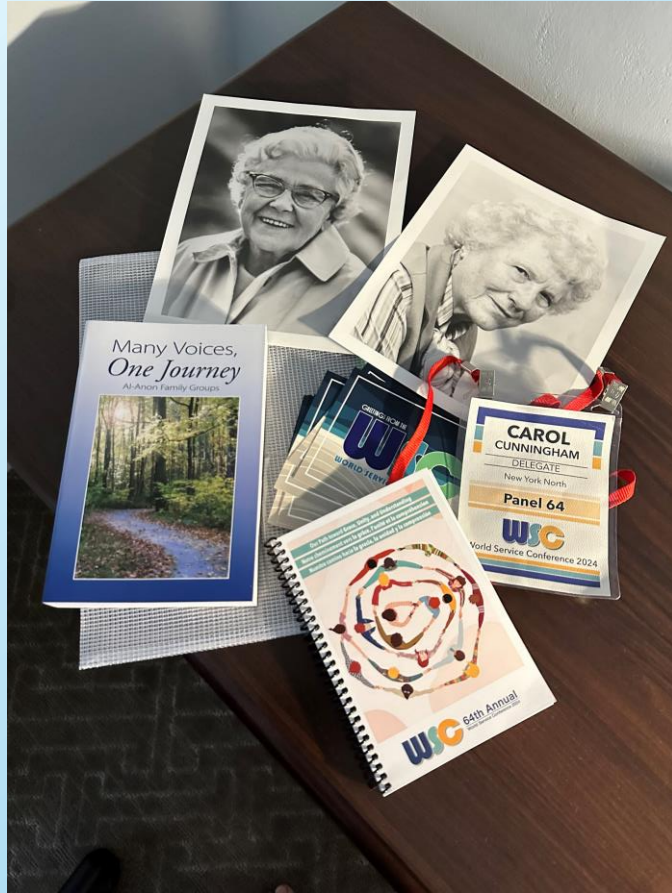
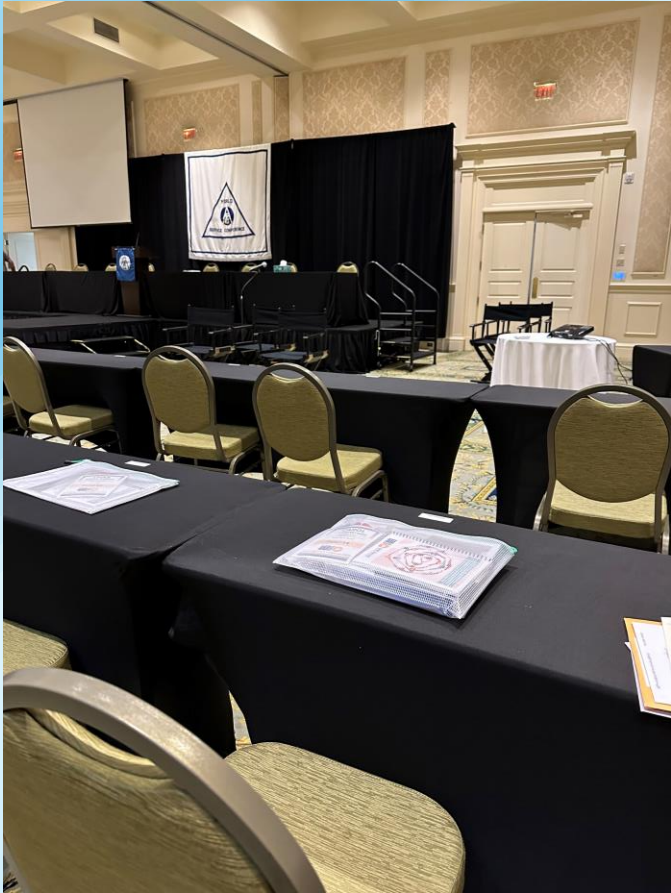


The Founders Inn











Tradition 5: Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

Orientation

Sharing Area Highlights

Spirit Walk led by Panel 62

Panel 62 – It started with a Shoe

Panel 63 – Service is the Key

Panel 64 – In Service we Soar!



Following Tradition 11 –
pictures have been removed.

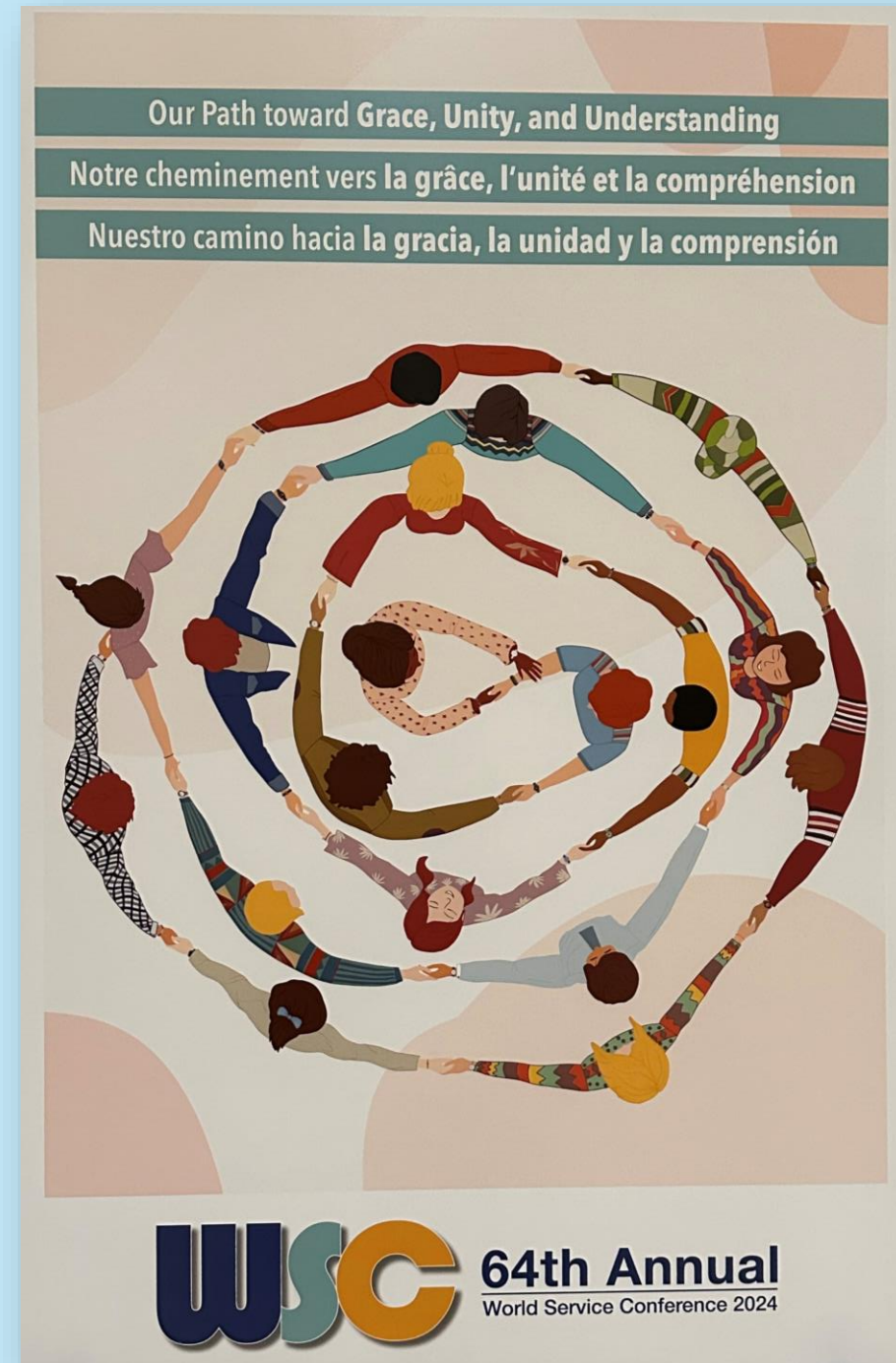
Opening Luncheon and Pinning

Following Tradition 11 –
pictures have been removed.



64 Year Discussion

Our Path toward
Grace
Unity
And
Understanding

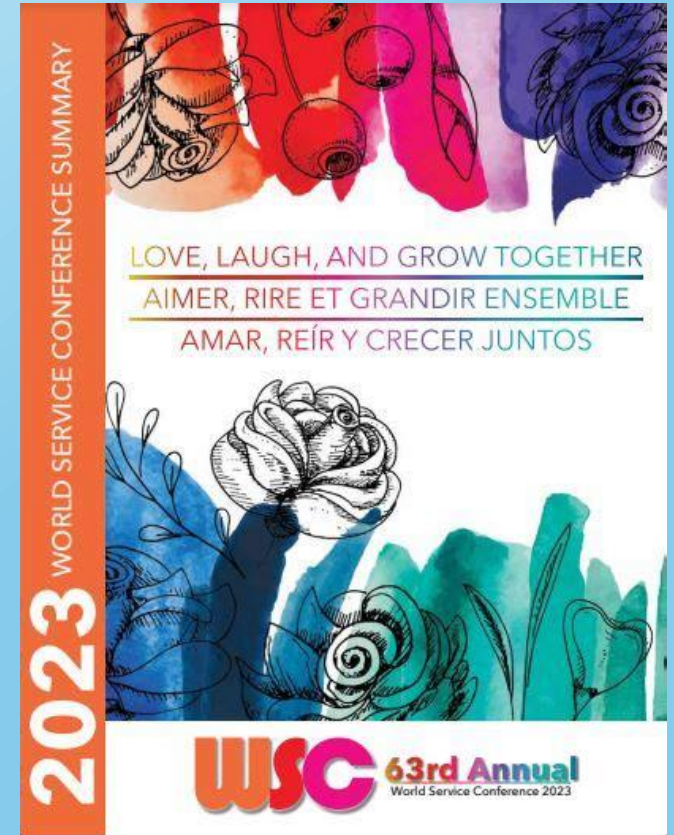





Al-Anon Family Groups
Help and hope for families and friends of alcoholics

2023 WORLD SERVICE OFFICE

ANNUAL REPORT



Who We Are: Vision, Mission, and Strategic Plan

VISION

Families and friends of alcoholics find hope and encouragement to live joyful, serene lives.



