

Recovery Through the Steps
Unity Through the Traditions
Service Through the Concepts

Inside This Issue

Topic: Recruiting Service Members

Table of Contents:

1. Area Delegate
2. Public Outreach Coordinator
3. Alateen Coordinator,
Group Records Coordinator
4. Area Chairperson,
5. Treasurers Report
6. Alternate Delegate,
NYNAC Coordinator,
Presentation Coordinator
7. Newsletter Editor,
Convention Coordinator
8. Immediate Past Delegate,
Archives Coordinator
9. Around New York North
10. Spring 2017 Assembly/Convention
Registration Form
11. Spring 2017 Assembly/Convention
Flyer
12. Contact Information for Officers and
Coordinators
13. Subscription Form

Newsletter Editor: John O.

Proofreaders: Gwenne R.,
Connie D.

Technical Support: Pat H., District 2

Northern Hi Lights

Al-Anon News from New York North Area Delegate

I will be representing you at the **Northeast Regional Delegates Conference (NERD)**. We will be informed by our Northeast Regional Trustee relating to the World Service Conference, the 2016 Annual Report and updates from the Board of Trustees. We will also be welcoming new Panel 57 Delegates, and sharing with them what to expect at their first the World Service Conference. (Sharing our Experience, Strength and Hope). Outgoing Delegates will share on the Topic: **Our Members: Our Hope for the Future (the theme of the 2017 WSC)**. We will also be sharing our Areas' successes and concerns. The Following is what I will share relating to New York North:

Successes:

- The 2016 New York State Fair Public Outreach Project.
- Public Outreach being done by many Area Information Services & Districts.
- NYN Area Guidelines addressing situations where officers and coordinators appear to not be fulfilling the obligations of the position.
(Delegate continued on page 2)

Mission Statement

Northern Hi Lights is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all Service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include Service Reports from the Delegate, Officers and Coordinators of the Area; and pertinent Service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. Northern Hi Lights is not copyrighted. It is not conference approved literature.

Submissions: Email by the 15th of the month prior, to: newsletter@nynafg.com
When submitting reports, keep in mind that all quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your 2014 Service Manual).
Announcements should be submitted at least 6 weeks before event.

Subscriptions: Suggested donation of \$10/year when possible (see back page): All Al-Anon members are encouraged to subscribe (electronically if possible) to receive an individual copy. A copy will automatically be sent to each Group Representative on record with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

For more information visit the following websites:

New York North: www.nynafg.com
WSO: www.al-anon.alateen.org

- (We want to help you all succeed).

Concerns:

- How to attract new and younger members interested to Al-Anon and Service.
- How do we use the new technologies to help us stay connected (is our Newsletter effective?)
- Fewer Alateens attending meetings even though we are doing Public Outreach.
-

I will be giving a full report of NERD to District Representatives at the AWSC, so check with them in March after our meeting.

I continue to answer questions from District Representatives and group members, so feel free to contact me. Many of your questions can be answered by checking first in the *2014-2017 Al-Anon Alateen Service Manual* (available at your Literature Depot or online on the WSO Members Page. (www.alanon.alateen.org/members)

HAVE YOU VISITED THE WORLD SERVICE WEBSITE MEMBERS PAGE? IF NOT, YOU ARE MISSING SOME GREAT TOOLS TO HELP YOUR GROUP AND TO KEEP YOU INFORMED!

Diane C.

Public Outreach Coordinator

Hi Everyone,

Last October, in my article for *Northern Hi Lights*, I suggested looking through our *World Service Conference Summary 2016* to notice that conference members were asked, "How can we encourage members and service arms to distribute *Al-Anon Faces Alcoholism?* One response especially interested me: "Every quarter, we address envelopes in my home group for letters to lawyers, the judicial system, churches, hospitals, treatment facilities, and spiritual leaders." I thought my home group could be a place to try out this idea.

We had a group conscience regarding this outreach idea and decided we would give it a try. We put

together an outreach committee. We decided to begin with the spiritual leaders, and we asked the secretary at the church where we hold our meeting for a list of all institutions and spiritual leaders in our community. She was more than happy to help us.

