



Recovery Through the Steps  
Unity Through the Traditions  
Service Through the Concepts

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Topic of the Month: Newcomers

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# Northern Hi Lights

*Al-Anon News from New York North Area*

## Area Chairperson

We had a splendid turnout for the Area World Service Committee (AWSC) meeting in March. Twenty eight people attended and we heard lots of great reports and had good discussions. The Spring AWSC meeting, Area Assembly, and Convention are coming up the last weekend in May at the Owego Treadway in Owego, NY. Please be sure to attend and send your group representative to the Assembly. You can find a registration form in this newsletter. Your group representative's expenses are to be paid by your group. You can help your group save having to pay all the expenses by traveling and rooming with your group representative. It's a great way to get to know each other outside of your regular meeting while traveling and hanging out with each other.

At our AWSC meeting at 8 pm on Friday of the convention weekend we will finalize the agenda for the Assembly meeting.

(continued, page 2)

### Mission Statement

**Northern Hi Lights** is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all Service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include Service Reports from the Delegate, Officers and Coordinators of the Area; and pertinent Service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

**Submissions: Email by the 15th of the month prior, to: [newsletter@nynafg.com](mailto:newsletter@nynafg.com)**

When submitting reports, keep in mind that all quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your 2014 Service Manual). **Announcements should be submitted at least 6 weeks before event.**

**Subscriptions: Suggested donation of \$10/year when possible (see back page):** All Al-Anon members are encouraged to subscribe (**electronically if possible**) to receive an individual copy. A copy will automatically be sent to each Group Representative on record with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

**For more information visit the following websites:**

New York North: [www.nynafg.com](http://www.nynafg.com)

WSO: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

(Area Chairperson continued from page 1)

At the Assembly meeting, Diane will give her delegate's report in the morning. She will bring back all the love and decisions that were made at the World Service Conference in Virginia Beach that affect Al-Anon worldwide. It is important that each group is represented to hear her report and bring the information back to the group. After lunch, we will participate in a workshop on "What's so Scary about Service?" I participated in a preview at our District 9's Day of Sharing and it was fun and enlightening. We will hear the officer and coordinator's reports in the afternoon as well as vote on a few items such as hosting the 2017 Spring Convention and 2017 Fall Assembly.

I hope to see lots of newcomers as well as long-timers at the Convention and Assembly. Ruth, our immediate past delegate, and I will hold an informational session on Saturday morning for new group representatives before the Assembly meeting. When I went to my first Assembly, it was held at my regular meeting location, so of course my sponsor encouraged me to participate. I had not yet been in Al-Anon for a year, but the growth I experienced at that meeting pumped up my confidence and enthusiasm for service from that day on.

**Susan A.**

## Alternate Delegate

Re: *The Forum* - Did you know that there is a section in each *Forum* called CAL Corner where one of our Conference Approved publications is featured? This month it is *Living Today in Alateen* on page 22. This is a great way to introduce ourselves to a

piece of literature perhaps we haven't read yet.

On Topic: Newcomers. I have had the good fortune to be at several meetings lately where there have been newcomers. When I share with them how I came to Al-Anon and what Al-Anon has done for me, I am reminded of how much I have to thank Al-Anon for; and even if I am not exactly where I want to be in every area of my life, I can see the growth and the miracles that have transformed my life. Also, newcomers help me to remember that it is in giving that I receive.  
All is well,

**Gwenne R.**

## Immediate Past Delegate

I want to let you all know that the application to be an exhibitor at the New York State Fair has been submitted. It has been a few weeks. We have not yet heard anything from our application. This is very exciting and hopefully we will hear soon that we have been accepted. As my friend says "more will be revealed."

This month's theme is "newcomers." I know there is a lot that can be shared on this topic. I look forward to reading every one's sharings. What I have been thinking about is how important the newcomer is to me and my recovery. I was at a retreat last weekend for "persons in recovery." One of the first things one of the presenters pointed out was the importance of the newcomer for all of us.