MISSION

Al-Anon Family Group Headquarters, Inc. is a spiritually based organization that helps the families and friends of alcoholics connect and support each other through barrier free meetings, information, and shared experiences.



DOMAINS & GOAL STATEMENTS

Members: AFG, Inc. connects and supports the friends and families of alcoholics.

Recovery & Service Tools: AFG, Inc. develops and publishes materials to share the collective experience of the families and friends of alcoholics.

Awareness: AFG, Inc. builds public and professional awareness of the Al-Anon program.

Financial Sustainability: AFG, Inc. encourages membership and organizational self-support by aligning resource allocation with its core purpose and strategic priorities.

Global Engagement: AFG, Inc. invests in each new generation of trusted servants to preserve our legacy and improve our structure and operations to meet the needs of the global landscape.



STRATEGIC OBJECTIVES

Members:

1. Provide access to the Al-Anon program for all
2. Advance support to underserved and diverse communities
3. Understand member and group needs

Recovery & Service Tools:

1. Create attractive, new content by gathering, processing, and disseminating pertinent information
2. Communicate the message of hope in a way that is current, appealing, and widely available
3. Reduce barriers to accessing information created by cultural and linguistic obstacles

Awareness:

1. Identify and reduce the effects of biases that may be preventing effective outreach
2. Validate the effectiveness of the Al-Anon Family Groups program in helping our members
3. Educate the public and professionals about who we are, what we do, and why
4. Build relationships with the media, governmental and non-governmental agencies, and professionals

Financial Sustainability:

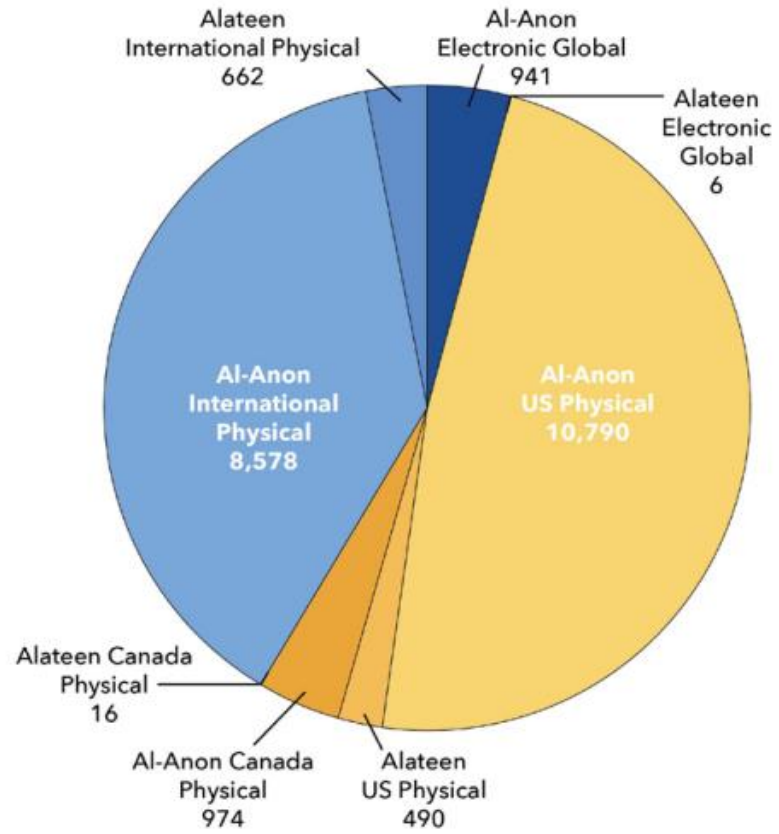
1. Align resources to support the needs of the fellowship in accordance with Al-Anon's spiritual principles
2. Create opportunities for members to support AFG, Inc.
3. Improve transparency of the financial needs of AFG, Inc.
4. Manage risk to reputation, operations, and assets

Global Engagement:

1. Reinforce the process for passing experience on to incoming trusted servants using effective approaches for the new generation
2. Communicate leadership skills required for trusted servants and create development pathways
3. Collaborate globally to share knowledge and evolve our programs and communications

Our Impact

2023 Worldwide Al-Anon Family Groups Statistics



NYN Physical 206

NYN Electronic 2

Program Services



Registers new
groups



Supports
international
structures



Maintains and
updates meeting
location records



Produces
exciting new
literature



Prepares program for
and staffs the World
Service Conference
(WSC)

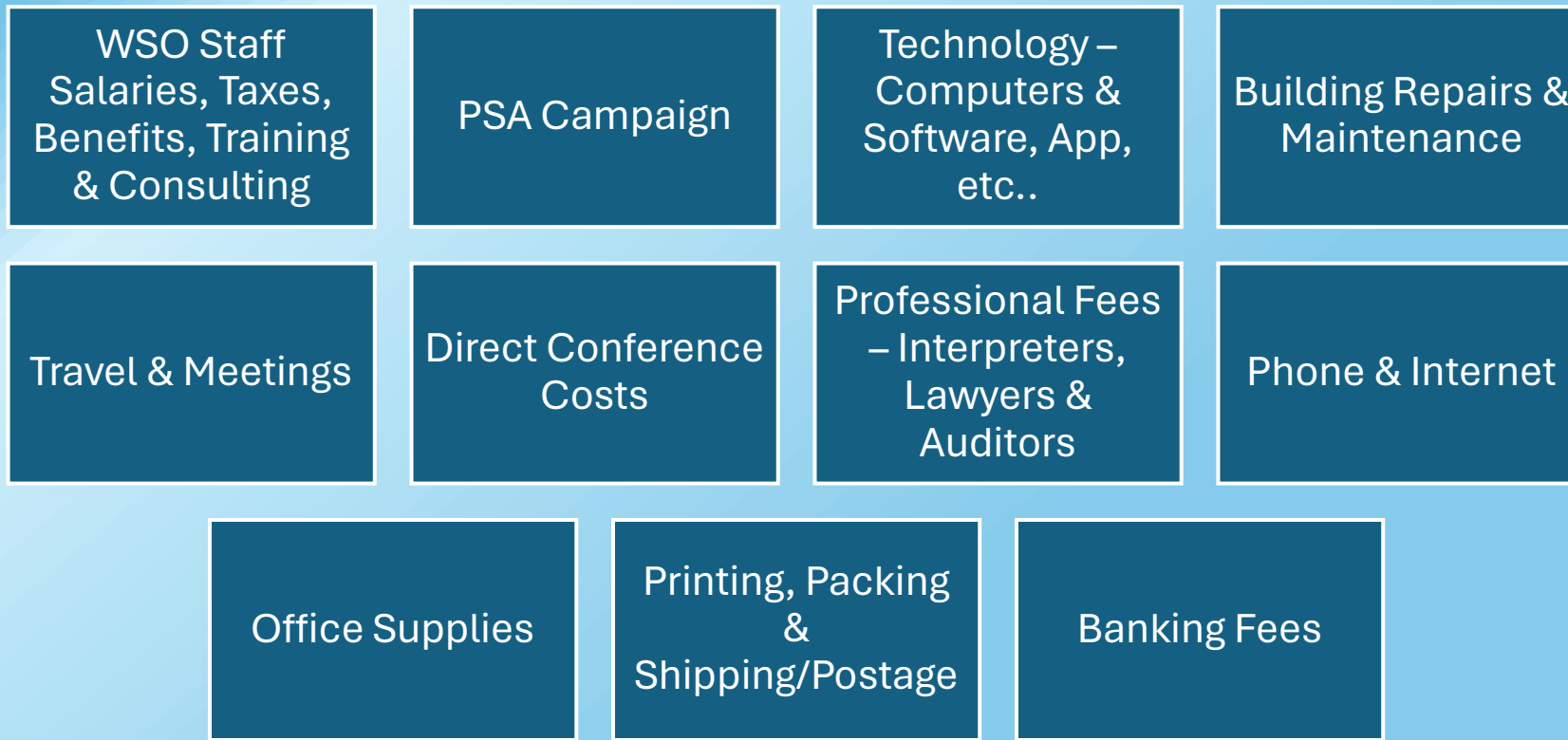


Maintains our
website and
Mobile App,
enhances
communications,
and develops
PSAs



Attends professional
conferences to share
the AI-Anon message

Expenses



Functional Expenses 2023

Functional Expenses	General Fund
Program services	\$ 3,184,174
Literature distribution services	\$ 890,741
General administration	\$ 1,750,312
Total Expenses	\$ 5,825,227