We used the letter from WSO to spiritual leaders, available on the WSO website, tweaked it a little by putting a member's name and phone number on the letter and noted where our meeting is held. We decided to keep the postage for this envelope under \$2 as there were 17 churches all together. In the envelope we included, 3 English and 1 Spanish AFA, along with AIS meeting lists, and the bookmark, *Has Your Life Been Affected by Someone Else's Drinking?* S-20.

Each member on the committee decided if they were going to mail their envelopes or hand deliver them. This project has been a great opportunity for "recruiting service members," our topic for the month. In addition, it has given us a new way of reaching out to the public. We brought this information back to our district hoping that others too might give this project a try. Think about trying this in your community, and let me know what your experience is.

A few reminders.

- March 4th is Lois's birthday. Remember to "forget" to leave a piece of literature where it could be useful.
- April is "Alcohol Awareness" month.
- Al-Anon and Alateen is now on Instagram. Find us on Instagram by following and liking our posts or click on the link located on the WSO Public Outreach website, al-anon.org.
- The new PSA's should be on the WSO website 2/17. When I receive the distribution list of stations I will be in touch with all DR's, officers, and coordinators.

I continue to work with the outreach coordinators from Rochester and Buffalo, Brian and Kelli. Lots of good things happening as I reported in last month's newsletter.

Together we can make a difference.

Pat H.

Alateen Coordinator

Happy Birthday Alateen

“In 1957 the first Alateen group was formed in California by Bob S., the teenaged son of AA/Al-Anon parents. The group flourished. Patterning its’ program on Al-Anon’s, the member used the Steps, Traditions, and slogans as they applied to the needs of teenaged children of alcoholics” (*Forum*, January 2017).

2017 is the 60th anniversary of Alateen. Over the years, thousands of teens have received the many gifts that the program has to offer us. I can honestly say that over the fifteen years that I have sponsored Alateen, I received more from the teens than I could ever have given them. They speak from the heart, share openly about their feelings, and support each other in the tough times. How can our Al-Anon meetings celebrate this event and show our teens that we support their program? Here are a few suggestions:

- Have a meeting using Alateen literature
- Subscribe to *Alateen Talk* or give away a paid subscription at your next day of sharing. An order form is available on the Al-Anon Members Web site al-anon.org/members
- Invite local school counselors, principals and teachers to an informational meeting about Alateen. If you have an Alateen meeting in your district have them help with the planning and invite them to share their experience, strength and hope.
- Ask a local Alateen meeting to do an exchange meeting with your Al-Anon Group. The teens chair the meeting, supply the topic and teach you so many wonderful things.
- Donate the Alateen Book *Hope for Children of Alcoholics* to your local library. You never know whose life you will touch and change.
- Invite a teen to speak at your District Day of Sharing.

On another note, we will soon begin the recertification process for all Alateen Sponsors. I am happy to announce that Mary Beth G., a co-sponsor from the Friday Night Camillus Alateen Group will be assisting me to process all of the paperwork. Sponsors should expect their recertification form sometime in early April.

Love in Service,

Walt S.

Group Records Coordinator

Hello Everyone,

I had a “reported not meeting” notice from WSO (World Service Office) for a group, and it turned out that the church had requested that the door remain locked. If your group has a situation like this, please have someone stand at the door to let members and newcomers in, as once this is reported to WSO, they do take the meeting off all meeting lists. I was fortunate in the fact that I was able to get in touch with someone who could give me the information that I needed to let WSO know what the situation was. Unfortunately, it was not the GR (Group Representative) or the contact but the DR (District Representative). Please remember to keep your group information up to date and accurate.

Our topic for the month is “Recruiting Service Members.” My personal take on this is that we can lead by example, offer to pick up members who might be interested, and always share on the growth you get through service. I learned by “getting into the car” and learning what it was all about. Growth, to me, comes when I get out of my comfort zone, or as the Alateen members say, “Feel the fear but do it anyway.” Once I stopped letting fear control me, I learned that it may not be easy, but it could be done. What safer place to expand your comfort zone than in the rooms of Al-Anon and Alateen, where people support you, and help you, rather than criticize you. When you make a mistake it is not like the “real world” where you might lose your job. You can get the support you need to recover and grow.

(Group Records continued on page 4)

All it takes is a willingness to learn. it cannot be forced. That is why it is so important to work a good healthy program, and be an example.
Love in Service,

Lynda S.