I know for me with the newcomer I remember what it was like before I came into the rooms of Al-Anon. I was so very sick and so unhappy. It has been a long, long time since I felt that bad. I know for me

that I need to remember how I felt. If I don't remember I begin to take things for granted and then I fall into old behaviors. I don't ever want to go back to those pre Al-Anon years.

Newcomers also help me to work my program to the best of my ability. When we are talking, or they are asking questions I have to look at what worked best for me. This included what pieces of CAL have been most helpful to me over the years.

I am so very grateful every time a new comer walks into our rooms.

Gratefully in Service,

**Ruth S.**

## **Alateen Coordinator**

Hurray! Spring has finally arrived and the snow piles are gone. I can finally see the ground.

I can honestly say that this last month has been very busy. I processed paper work to add four new sponsors and one new Alateen Group located in East Rochester which is scheduled to begin meeting in Mid-April. I also attended the AWSC meeting in late March, took part in a special conference call for all AAPP's (Area Alateen Process Person) discussing the recertification process for all AMIAS's and the updating of all groups. The WSO has granted all AAPP's the ability to register all new AMIAS's directly online. The turnaround time for processing is 24 to 48 hours. During the conference call we were also informed that by mid-summer all AAPP's will have the ability to register new Alateen Groups directly online. According to the current report from WSO we currently have 241 active AMIAS's in New York North and 23 active Alateen Groups (NOTE: not all groups are seeing teens weekly).

As part of the recertification process this year I will be sending each AMIAS a questionnaire for them to fill out and return to me by May 22. The purpose of this form is to determine the status of all AMIAS's in NYN. They will be given an opportunity to step down as an AMIAS (if they desire), as well as updating their contact and demographic information. Upon receipt of this information I will process any changes online.

The WSO has mailed out the 2015 ALATEEN ANNUAL UPDATE SHEET for all active groups. I am asking all AMIAS's who are listed as the CMA (current mailing address) for their Alateen Group to complete the form and return it to me by May 15. It is critical that all of this information be updated so that NYN and WSO have the most current information for everyone involved in Alateen service. Failure to recertify can result in a sponsor being inactivated and no longer able to serve.

As an Alateen Sponsor it makes me feel so good to see new faces come into Alateen meetings, both teens and sponsors. I sit and listen as the teens welcome the newcomer, openly share their experience, strength and hope and let the newcomer know they are not alone. Newcomers to Alateen remind me of where I came from and how much I've grown. How rewarding it is to see people come and heal. My prayer is that more and more teens hear the message and join this remarkable program. Love in service,

**Walt S.**

## Web Coordinator

At the AWSC meeting I had my first experience with a video feed of my computer screen for the attendees. Despite technical difficulties it went well. I am beginning to learn some of the background work to post to the NYN website. I have help with all aspects of this service position. That's how Al-Anon works! Being a newcomer anywhere is not easy. I want to appear small and unnoticed. At my first Al-Anon meeting I was just checking to see what this "help for the families" was all about. My kids were acting out and I felt like I was crazy,

I was greeted as I walked in the door. No one seemed to notice my frayed hems and cuffs. And unbelievably, they told me to come back. I was not alone.

That's what has happened with me at every step in this Al-Anon Family. Someone showed me how to set up, cleanup, and make coffee at my home group. We never had a group representative and another member shared the position with me so we weren't alone. In Recovery, there is always someone to help me and encourage me.

Love in Service,

**Molly C.**

## Group Records Coordinator

Hi my NYN family. Spring is finally here and we will be gathering soon at the Spring Assembly in Owego at the end of May. Let's start this spring with updated and correct information about all of our groups in Northern New York. I would like to hear of any problems with the *Northern Hi Lights* either electronic or hard copy so those files can be corrected. I still have 3 groups in no mail status and 3 groups with a bounced e-mail address. I am here to help us all communicate with each other more effectively.