Operating Budget Revenues

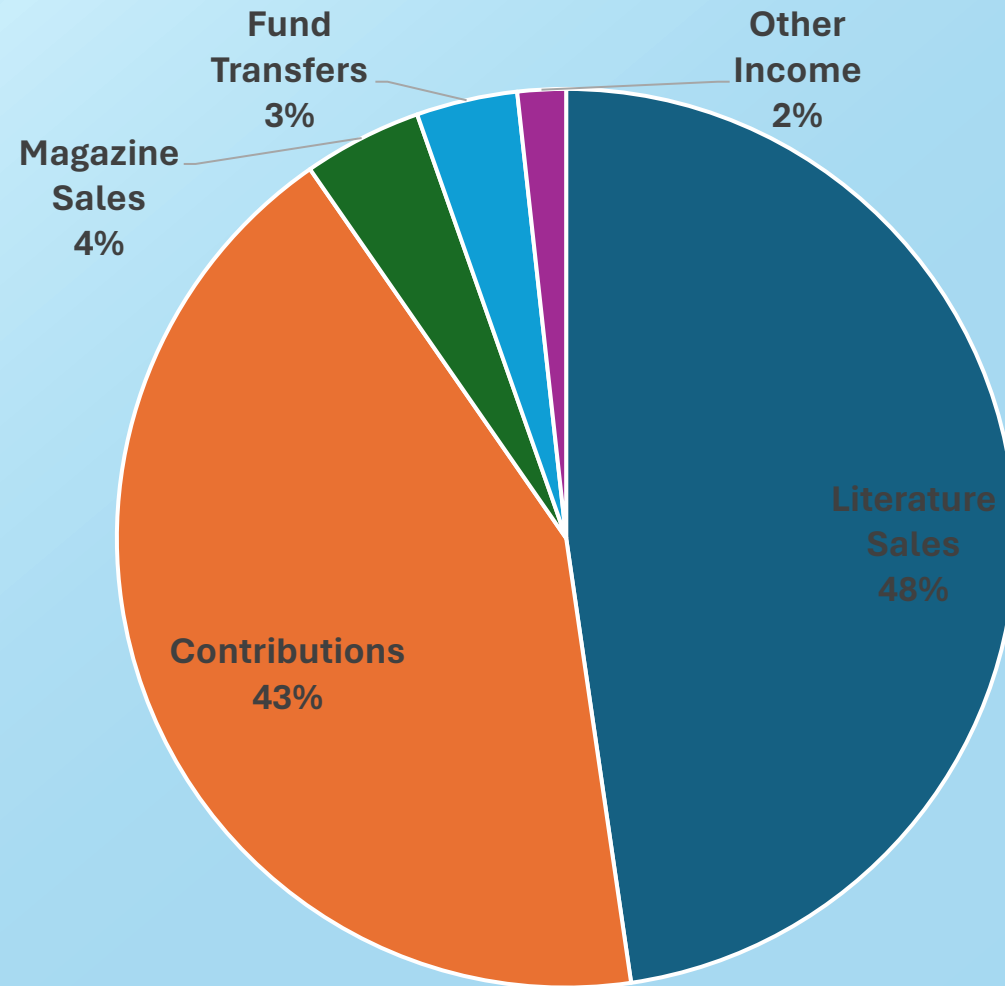
<u>Revenue</u>	2023 Audited Actual	2024 Preliminary Budget
Literature Sales less cost of printing	\$ 3,217,630	\$ 2,956,030
Contributions	\$ 2,916,398	\$ 2,643,700
Magazine sales	\$ 262,050	\$ 265,000
Subscription income	\$ 54,634	\$ 53,000
International convention - net	\$ 187,468	-
Investment Income/Transfers	\$ 20,014	\$ 280,600
Total Revenue	\$ 6,658,194	\$ 6,198,330

Revenue Breakdown

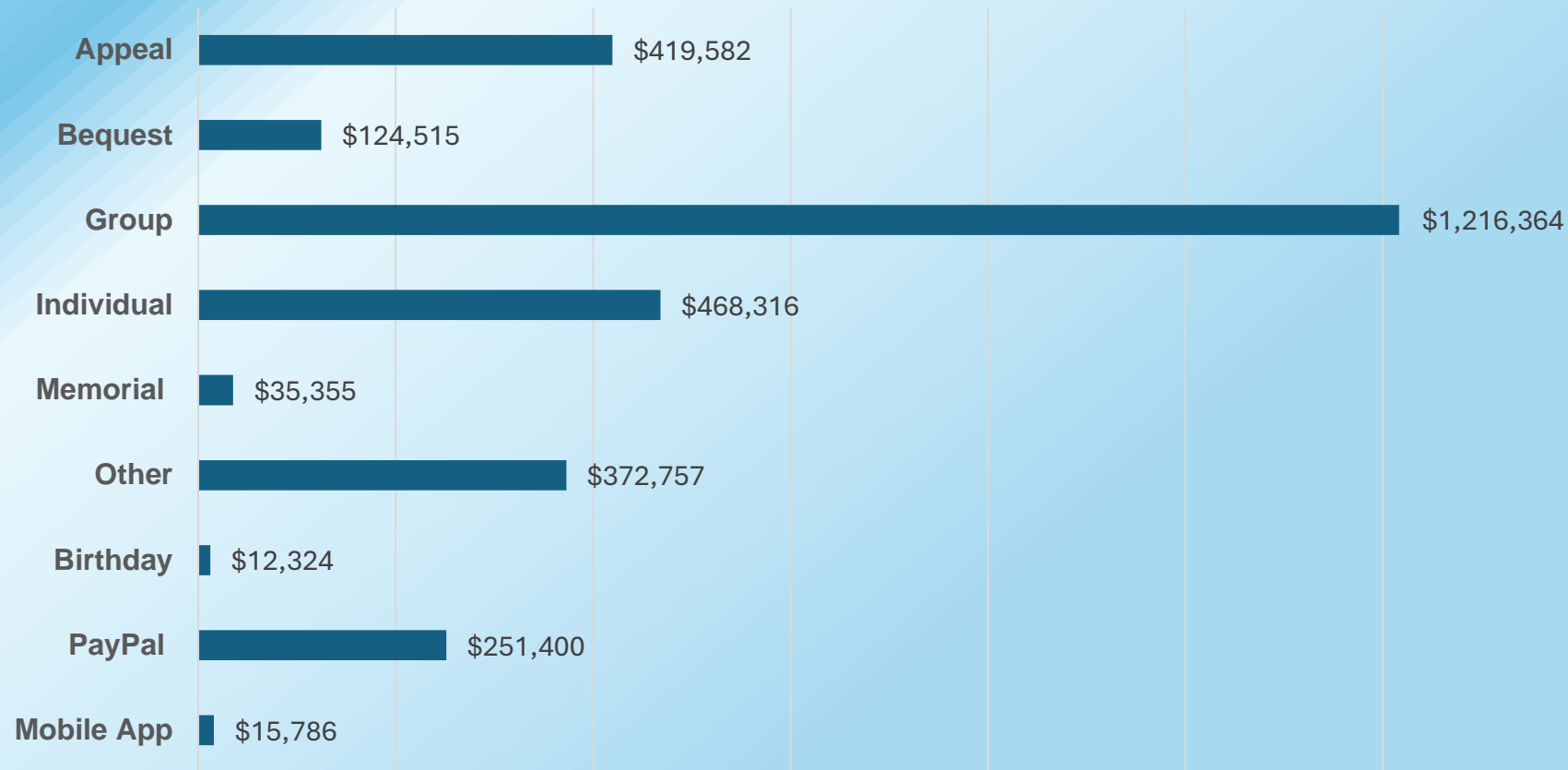
91% of Revenues comes from Contributions and Literature Sales

Revenue also comes from Magazine Subscriptions and the Al-Anon App

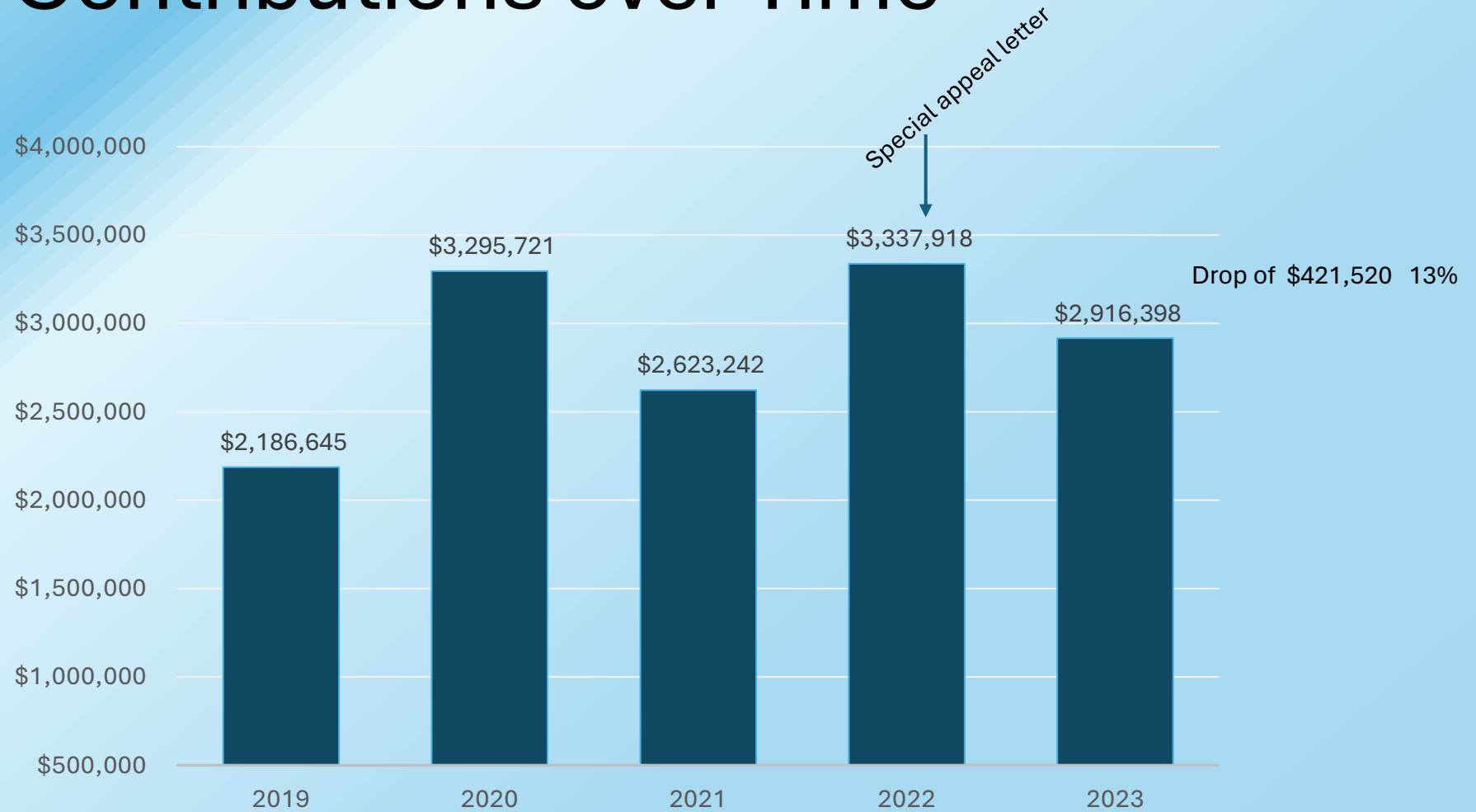
Each year a Transfer is made from the Reserve Fund to the General Fund to cover expenses



Sources of Contributions



Contributions over Time



What's the Bottom Line?