Area Chairperson

Hello NYN,

I'm working on the agenda for the next AWSC meeting that will be held Saturday, April 8 from 12 noon – 4 pm at the NSEA building, 210 South Main Street, North Syracuse 13212. There will be committee meetings scheduled both before and after the main meeting. Being Area Chairperson has been a growing experience for me and I hope I have inspired someone to stand for the position at our election assembly in September. That's what I believe this month's topic, recruiting service members, is all about.

My first service position in Al-Anon was Literature Coordinator for our group. That gave me the growth opportunity of reading all the literature, ordering what I felt the group needed (no double-headed management here!), and learning how to take on a new responsibility with commitment, joy, and dedication. From there, I have been Group Representative, District Representative, Area Institutions Coordinator (now merged into Public Outreach), WSO staff member, (a paid position) and now Area Chairperson. Each position gave me new skills and boosted my confidence.

At the district level, I have made an effort to repeatedly stress how every group benefits from having a Group Representative. I support members interested in service, take them with me to visit the groups, and offer them relevant literature when I think it would help. I'm not a perfect District Rep or Area Chair, even though I believe in setting a good

March 2017

example, and I'm happy to take criticism and suggestions that would help me do a better job.

As we arrive at the final year of Panel 55, I would encourage all incoming, outgoing and present District Representatives to fill out the resume for service found on our NYNAFG.com website. Go to the website and click on "Area Information and Forms" then under "NYN Forms," click on "NYN Service Resume." Here's the link:

http://www.nynafg.com/pdf/NYN_Resume.pdf

Maybe John will also attach one to this newsletter. Save a copy in .pdf format, and send it to me. When several people stand for an officer or coordinator position, the Assembly will have the opportunity to choose the right person.

See you in April.

Susan A.

Northern Hi Lights Topic for
April 2017 issue is:

Finding The Courage To Change

Articles are due March 15th, 2017

Treasurer's Report

Hello, NYN!!

Since the last newsletter, the following donations have been received in January:

<u>Group Name</u>	<u>Gr #</u>	<u>Amt</u>
Mon Fly Rd	30529340	55.00
Friday AM	9710	60.00
Women's 12&12	66032	75.00
Faith & Hope	30375	27.00
Westenders	UNK	4.50
Roads to Recovery	UNK	50.00
Path to Recovery	UNK	50.00
Chittenango	9677	23.00
UNK	27134	15.00
Stepping Into Recov	30662245	10.00
Penn Yan	UNK	80.00
Clifton Springs	UNK	50.00
District 17	n/a	50.00
Jamestown	65578	36.40
Legacy Study	42113	25.00
District 10	n/a	100.00
UNK	9763	45.00
District 3	n/a	331.17
Serenity Seekers	30576552	25.00
We Are Not Alone	38151	156.00
SW Seren Seekers	30646347	20.00
Calm in the Storm	30503839	30.00
Mon Noon Amherst	30582963	30.00
Serenity on Sat	64625	75.00
Search'g for Serenity	60736	25.00
Kirkville	30645889	20.00
Friday	9828	30.00

There was ONE paid subscription to NHL in January.

A special THANK YOU to each and every group and district for your continued support of NYN!!!

The following expenses have been paid :

NYN 2017 Fall Seed	\$1,000.00
Patricia H (Pub Outreach)	140.00
John O (NHL print&mail)	46.00
Diane C (NERD & Spr reg)	414.76
NYS Fair (booth)	310.00
Haylor,Freyer&Coon (NYS Fair Ins)	116.00
Diane C (Del Pers Exp)	300.00

Current Balances are as follows:

Regular Checking	\$16,973.00
Reserve Checking	9,750.20
Sage Ruddy Mutual Fund	2,893.11

The topic for this month is RECRUITING SERVICE MEMBERS. This is a really good topic and one which SHOULD have LOTS of suggestions; however, I have tried and tried and tried to entice, cajole, persuade... and have even begged and pleaded...group members to consider taking a service position, to no avail. I have PROMISED them that they will never have to do a service position alone, that a previous member who served in that capacity would be with them until they felt comfortable doing it themselves and ALWAYS available for any questions that might arise along the way. Still, no one steps up to service. Service sponsorship is so very important. There is something to be said, however, for being self-taught....it kind of stays with you a little longer. I will be very interested to read the other thoughts on this topic!!