Our topic of the month is newcomers. The two things that pop into mind for me in relation to this topic, is how far I have come and a welcoming environment for them to start to heal. I remember when I was a newcomer, and I felt so poorly about myself, that I truly needed to feel that I was welcomed and loved. This feeling that I received allowed me to feel safe and for that hour was worthwhile. I learned to hug in my first Al-Anon group and now as long as it is okay with the person receiving I offer a hug to newcomers. At my groups, I am known as the group hugger. I learned to ask before giving hugs as some newcomers are just too uncomfortable with any sense of touch.

It is very important for all groups to provide a welcoming environment as this is usually how they experience the sense of hope that Al-Anon can provide to all members struggling with the effects of someone else's drinking.

**Lynda S.**

## Convention Coordinator

I think I have every Al-Anon book ever printed (yes I read them), and I have meeting schedules for many groups (yes I attend many meetings), and I know how to get all the NYN AFG schedules (check the WEB-NYNAFG.com). I have a sponsor. And I have a Higher Power that is always with me. But I do remember when my life was unmanageable and I was wet with tears of pain and fear... and I had no clue who to contact, where to go and be a newcomer. I never want to go back to those moments before finding the Al-Anon Family... but I do want to always remember what my life was like before Al-Anon, and do my part in reaching out to others who are still suffering; to let them know there is Peace and Serenity available, just waiting for them to take the first step. Today, if I don't get to my meeting, I'll be ok (remember, I have all the books, phone lists, sponsor, Higher Power) but I don't want a newcomer, after finding the courage to reach out and come to a meeting, to find an empty room. So I'll be there... and I think you will too.

Still time to register for May 29-31 2015 Spring Assembly/Convention and **"Return to Serenity Island"** at Treadway Inn, Owego NY. **District 10** has an exciting weekend planned that you don't want to miss. (Registration form in this newsletter and on [NYNAFG.com](http://NYNAFG.com))

And, I invite a friend... or Newcomer. It makes the coming and going more fun. Don't forget to bring your colorful "Beach" outfits and your Group's Raffle Basket. And planning ahead.... **District 2**, with help from District 29, is in detail planning stage for hosting the 2015 Fall Assembly. **Districts 7 & 8** are already planning a wonderful time



for us all at the 2016 Spring Assembly/Convention in the Albany area and **District 22** has their creative minds going for Fall 2016... And which districts are stepping up next? Remember **"When we get busy, we get better"** and that **"It really works if we work it."** Is your district ready to stand up at the Assembly this May 2015 and say, "We'll host the 2017 Spring Assembly Convention."

Nancy H.



## Archives Coordinator

This is my first service at the Area level so I am feeling like a Newcomer. I think back to when I first entered the rooms and had no idea what I was doing or what was going on. But I saw that I was not alone. I listened to those who came before me and learned from their sharings. It helped me grow in my recovery. In my new position as Archives Coordinator that's exactly what I plan to do again. I will listen to those who have been before, hopefully learning from their successes and mistakes. I also know I am not in this alone. I have a whole panel of fellow members to rely on. I look forward to learning and growing in my new service position.

Kevin M.

## Public Outreach Coordinator

Happy Spring Everyone,

Our topic for this month is "Newcomers." I think about how I felt coming back into the rooms of Al-Anon; I was so scared, willing to do whatever was suggested. I knew I needed help and Al-Anon was where I turned.

I was greeted by many wonderful and welcoming people. They helped me to feel I had made a good decision. I try and offer such a welcome to the newcomers that I meet today. In the groups that I attend we give each person new to Al-Anon a newcomer's packet, a telephone list, a meeting list, and the paperback version of *How Al-Anon Works*.