	2023 Audited Actual	2024 Preliminary Budget
Total Revenue	\$ 6,902,851	\$ 6,198,300
Total Expense	\$ 5,825,227	\$ 6,078,780
Net increase (decrease) from Operations	\$ 1,077,624	\$ 119,660

Reserve Fund

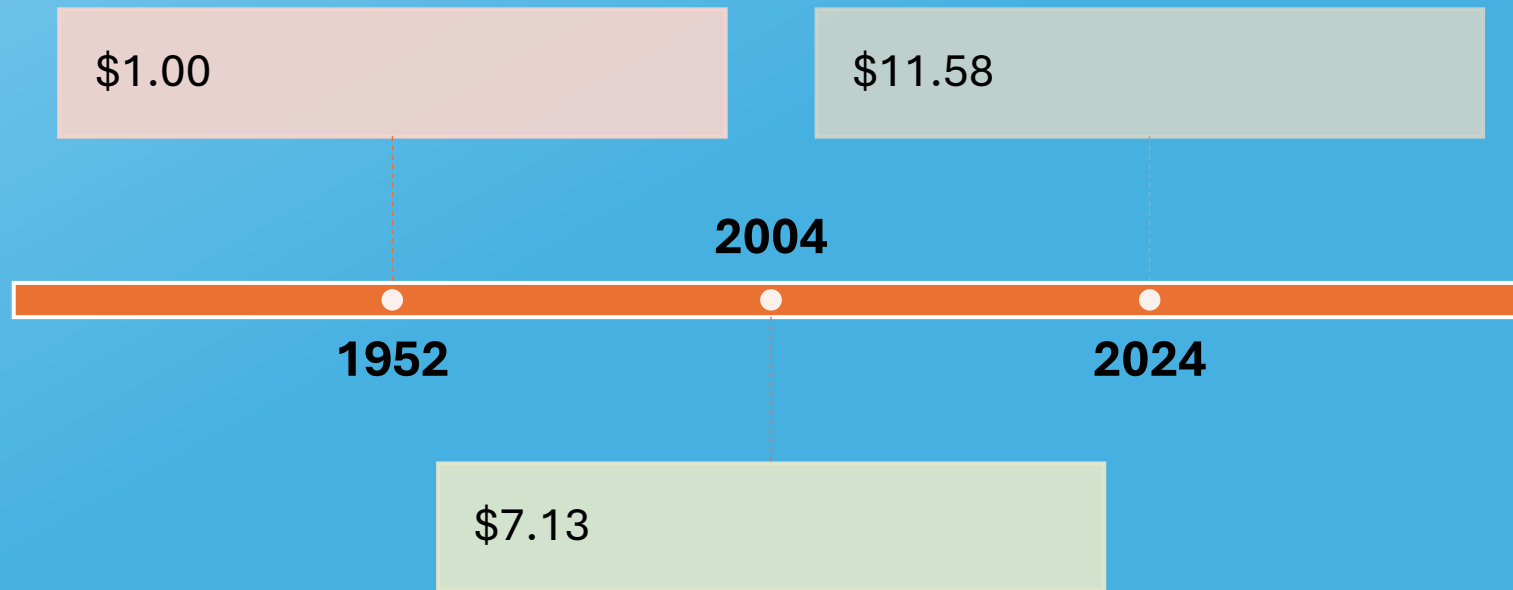
- General Fund \$4,580,016
 - Reserve Fund \$7,438,171
 - Expenses \$5,825,227
-
- 2022 Reserve Fund = 9 months of expenses
 - 2023 Transfer was returned to Reserve Fund and there was a net increase after expenses.
 - Reserve Fund is now fully funded and = 15 months of expenses

What do you think we should do with the excess funds? Think creatively and share your ideas to wso@al-anon.org.

7th Tradition – How much should my group contribute to be self-supporting?

		WSC Structure	NY North	
	Number of Groups in WSC Structure	13,177	206	
	Total Groups Contributing	8,088		
	Percent of Groups Contributing	61.38%	63%	
	Average for Groups Contribution to WSO	\$ 196.45	\$ 140.85	
	Adjusted Cost of Group Servies	\$ 4,349,636		
	Costs per Group	\$ 330.09		

The Power of \$1



Program Services

2023 Program Accomplishments



New Daily Reader A Little Time for Myself (B-34), was introduced and sold 69,000 copies.



Hosted 2023 Int'l Convention in Albuquerque, NM



Code for the Al-Anon Family Groups Mobile App was refreshed increasing users to over 160,000



Hosted the first Global Gathering for international structures



Translated and updated 24 Al-Anon Guidelines in English, Spanish and French

2024 Programs & Projects



Next Gen AFG Records



Electronic Alateen Validation & Planning – to host electronic Alateen group meetings in the future



Host 2024 Int'l General Services Meeting (IAGSM) September.



Healing within our Alcoholic Relationships (P-95)



Improvements to the Online Store



Revamping Trustee Application

Literature

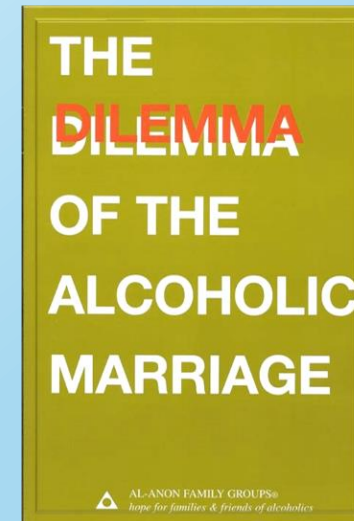
Members share their experience,
strength and hope



2023 Record Sales of the new
Daily Reader ***A Little Time for
Myself...***



New Booklet- ***Healing Within Our
Alcoholic Relationship – A Collection
of Insights from Our Shared Journey***
(P-95) favorite ideas from The Dilemma
of the Alcoholic Marriage and other
material and a new Forward to the book
Due this Fall \$4 (48 pages)



New Forward

In the works – a new piece of literature
Sponsorship/Service Sponsorship.

Let the collection of sharing's begin!

A writing guideline is now posted at
al-anon.org/sharing.

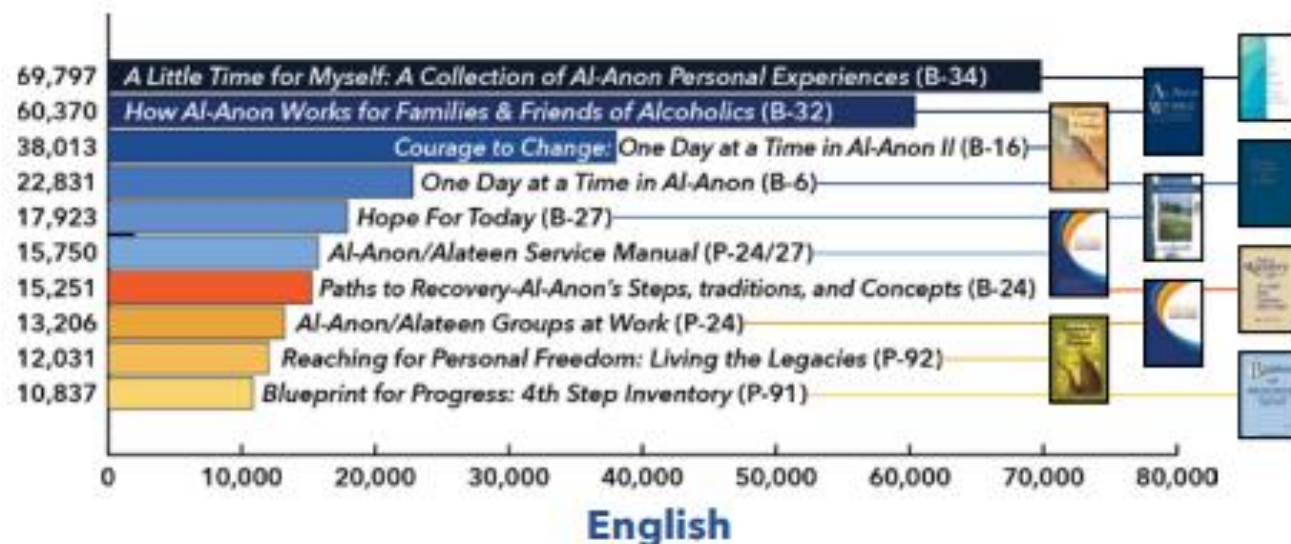


The 2024 WSC gave conceptual
approval for the creation of a piece of
literature, possibly a pamphlet or booklet.