Looking forward to seeing DR's, Officers, and Coordinators at the AWSC!!

Hugs In Service,

Linda A.

**SENDING DONATIONS TO
NEW YORK NORTH**

Donations should be sent by check or money order. DO NOT SEND CASH!! Make payable to: NYN Area Assembly, PO Box 398, Morrisonville, NY 12962 Add Group's registered name and Group's ID Number (Very Important)

Alternate Delegate

Hello NYN,

I have received the *Forum* Subscriptions Report from WSO for December 2016.

The total number of *Forum* subscriptions rose from September 2016 to December 2016 by 799 for a total of 22,655 subscriptions, while the number of Al-Anon and Alateen groups went down by 230. That converts to 1.65 *Forums* per group, up by a fraction from September 2016.

When I see these numbers, it reminds me not to take *The Forum* for granted. It is always one of the first things our group shares with newcomers. Our group has a once a month Legacy meeting, and we almost always refer to *The Forum* for inspiration and education. It is an easy piece of literature to leave at a doctor's office for someone else to find, or to gift as a subscription to your local library. If WSO was unable to publish it due to declining subscriptions, I know I would feel like we lost a very important Al-Anon tool for recovery.

Why not join me in offering a can for donations in your group, with a drawing for a winner of a *Forum* Subscription whenever you reach the \$11 subscription cost?

On Topic:

Recruiting service members is actually one of my favorite activities. I like to think of it as helping someone who is ready to grow become aware of this opportunity, and then offering them encouragement, and help, to step up. The most rewarding part is seeing them blossom right before my eyes! I see Al-Anon service as free therapy in a safe and encouraging environment. How awesome is that?!

Gwenne R.

NYNAC Coordinator

Recruiting members for service positions has traditionally been a difficult thing to do, and I do not know why. For me, service work is part of my recovery. Without it, I would not grow as much as I do.

I have had the privilege of holding many service positions since I became a grateful member of Al-Anon. Service work helps me give a little back to a program that has given me so much. When I speak to other members about service work, I try to portray the sense of accomplishment I get from it. I get to travel and meet other members I might not normally meet. It gets me out of myself, and I can be a part of a larger picture.

I am hopeful that more members will step up for service work. Without new service workers, there is little chance for new ideas. Without new ideas, there is no change. Without change, things stay the same, and stagnate. It would be so sad to see this program stagnate.

Service work is not hard work, and the rewards far outweigh the effort it takes to serve.

Leslie C.

Presentation Coordinator

Service gets a bad rap in a lot of meetings. The GR rolls her eyes every time she "has" to go to a district meeting or Assembly, and no one wants to hear what she has to report back. When a meeting topic hovers anywhere near the Traditions or Concepts, half the members don't bother coming to the meeting. But if someone in service does something "wrong," boy do we jump all over her!

What if we changed our perspective? Service doesn't have to be a chore. Yes, it is the "business" side of Al-Anon, and there are things that need to get done, but it's also an opportunity to get out of the house, meet up with old friends, have some laughs, learn something new, and (in my case) get covered in glitter...or bologna.

For me, I don't get Recovery without Service. Service is a place for me to practice all the cool things I hear about in Al-Anon meetings, like taking responsibility for my own actions and feelings, owning up when I've messed up, being patient, trusting that a Higher Power is in charge...the list is infinite. I learned how to manage my finances because of a service position. I went back to school because of a service position. I found my new career because of a service position. I learned (**Presentation Coordinator** cont. on page 7.)

(Presentation Coord. Cont. from page 6)
that my Higher Power really is in charge of the results; all I have to do is show up.

Maybe instead of rolling our eyes and acting like Service is a chore, we could start talking about what an amazing opportunity it is, and how much fun we're having.

In Service,

Sarah R.

Newsletter Editor

Hi NYN,

It is a great pleasure to receive articles from our officers and coordinators, read them, and then put them in the newsletter. These people mean so much to me because I know them through serving with them for the last two-plus years. Knowing them is one of the rewards of being involved at the New York North level, just as I cherish the friendships that developed at the district and AIS levels.