In one of the groups that I attend we offer a "Beginners" meeting. The purpose of a "Beginners" meeting is to introduce newcomers to Al-Anon in a smaller setting. It is an opportunity for the newcomer to ask questions and discuss what is going on. We have various pieces of Al-Anon Literature (CAL) that we use and we follow the G-2 guidelines that are on the members' website. The format for this "Beginners" meeting ranges from one to six weeks. It is up to the individual to decide how many "Beginners" meetings they want to attend. We all start off in the larger group listening to the opening, reading the Steps, Traditions and the daily reading before we break off. That way the "newcomer" gets to experience part of what the regular meeting is like. (I can say that in many ways I still feel like a newcomer to Al-Anon, and for me I think that is a good thing. I never want to forget what it was like to walk through that door.)

Now, for the latest news from WSO. In 2014, Al-Anon PSAs (Public Service Announcements) reached a television audience of more than 700 million people across the U.S. and Canada. WSO sent me a list of the TV stations that did not play the PSAs in NYN and those that did. Only 3 stations in NYN played the PSAs and they were located in Vestal and Watertown. We are asked to send a thank you to those stations that do broadcast our PSA. I have been in touch with DRs from those areas asking them if they would do so. WSO feels that if we show our appreciation the stations will probably continue to play the Al-Anon PSAs. District Reps and Public Outreach Coordinators in the areas that did not show the PSAs are currently working on contacting their area's TV stations to see if they would be willing to play the PSAs. I'll keep you posted.

This past month I have also written an article for the Rochester AIS newsletter and Council on Alcoholism e-news regarding Public Outreach. All websites in NYN have a link for professionals that takes them directly to the WSO website.

In District 29, we continue to pass along *Al-Anon Faces Alcoholism 2015*, meeting lists, our outreach flyer with the local AIS tear off strips at the bottom, as we continue the conversation on how to "carry the Al-Anon message."

Let me know what is going on in your district, I would love to hear from you.

My email address is: [po@nynafg.com](mailto:po@nynafg.com)

Together we can make a difference,

**Pat H.**

Deadline for submissions to the June, 2015 issue of *NHL*  
is May 15, 2015. The Topic is: Unexpected Gifts of the Program

## Presentation Coordinator

Newcomers are important! I agree that we need to take special care to make newcomers feel welcome. But I don't see anything in the Traditions that says "these traditions don't apply to newcomer meetings." That's why I think it's important to assess whether my group is really welcoming newcomers or whether it's setting a bad precedent by violating the Traditions.

(continued on page 9)

## Treasurers Report

Dare I say it?!? Maybe I'd better not....but I think Spring has finally sprung!! FINALLY!! Has everyone sent in their registration for the Spring Assembly/Convention? I have!

Since our last newsletter, the following donations have been received: (# equals last 4 digits of group number)

7-11	\$15.00	#9676
District 21	50.00	n/a
Canandaigua	30.00	#4271
Serenity at Noon	15.00	#2088
Courage to Chng	25.00	#3806
Lock City	100.00	#9878
Fresh Start	35.00	???
Caring & Sharing	45.00	#9763
Serenity Circle	20.00	#1550
Acceptance AAC	30.00	???
Discovering Choices	60.00	#9463
Wed Morn Step	10.00	#9612
Surrender for Seren	15.00	#0994
District 22	25.00	n/a
Dianne R	20.00	n/a
Seren on Sat	25.00	#4625
Healing Circle	100.00	#0370
New Beginnings	70.00	#9872
Calm in the Storm	15.00	???

As you can see, there is still a problem of some donations not containing their Group's ID #. We like to include the ID # so that you will know it is YOUR group's donation, rather than another group with the same group name. So please be conscientious and include your group name AND ID #. Thank you!! And thank you ALL for your donations!! New York North would not be able to function without them!!

During this time, there were also 3 paid subscriptions to the *Northern Hi Lights* newsletter.