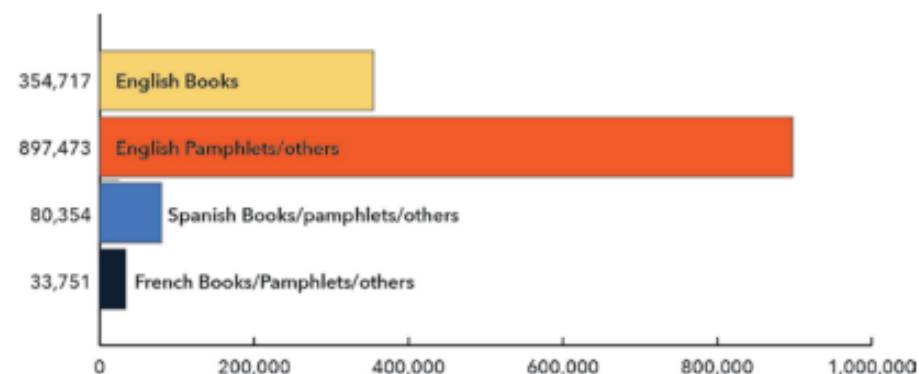
About - Our relationship with Finances in
Al-Anon Recovery



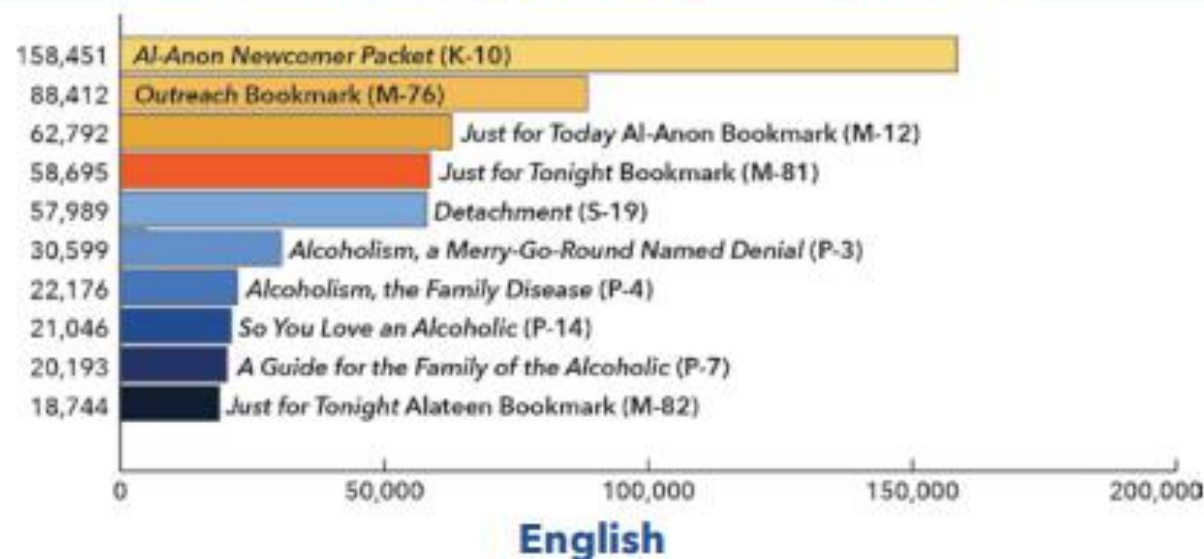
Top 10 Selling Books/Booklets of 2023



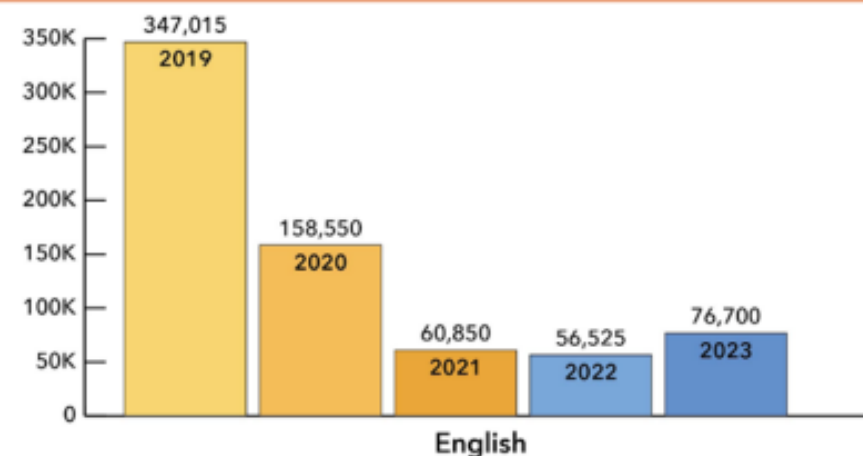
Conference Approved Literature Volume



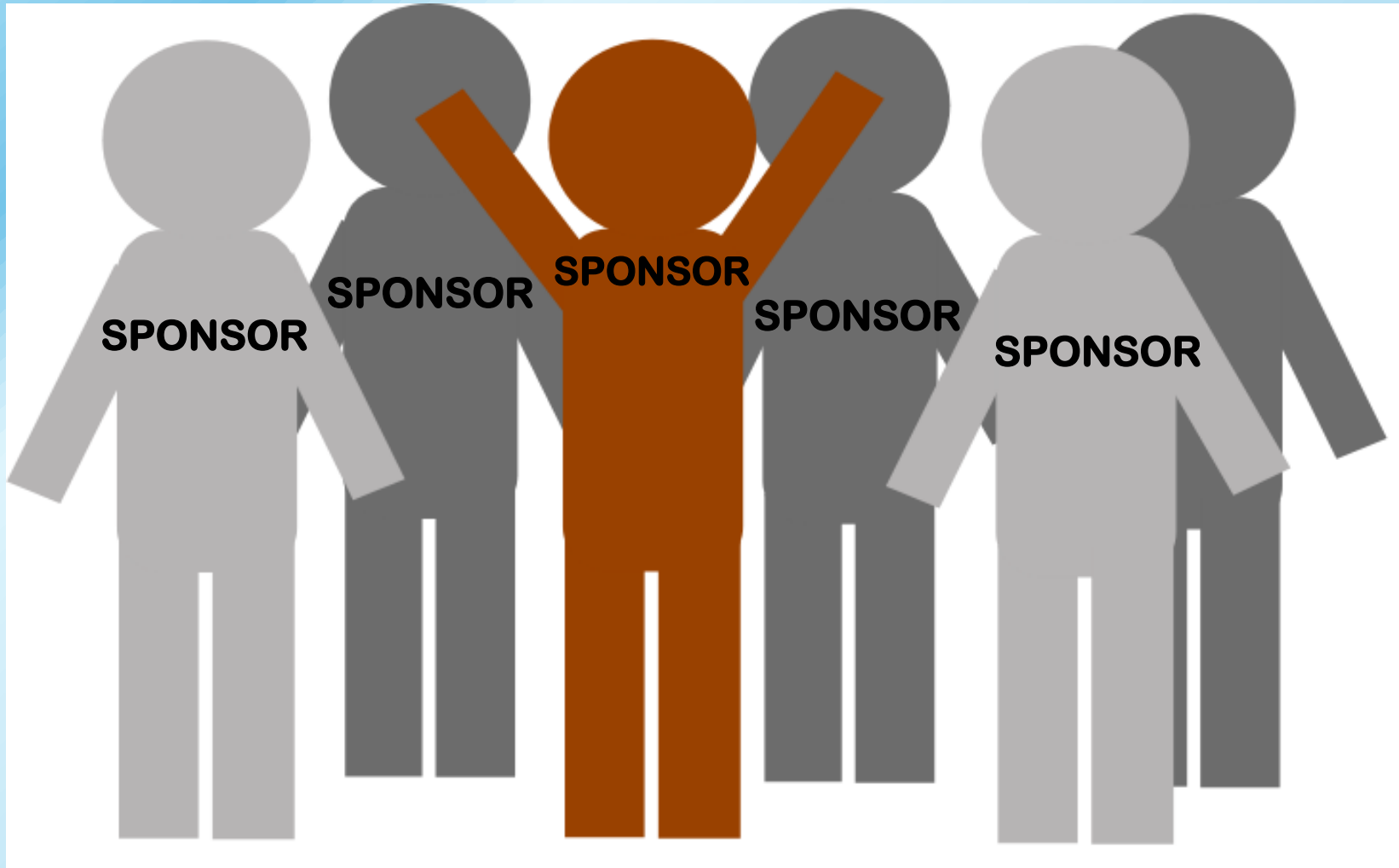
Conference Approved Literature Volume



Al-Anon Faces Alcoholism



SPONSORSHIP TASK FORCE

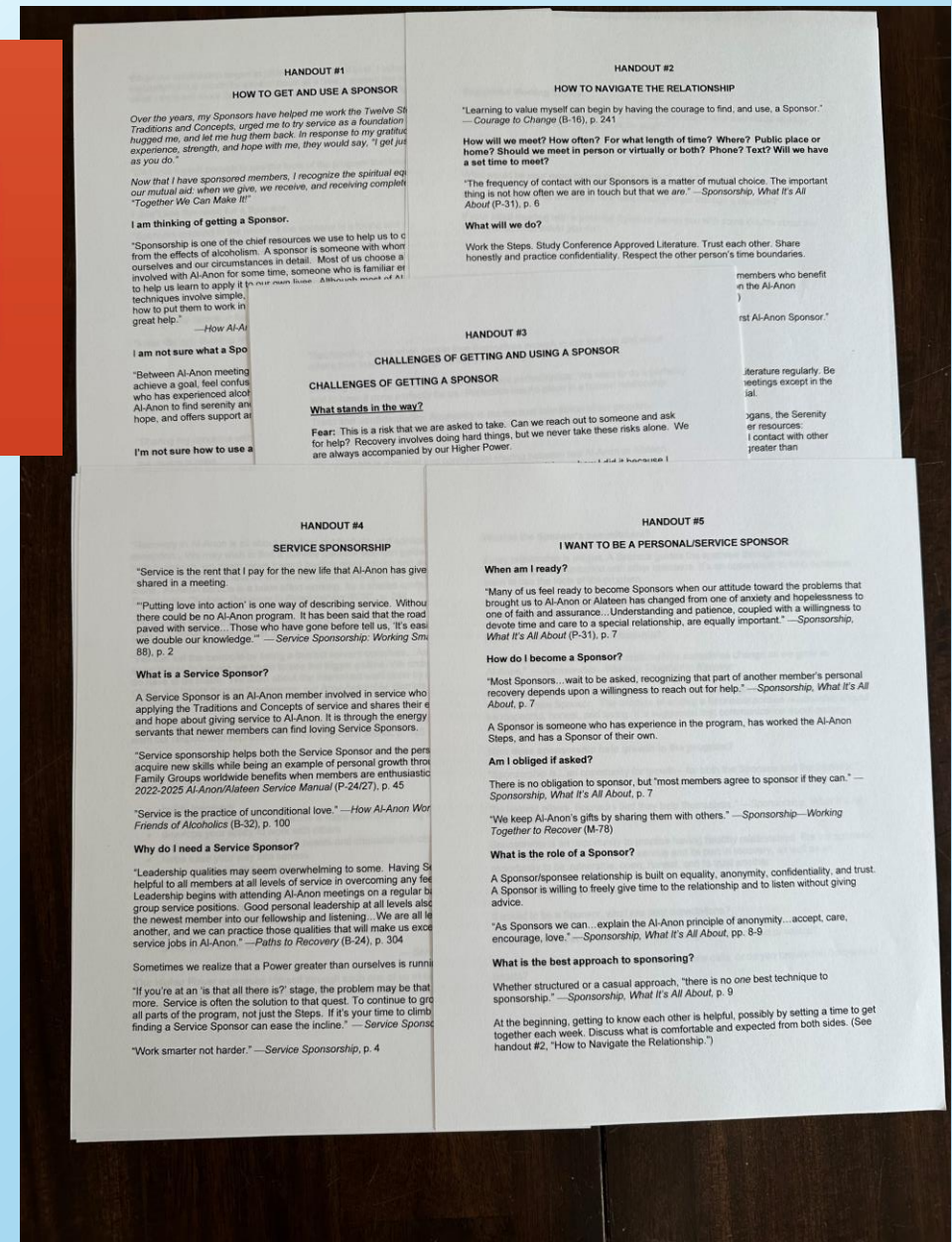


The image features the word "Workshop" in large, 3D wooden block letters. The letters are arranged on a dark wooden floor with a visible grain. In the foreground, a large, circular wooden table with a similar grain is partially visible. The background is a warm, golden-brown color with several bright, diagonal light rays shining down from the top right, creating a dramatic and inviting atmosphere. The overall scene suggests a creative and professional workspace.

Workshop

**Day-Long
Half-Day/Online
30-Minute (for AWSCs and
Assemblies)**

Slide Show Handouts & Skits



Both will be attached to my written report on Website
• NYNAFG.com • Newsflash • Delegates Report

Workshop Topics

- **HOW TO GET AND USE A SPONSOR: Handout #1 Slides 5 & 6**
- **HOW TO NAVIGATE THE RELATIONSHIP: Handout #2 Slide 7**
- **CHALLENGES OF GETTING AND BEING A SPONSOR: Handout #3 Slides 8-10**
- **SERVICE SPONSORSHIP: Handout #4 Slide 11**
- **I WANT TO BE A PERSONAL/SERVICE SPONSOR: Handout #5 Slides 12 & 13**

The Worldwide Fellowship

Global Connections



International Coordination Committee
ICC



What is the ICC and what does it do?

- Al-Anon is a worldwide fellowship.
- Advisory Committee to the Board of Trustees (page 206 Service Manual under Concept 11)
- Makes recommendations such as translation and reprint policies.
- Visits and communicates with evolving structures.
- Hosts the International Al-Anon General Service Meeting (IAGSM)
- Reviews Al-Anon activities and policies relating to individuals, groups and service arms outside the World Service Conference (WSC) Structure



First-time translation and reprint permissions

- Bulgaria (Bulgarian)
- Latvia (Latvian)
- Mongolia (Mongolian)
- Romania (Romanian)
- Thailand (Thai)
- Paraguay (Spanish Reprint)

Groups by Language



International Structures



GSOs

40 General Service Offices
aka national structures



Evolving Structures 1



AIS

14 Al-Anon
Information
Services



Individual 12 groups



International Gatherings

Zonal Meetings



European Zonal Meeting
Sept 2023



South America RIASA
Oct 2023



Central America RECACSA
Nov 2023

IAGSM



September 25-28,
2024

Virginia Beach,
Virginia, USA



Alateen Electronic Meetings



