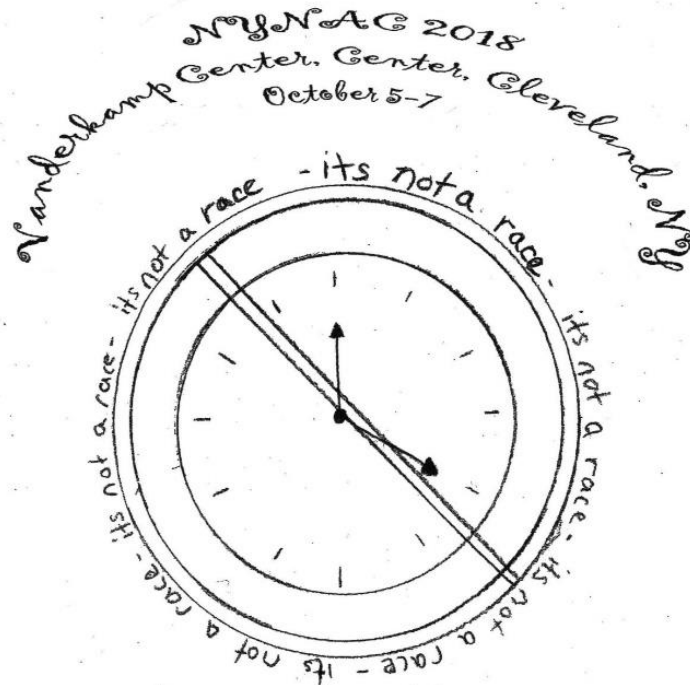


# 2018 NYNAC COORDINATOR 2018 Fall Assembly Report

## THEME:

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This year's theme is "Progress Not Perfection" and was created by a teen member of **New Hope for Teens**. This is a very creative and thoughtful piece of artwork.



PROGRESS  
-NOT-

PERFECTION

## LOCATION:

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Once again NYNAC will be at Vanderkamp Center in Cleveland, NY. This is a spiritual retreat center located on a small lake with lots of outdoor space.

## COST:

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The cost of the venue is \$2005.00. This does **not** include the “per-person” price of \$53.00 for each participant, which totals \$1590.00 for 30 participants. Vanderkamp applied a “dining with lodging” discount of 10%, reducing this to amount to \$1431.00.

Tee shirts are \$8.00 each, for a total of \$318.00 for 40. Insurance is \$176.00. Postage expenses have been minimal thanks to e-mail attachments.

With all things considered, the price per-participant is \$135.00.

## PROGRAM:

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There’s Always Tomorrow Alateen developed the program. There will also be a matching program for the adults, as the teen members have asked not to be inundated with adults in their meetings. This worked out very well last year, and the request of the teens will be respected once again this year. The teens like the way it worked out last year and were grateful for it. A program draft is on the last page.

At this time, we are still looking for speakers. We would like an AA speaker, an Al-Anon speaker and a teen speaker. Last year we had no AA speaker (which was really not a problem). Our Al-Anon speaker was Walt S as he said goodbye to us, and Alleigh from There’s Always Tomorrow Alateen was our teen speaker. It was a very moving panel.

## NYNAC 2019:

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Due to rising costs and decreasing groups and numbers of teen members, I am not sure NYNAC as we know it will be able to continue. I have looked at other venues and have not been encouraged. Casowasco is a facility in Moravia which offers many of the same amenities as Vanderkamp. Their pricing is also nearly identical. Hope Valley in Dansville (Western NY) suggested as a possibility. Their pricing is strictly per-participant and is very reasonable. The problem with this venue is they do not have bathrooms or showers in the cabins. Alverna Heights in Fayetteville, NY no longer accommodates overnight guests. They refer all their requests to Christ the King, and they do not do youth group retreats. As of this report, I am waiting for a call back from Asbury Retreat Center in Silver Lake, NY. They do have everything we need, but I do not have any pricing.

If anyone has any other suggestions, please let me know.

Respectfully Submitted,

*Leslie C.*

Leslie C, NYNAC Coordinator

09/23/18

# WELCOME TO NYNAC 2018 AT VANDERKAMP

## “PROGRESS – NOT PERFECTION”

MEETING ROOM LOCATIONS

CF = COMMONS FIREPLACE ROOM

CD = COMMONS DINING ROOM

**DRAFT**

### Friday Evening

**4:00pm until completed**

- Registration
- Sign up for chairing meetings
- Get acquainted

**5:30pm-7:15pm** (We clean up after ourselves)

CD - Dinner – pizza party!

**7:30pm-8:00pm**

CD – Icebreakers-Welcome Newcomers

**8:15pm-9:15pm (Everyone)**

CD – Kick-In Meeting

- Rules and Regulations
- Banners
- Legend of the Fuzzies

**9:30pm-10:10pm**

CD – Hugs For Healing or

CF – Free time/quiet activities

\*\*\*Volunteers to get fire pit ready

**10:15pm-11:45pm**

LAWN FIRE PIT – Bonfire Meeting

“Let Go And Let God” and SMORES! or

CF – Free time/quiet activities

**11:45pm-12:00am**

Put out fire; clean up CF (make sure nothing is plugged in); go to cabins

**12:00am – Lights out**

Everyone returns to their cabins for the night.

Be kind to yourself and get some sleep

### Saturday Morning

**8:00am-8:45am**

CD – Breakfast (We clean up after ourselves)

**9:00am-10:00am**

CF – *One Day at a Time*

**10:15am-11:15am**

CF – Free Time

Roberts – NYNAC Strategy/Sponsors/AMIAS  
(Teens Welcome!)

**11:15am-12:00pm**

CF – *Letting Go*

### Saturday Afternoon

**12:00pm-1:00pm** CD – Lunch (Clean up after yourself)

**1:15pm-2:15pm**

CF – 4<sup>th</sup> Step Inventory

**2:30pm-3:30pm**

CF – *Alcoholism is a Disease*

**3:45pm-4:45pm** (Workshop)

CD – Rock Painting, Crafts

**4:45pm-5:00pm**

RECREATION TIME – OUTSIDE!

**5:00pm–5:30pm** Clean-up for dinner

### Saturday Evening

**5:30pm-7:15pm** Dinner

**7:15pm-8:30pm**

CF -Panel Speakers

AA – Any sponsors a double winner?

Al-Anon –

Alateen –

CF - Countdown

**8:30pm-11:30am** “LET’S HAVE FUN”

CD – Talent show, ??? Party, Music, Dance,  
Games

CF – Movie night (after the talent show)

**11:30pm-11:45pm**

Everyone helps with cleanup

**11:45pm-12:00am**

Return to cabins and turn in for the night

**12:00am-Lights out**

Be kind to yourself and get some sleep.

### Sunday Morning.

**8:00am–9:30am:** CD - Breakfast

**9:30am–10:15am:** Clean up dorms/Pack up

**10:30am– 12:30pm:** Kick-Out

Inventory/Gratitude/Champion Circle

**SIGN T-SHIRTS!!!!**

**12:30pm–1pm** Bid Farewell and go to your car for  
departure

**“WE LOVE YOU” - See you next year!**