NYN paid the following expenses since the last newsletter:

Ruth S	\$ 104.00
Lynda S	177.05
Elaine R	263.85
Pam A	309.00
Spring 2016 Seed	1,000.00
Ruth S	155.17
Diane C	193.05
Pat H	116.00
North Onon Pub Lib	50.00

H & R Block	300.00
Spring Conv (Pam A)	47.00

Our NYN accounts have the current balances:

Checking acct	\$ 12,471.73
Reserve acct2	8,822.90
Sage Ratty Mutual Fund	2,787.17

On this month's topic of **NEWCOMERS**...a subject very near and dear to my heart. AI-Anon would cease to exist without newcomers and that's why it is so important to keep them coming back!! I was the "official greeter and hugger" for District 5...NOW I ask if a newcomer minds hugs before I go ahead and throw my arms around them!! Most do not object.... I think it's crucial that the newcomer know that I have been affected by the disease of alcoholism and to be specific about what some of those effects are (controlling, lack of serenity, unusual behaviors, and on and on). It is confusing...the alcoholic needs to put the bottle down to start their recovery and get better, but what do I need to do? What am I supposed to "fix?" What's wrong with me? Why do I need to go to meetings? Most newcomers need to know the answers to these questions in order to know WHY AI-Anon is a program for life...for MY life, anyway!! It takes time to help newcomers, but it is time well worth the taking!!

Looking forward to seeing many of you at the Spring Convention/Assembly in Owego!! 'Til then, enjoy the sunshine and the beauty of our program!!

Hugs!

**Linda A.**

## Area Delegate, Panel 55

As I sit here on April seventeenth, a couple of days late with my article, I believe I have read all the articles that I need to read. I have processed all forms and now I am getting ready to fly off to Virginia Beach for the World Service Conference. I thank you for your trust, support, and it is an honor to serve you. Please continue to pray for me.

One of the main reasons why the Spring Assembly is held each year is to give the group representatives an opportunity to hear the Delegate's Report on the World Service Conference. This includes many topics, including how our money is spent, what Public Outreach Projects are planned, any new

literature, or changes in current literature, or other concerns that have an effect on Al-Anon as a whole. There is a lot of information to digest in the small amount of time that the delegate has to present this to the GRs, and keep it interesting and informative. I might not be able to make a song about what happened this year like one of our former delegates, LaVaughn did, but maybe I can think of something fun to make it interesting. Wish me Luck!

I hope to see representatives from all groups at the Assembly and I hope you will do your best to come, even if you can only come on Saturday!!!

For those who are wondering if I will have a new hat to wear, you will just have to come and see for yourself!

**Diane C.**

## Newsletter Editor

This months' topic of newcomers has me hoping for new ideas on how to get them to keep coming back. I like Lynda's way, giving them a hug. I've done that lately, as an ice-breaker. My success rate on that is okay.

Besides a formal welcome, including the three C's, I like to share my experience, hope and strength of when I was in their shoes. The pamphlet that I relied on a lot was *A Guide for the Family of An*

*Alcoholic*. I'm not sure it's still part of the Newcomers Packet. The only thing I retained from my first meeting was the three C's, but that was a relief. An early impression was of the gentleness of the program, which I still highly value, and try to preserve.

**John O.**

### SENDING DONATIONS TO

#### NEW YORK NORTH

Donations should be sent by check or money order.

DO NOT SEND CASH!! Make payable to:

**NYN Area Assembly PO Box 398**

**Morrisonville, NY 12962**

**Add Group's registered name &**

**Group's ID Number (Very Important)**

## NYNAC Coordinator

Hello and happy Spring!

May is finally here, and that means the unlimited amounts of snow we had here in Buffalo, is finally melted. With spring arriving that means NYNAC is only six months away! Six months, half a year, will fly right by so I hope you are sharing the Save the Date Flyer with your groups and talking about NYNAC at your district meetings. NYNAC now has a theme!! It was picked by the There's Always Tomorrow Alateen Group, and they picked a wonderful theme: "Making Changes."