The only electronic Alateen groups approved by the Board of Trustees to exist within the WSC Structure at this time are the five groups on the *Mobile App*. Alateen groups meeting on electronic platforms in NYN, are technically still in a temporary status as a physical group.

Considerations for Electronic Alateen Meetings

- Electronic Meetings cross State Lines & International Borders
- Involves Children so safety and legal liability are considerations
- Laws different in every state and every country regarding issues of mandatory reporting and identification to name a few
- Respect Area autonomy while meeting minimum safety requirements for meetings that are global in reach
- Areas responsible for certifying AMIAS and creating guidelines that follow minimum standards



New Terms

Global EASM Global Electronic
Alateen Safety Minimums -
allows for flexibility to
accommodate international laws

WSC EASBR WSC Electronic
Alateen Safety & Behavioral
Requirements - meets the legal
requirements of US, Canada and
Bermuda



**WARNING
ACRONYMS
AHEAD**

EASBR Minimums



Certification Minimums

- AMIAS serving Electronic Alateen Groups would need to be mandated reporters - designated as AMIAS-E
- AMIAS-E would need to pass a background check

Alateen Participation Minimums

- Each Electronic Alateen group would need to conduct a pre-interview of any new teen wishing to attend
- Pre-interview facilitated by AMIAS-E for that group
- Teen show proof of age with photo ID, provide contact info and emergency contact info before being admitted
- AMIAS-E Group Sponsors maintain list of information on Alateens interviewed and admitted to specific group
- Alateens need to show photo ID upon each subsequent entry to that Electronic Alateen Group verified by AMIAS-E

Electronic Alateen Meeting Management

- Meeting links not published on public-facing websites (group name, meeting day, time and group email shown)
- Two Group Sponsors required for meeting to take place.

What the WSO wants from NY North

- Do we understand the minimum requirements and duties described in the WSC EASBR?
- Is it clear?
- What questions does the WSC EASBR raise about the possibility of electronic Alateen groups taking place in NY North?

Next steps for WSO

AFG Records Tracking

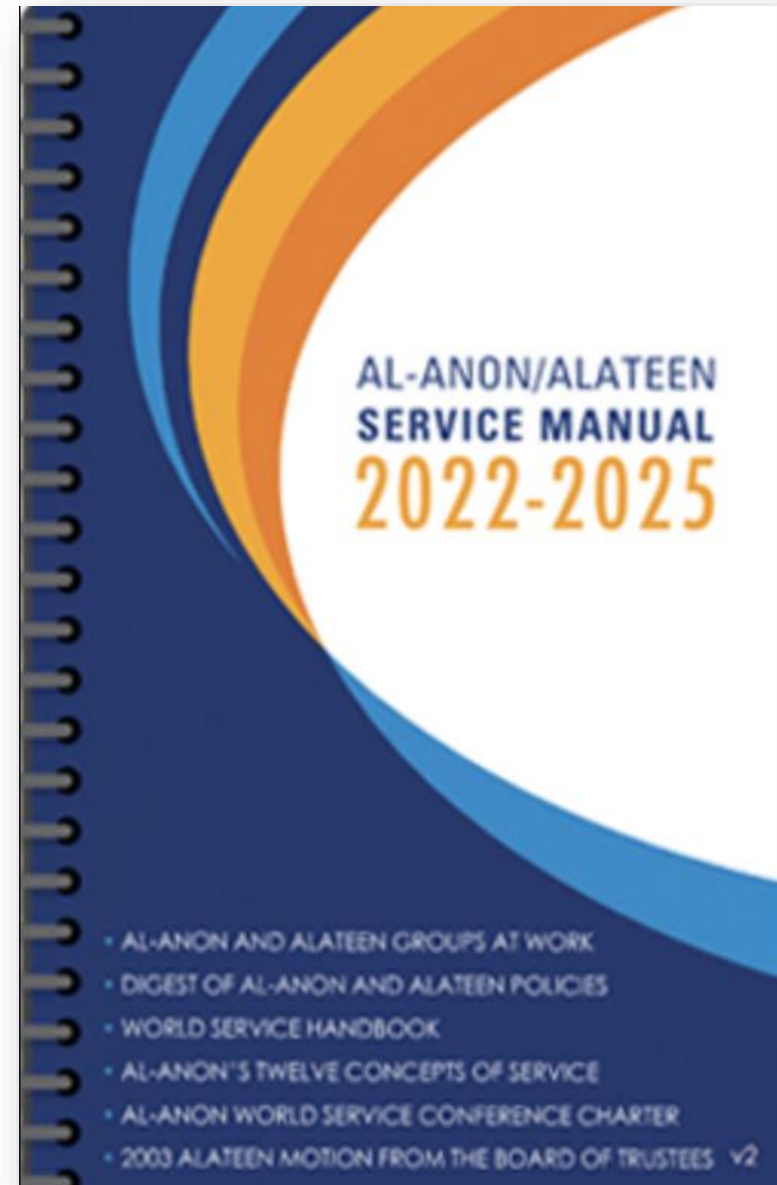
- Tracking system for additional certification

Develop Training Modules

- Update training modules to include electronic information.
- Create training materials on how to create and implement WSC EASBRs & Global EASM



Policy Changes to Al- Anon Service Manual and Service Structure



Choosing a Group's Name

- Is the name welcoming and clear to the newcomer?
- Does the name exclude certain members or new members?



Digest of Al-Anon and Alateen Policies

The “Digest of Al-Anon and Alateen Policies” reflects policy statements that grew out of questions and experiences from the Al-Anon fellowship worldwide. They are interpretations of our basic guides, the Twelve Traditions and the Twelve Concepts of Service.

Table of Contents

Choosing a Group’s Name.....1

Choosing a Group’s Name

When choosing an Al-Anon or Alateen group name, consider the welcoming and comforting focus of Tradition Five. Anyone affected by someone else’s drinking is welcome at an Al-Anon meeting. It is vital that group names are inviting, attractive, and avoid public controversy. Our spiritual growth has its roots in the principle of anonymity, to enhance the sense of belonging and unity.

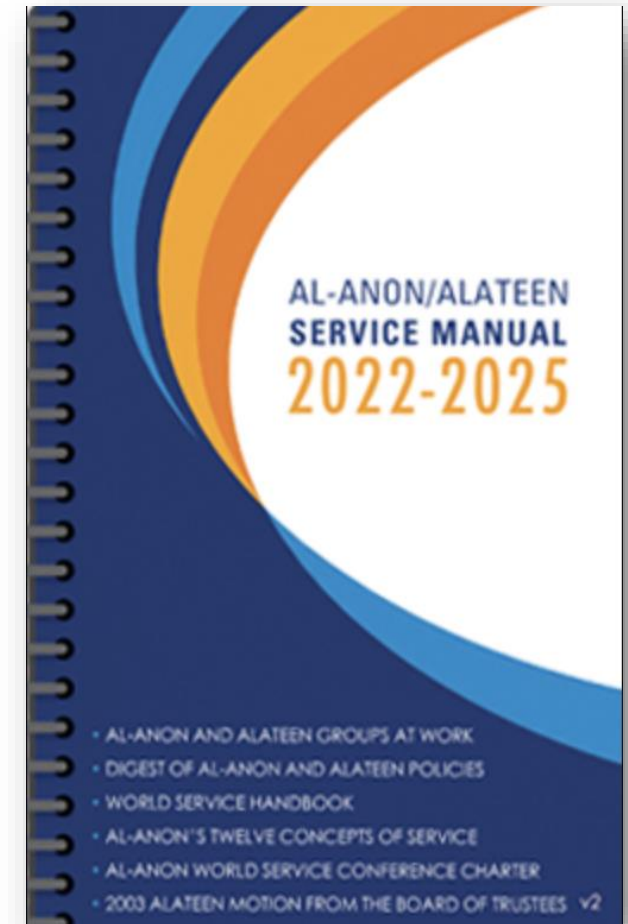
A group’s name may be a person’s first impression of Al-Anon. Consider the lasting impact the group name can have on newcomers, members, the public, and professionals. The group’s name and meeting information may appear on local meeting lists, printed materials, websites, as well as other venues for sharing public information. (see “Publicizing Meeting Locations” in the “Policies” section of this *AlAnon/Alateen Service Manual*).

Members weigh the guidance of the spiritual principles found in the Twelve Traditions when choosing a group name:

- Common welfare and unity for the greatest number in Al-Anon
- Al-Anon does not affiliate with or endorse any outside enterprise, such as, other Twelve Step groups, self-help groups, religious groups, rehabilitation facilities, or commercial businesses.
- The only requirement for membership in Al-Anon is that there be a problem of alcoholism in a relative or friend.
- The name does not affect another group, Al-Anon, or A.A. as a whole.
- Al-Anon has no opinion on outside issues.

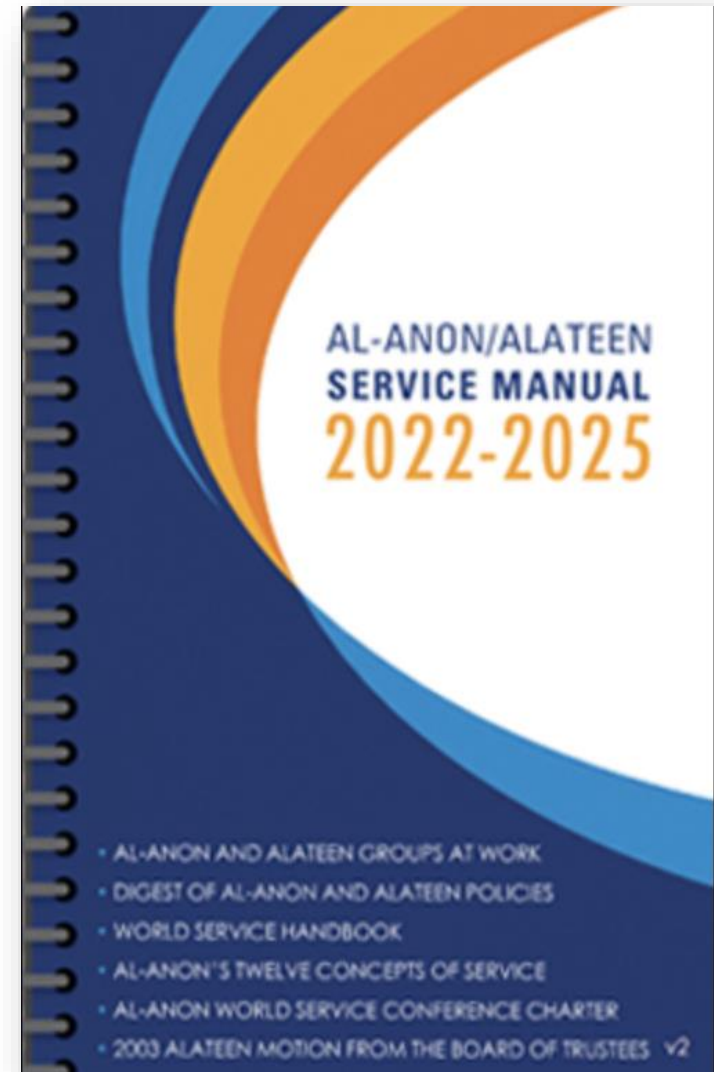
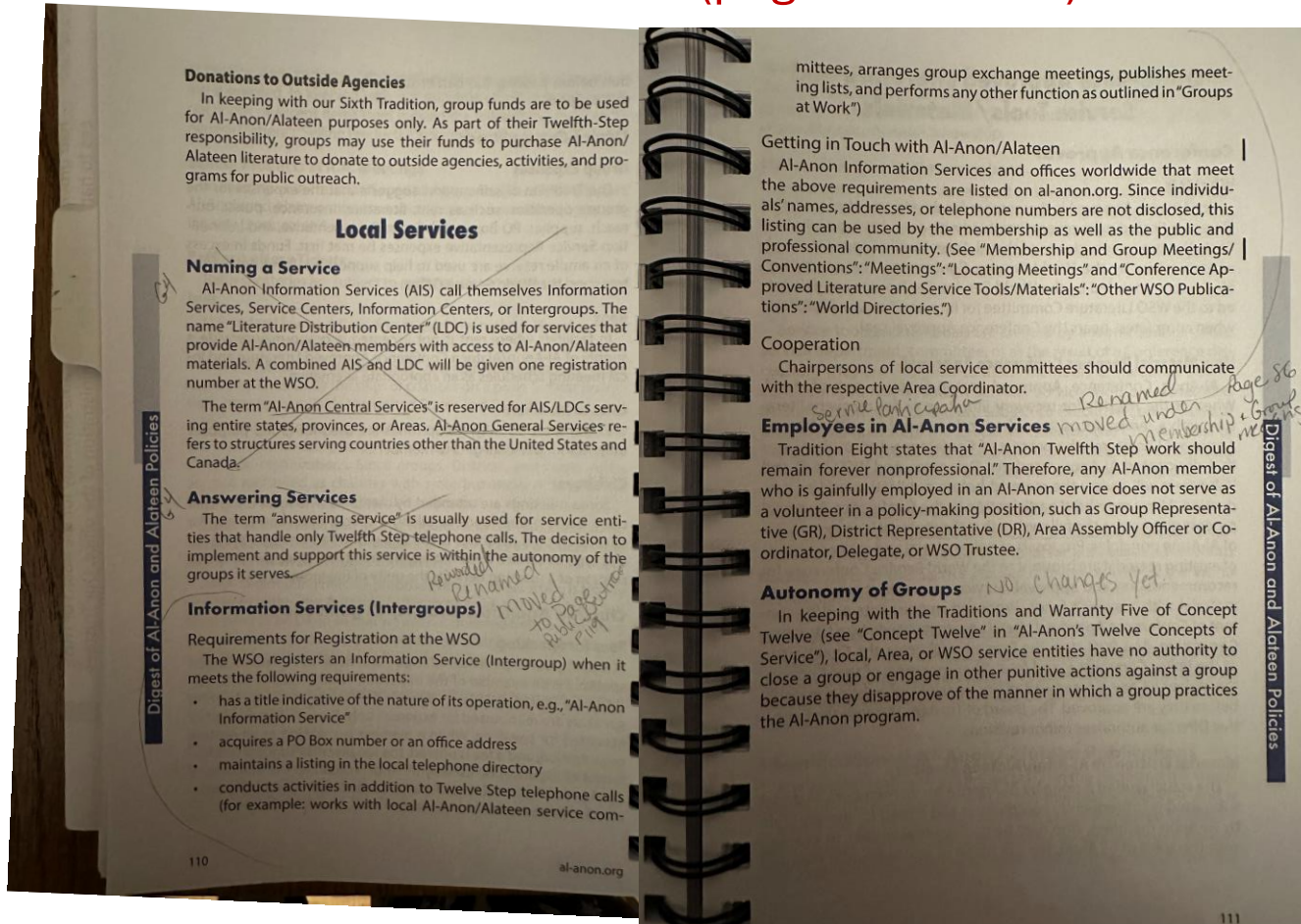
The Policy Committee and the World Service Conference have delegated authority and responsibility to the WSO for reviewing proposed group names for adherence to Al-Anon policies and principles.