Since our topic this month is newcomers I wanted to share on the importance of the newcomers who attended NYNAC each year. The newcomers, who attend each year, are the core of NYNAC. The newcomers who are brave enough to attend their first convention are the very reason NYNAC continues. During our first night at NYNAC we typically have a "newcomers ice breaker" workshop and we welcome all the Al-Anon and (continued on page 9)



Alateen newcomers. One year we did a ball of yarn ice breaker, and by the end of the meeting we were all connected by the same piece of yarn, it was so powerful to show the newcomers they are not alone.

Due to Alateen being a program where teens eventually age out at 19, and who hopefully move on to Al-Anon, sometimes makes it hard to keep our Alateen meetings and NYNAC stay afloat. Think back to the first meeting you attended, and remember that feeling of despair slightly being lifted. Imagine what the teens in your area may be feeling and what they are missing out on by not having Alateen meetings available, this is a great topic to think about how we as Al-Anon members can help provide more newcomers into our Alateen district. I like to think of our Al-Anon proclamation when I think of newcomers, "When anyone, anywhere reaches out for help, let the hands of Al-Anon and Alateen always be there, and let it begin with me."

Peace and Love,

**Bridget C.**

### **(Presentation Coord., continued from page 6)**

In a group I sometimes attend, when a newcomer shows up, we stop everything and focus the meeting on that person, each of us telling his or her personal story. I see that some newcomers are ok with being the center of attention. Others are clearly uncomfortable. I'm uncomfortable too.

In another group I go to, the group numbers off into two sections when a newcomer shows up. One section goes with the newcomer to talk about the first three steps, and the other section discusses the regular topic. Alternatively, I have been to groups that reserved 5-10 minutes at the beginning of the meeting for the newcomer, and then devote the rest of the meeting to the regular topic. A friend of mine goes to a group whose members sign up to chair a standing newcomer meeting, one week at a time.

When a meeting gets focused on one person, I have two big questions:

1. Are we honoring the principle of anonymity in Tradition 12? It shouldn't matter how much time someone has in the program; everyone should get the same amount of attention in a meeting.
2. Are we putting personal progress for one person before personal progress for the greatest number, thus contravening Tradition 1? When a step, tradition, or concept discussion is constantly getting supplanted by a "tell everyone's story to the newcomer" meeting, it's hard to believe that we are really pursuing personal progress for the greatest number.

I don't think there is one "right" way to greet newcomers. I'm personally much more comfortable with meetings that do it in a way that complies with the Traditions.

If you've never been to Assembly, there's a new GR meeting before the regular meeting starts on Saturday--another excellent way to greet newcomers! I hope that you'll consider joining us there in May, where we'll use the Traditions and Concepts to help everyone.

love in Service,

**Sarah R.**

### **Reminder to all Officers, Coordinators, AIS Representatives**

**Copies of your full reports are to be sent to the Area Secretary and to the Web Coordinator prior to the Assembly, so that DRs and GRs attending having access to them. Bring 5 printed copies to the assembly for those without internet connection.**

**Full reports are not read at the Assembly. Please select your "Hot Topics" to share in your two minute allotted time. When your two minute time is up, you may finish your sentence but are done, except to answer any questions from Assembly members. Please be considerate and respectful of this NYN policy.**

Thanks,

**Connie D.,** Past Delegate

# NYNAC

October 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> 2015

New York North Alateen Conference



Mark your calendars friends!

This year's NYNAC is something you

DO NOT want to miss!

Meetings and Workshops



To help you grow in  
Recovery

Fun, Friends, and Fellowship!

Lots of fun activities like leadership  
workshops, dances, and a talent  
show.



**AFG 2015 SPRING CONVENTION**  
**Owego, New York**

*May 29, 30, 31*

(SAVE THE DATE)

This is not Memorial Day weekend

**Return to “Serenity Island”**

**Owego Treadway Inn**  
**Hosted by District 10**

Owego is a small, historic village located on the Susquehanna River. It has a walkable artsy shopping district, tree lined streets, where you can shop for unique gifts, and view beautiful 19<sup>th</sup> century homes and architecture.

**Come join us!**

**WE WILL CONTINUE THE THEME BASKET RAFFLES**

**Return to Serenity Island**

Hosted by District 10

**May 29-31, 2015**

Owego Treadway

1100 State Route 17C (exit 65 off Interstate 17/86)

Owego, NY 13827

*Owego was named the "2009 Coolest Small Town in America". The Owego Treadway overlooks the beautiful Susquehanna River.***Come join us on "Serenity Island".****Reserve your room directly with the Owego Treadway.****Room reservation deadline: April 29, 2015**Phone: 800-750-0466 or 607-687-4500; Fax: 607-687-2456. For additional information: [www.owegotreadway.com](http://www.owegotreadway.com)*Note: The Owego Treadway also owns the Hampton Inn and Holiday Inn Express.***Book early** to get the best rate at the Owego Treadway. Rates are shown below.

Room cost: Owego Treadway: \$125.95 per night plus 12% tax

Hampton Inn &amp; Holiday Inn Express: \$145.95 plus 12% tax (includes breakfast, reward points can be used, if applicable)

*If paying by check, check must be received a minimum of **15** business days prior to check-in.***Hotel Check-In: 4:00pm Hotel Check-out: 12:00 noon**

Hotel amenities include: Hair dryers, irons and ironing boards, in-room coffee makers, free cable television and HBO, free local phone calls, indoor heated pool and fitness center, free coffee in the lobby each morning.

**CONVENTION REGISTRATION begins Friday, May 29 at 4:00pm**

Walk-in registrations welcome, but pre-registration is preferred.

For more information call or email: Judy C. 607-772-8932 or [dhcarlson1@earthlink.net](mailto:dhcarlson1@earthlink.net)Deanna B. 607-621-7498 or [pwhornbeck@yahoo.com](mailto:pwhornbeck@yahoo.com)**NYN AFG 2015 Spring Convention/Assembly Registration Form**(Please submit a separate registration form for each person attending)**Make checks payable to NYN Spring 2015 Convention**

Alateens must have adult supervision, notarized parental permission slips and medical release forms.

Mail this completed form to: NYN AFG Spring 2015 Convention

PO Box 1384

Binghamton, NY 13902

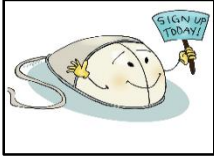
NAME and ADDRESS	REGISTRATION/BANQUET	YOUR COST
Name:	Early Registration (by 4/15/15) \$15 Full Registration (after 4/15/15) \$20 Alateen Registration \$12 Are you registering as? Al-anon _____ Alateen _____ or AA _____	\$ _____
Mailing address:	Banquet Cost (deadline 5/19/15) \$32 PLEASE SELECT ONE: Boneless prime rib _____ Chicken piccata _____ Vegetarian _____	\$ _____
Phone: Email:	Donation to Hospitality	\$ _____
Are you a: new Group Rep? _____ new District Rep? _____	Total Enclosed	\$ _____

**Do you know whom to contact with an Al-Anon issue?**

**Unless this is a personal subscription, this copy belongs to your group.  
Please share it with them, and make each issue available at your meeting.  
To insure anonymity, tear off this part before leaving it with your group.**

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<u>Panel 40 Past Delegate</u> Anne F. <u>Panel 16&amp;19 Past Del.</u> Maxine B. <u>Panel 13 Past Delegate</u> Ruth F.	<u>Panel 37 Past Delegate</u> LaVaughn R.  <u>Panel 34 Past Delegate</u> Sherry B.	<u>Panel 31 Past Delegate</u> Arlene M. (Deceased) <u>Panel 28 Past Delegate</u> Mary G.	<u>Panel 25 Past Delegate</u> Marcia J.  <u>Panel 22 Past Delegate</u> William S.  <u>Panel 4 Past Delegate</u> Helen S.

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