(See additional guidance found in the “Al-Anon and Alateen Groups at Work” section.)



Digest of Al-Anon and Alateen Policies

Local Services Section (pages 109 - 111)



New Changes to Conference Leadership Team and setting WSC Agenda

Board of Trustees



Delegates



Conference Leadership Team



WSO Staff



WSC Agenda



Stepping Stones



Beyond the 2025 Conference

Stepping Stones Beyond the 2025 Conference - Discussion

Concept 4: Participation is the key to harmony.

The Trustees and Conference Committee are responsible for the logistics & details of planning the WSC.

The topic of should we continue to hold the WSC in the NY/CT area due to the much higher costs of holding it there was discussed at the 2023 WSC.

2 Questions were posed to the Delegates:

Do the groups in your area believe it's important for the Delegates to visit Stepping Stones?

If so, how does it Benefit your Area

Less than 5% of groups in NY North responded with feedback. The feedback was mixed. I took the comments to share during the discussion.

The comments were heard and will be taken into consideration.

More will be revealed.



Conventions



2023 International Convention

- Hosted in June/July 2023 in Albuquerque, NM
- 3,776 registered attendees
- 741 virtual attendees
- Event was fully self-supporting
 - No funds from operations used to support the event



A.A. International Convention - 2025



“90 Years – Language of the Heart”

July 3rd – 6th

Vancouver, BC Canada

Al-Anon @ Hyatt Regency

Registration in September - \$160

2028 International Convention

14 Areas Submitted Bids

NYN submitted Buffalo

May 23rd Executive Committee
narrow down to 3 cities

June – site visits

Decision will be made at the October
Board of Trustees Meeting

Decision will be announced at the
2025 WSC or before





- **September 20, 2024**

Deadline to apply to be the 2025 destination

- **October 2024**

Board chooses three potential sites

February 2025

Areas will be notified of final Board selection

- **August 2025**

Event details published in AFG Connects communities and *In The Loop*

- **October 2025**

Road Trip! You and Your Board Connect event

The **Board of Trustees** is responsible for hosting the event and developing the agenda and content for the program.

The **World Service Office** Staff is responsible for the hotel logistics, registration, and publicizing the event in AFG Connects, *In The Loop*, and WSO website calendar.

The selected **Area** and its **Area Welcome Committee** are responsible for encouraging attendance and sharing information about the event with local members.



Buckle up for an incredible Al-Anon adventure:

Road Trip!

YOU AND YOUR BOARD CONNECT

Registration opens in September.

Columbia,
South Carolina

al-anon.org



Electronic Groups in Geographic Areas

Understanding Electronic Meetings in Geographic Areas

- Al-Anon electronic meetings were not groups.
- Global Electronic Area formed in 2022
- Electronic meetings became Al-Anon Family Groups with Voice and Vote
- Electronic groups
 - are not bound by physical location
 - have URLs and meet on platforms
 - global members
 - District, AWSC meetings and Area Assemblies are held electronically.
- Geographic Areas
 - defined by physical boundaries
 - groups have physical locations and addresses where they meet.
 - Local members
 - District, AWSC meetings and Area Assemblies held in person locally in the Area
- Electronic Groups in a geographic area
 - areas must decide whether or not to accept them
 - have a structure in place to allow them to participate in District, AWSC meetings and Area Assemblies.
- How do members and newcomers find electronic meetings?
 - by geographic criteria
 - time zone and electronic platform?



Acceptance of Electronic Meetings in Geographical Areas

- 59 geographic WSC Structure Areas now support electronic groups
 - Majority have integrated electronic groups into geographic Districts
 - Remaining 8 are in the process of developing their Area procedures
- NY North is one of the 8 in the process of developing Area procedures. We are not able to accept PEGs at this time.
- Challenges –
 - Technology challenges with Group Records
 - Pulling reports and searching electronic group records
 - Confusion with registration process
 - How to handle when groups remain undecided when temporary time period expires





Next Generation Group AFG Records

Public Outreach Working with Professionals



Surveys

A valuable part of Public Outreach

Membership Survey Process



Surveys show that many members find Al-Anon through the recommendation and guidance from professionals

Does it Work if You Work It Background Information

- ▶ Doctoral dissertation completed in 2023
 - ▶ Based on 2018 AFG Membership Survey
- ▶ Presented to the BOT at 2023 July Board meeting
- ▶ It works if you work it: benefits of working the Al-Anon program
 - ▶ Longevity in Al-Anon is a key component to better mental health
- ▶ Al-Anon's "therapeutic elements" associated with positive change:
 - ▶ Attending meetings
 - ▶ Being spiritually motivated
 - ▶ Working with and serving as a Sponsor
 - ▶ Engaging in service



Next Survey June 20th – July 31st, 2024

The 2024 Al-Anon Membership Survey



Calling all Al-Anon members—longtime members and newcomers alike! This service project provides data that helps to validate the effectiveness of recovery through Al-Anon Family Groups. "Participation is the key to harmony," and your participation is important and greatly appreciated.

The survey is open from June 20 to July 31, 2024.

- Participation is completely anonymous
- No personally identifiable information is collected
- 10–15 minutes to complete
- Requires an internet-connected device
- Available in English, Spanish, and French.



Visit al-anon.org/membersurvey to participate!

Reflections



One
quiet
moment



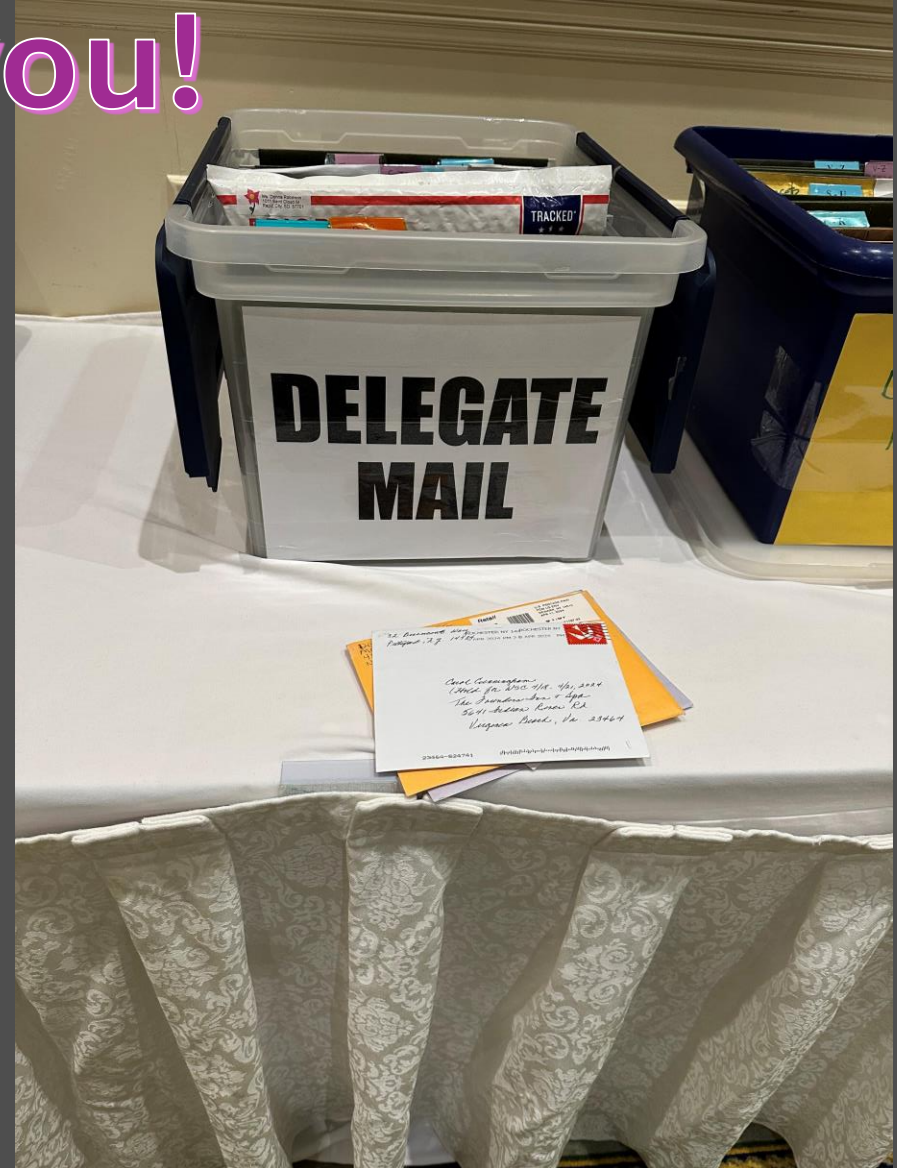
Nature's Elegance and Beauty



I can't do it alone, it's a WE program



Thank you!



Questions