I've been involved in service since Alice S., my District 14 DR, told me; "What this group needs is a Group Rep, and I think you'd make a good Group Rep." I had no more than 6 months in the program at the time, but those words started me on a career of service that I dearly needed to recover. A year later, I was also the Alateen Chair for Rochester AIS, and an Alateen Sponsor for the following three years. Then, I volunteered to be the Rochester AIS Newsletter Editor, and dreamed of recovering enough to be the *Northern Hi Lights* editor. That dream was the reason I volunteered when no one else wanted the job. Even though I had decades in the program, this has been a period of growth that has benefited me in many unexpected ways. It has put a swagger in my old-man stagger!

John O.

Convention Coordinator

I bet if we asked members of **District 12** how long until **Spring Assembly/Convention** they would say, "it's just around the corner, coming fast!" Yes, it is a big job. But I know with any service, when I get involved, I get more than I give. Sometimes in the moment I don't realize that, but always when reflecting back, I know it is true. Any time I do anything that gets me out of self, I benefit and say, "Thanks for opportunities."

Find the registration form in this newsletter.

Make copies and invite some AI-Anons to join you

May 19-21 at The Millennium Hotel, Buffalo area. (I think that would certainly count as service!)

Hotel room reservations **deadline is April 19, 2017!!** Don't get left out.

Surely, your calendar is marked with dates for future events. No? Well here it is again.....

2017 Fall Assembly, September 22-24,

hosted by Districts 3 & 18. Election of new panel of Officers and Coordinators, Comfort Inn and Suites, North Syracuse. (*Think about what position you might stand for. Interested?? Need more info.*

Contact info: officers/coordinator on page 11)

2018 Spring Assembly/Convention, May 4-6

2018, hosted by Districts 5 & 26 At the High Peak Resorts, Lake Placid (** and all hotel rooms face Mirror Lake. Wow!)

2018 Fall Assembly: District 15 Hosting,

Comfort Inn and Suites, North Syracuse.

2019 Spring & Fall Which District is ready to say, **"Yes, We will host the Assembly?"**

??Questions, Need more info?? Contact Convention Coordinator- (that's me.)

Nancy H.

Immediate Past Delegate

Dear NYN Friends,

I don't know if you have heard, but the NY State Fair has added a day to its run this year. This year the fair will run from Wednesday, 8/23 through Monday, 9/4. We will need to staff our booth the extra day. So this year we'll need another 8 volunteers. I am really looking forward to the fair this year.

In my last article I asked if anyone or any groups had a rack to display pamphlets. I have had one response so far. So I'm asking again, if your group has a display rack that you are no longer using, could you think about donating it to NYN for the State Fair booth? We are working hard to make our booth display the best it can be.

I'll have more fair information in the coming months. At the Spring Assembly I'll have information about signing up to volunteer at the fair.

This month's theme is "Recruiting service members." My first thought was those positions above the group level. I need to remember that service takes many forms. It includes setting up the chairs, putting out literature, chairing a meeting, even being the person who says "Hello" to all who walk in the door. There are so many different forms of service.

What I have found that works for me is just to ask someone if they would be willing to do a particular job. I know that's how I began in service. Someone came to me and said there was a job on a committee that needed to be filled. They knew I would do a great job and would I consider it. I said yes to that first request, I continue to say yes when asked. I know service at any level has been a great gift of my AI-Anon program.

Gratefully in service,

Ruth S.

Archives Coordinator

Hey NYN members,

This month's topic is "Recruiting service members." Service has been a major part of my recovery. It has kept me connected to the program; when I didn't want to go to a meeting, knowing I had a service position was motivation to go. It has grown my fellowship through helping at events, getting involved in District and NYN, and going to assemblies and conventions. Without service I would not be where I am today, which is close to happy, joyous, and free. So how to get other members involved in service? I do just what I have done here, I share how service has been a main part of my program. I also let people know service is what you make of it. If you can't commit to 3 years as a GR, let your group know what you can do. They may be okay with whatever you can offer. If a service position is being done at 0%, then if you can give it 10%, that's 10% more than it was.

At a men's meeting I went to, they had a position in which you signed up to open up the place and read the opening for 3 months. At that time I said I could not commit to 3 months. Come on, I had a life (not really but wasn't letting them know that). A wise member, (knowing I needed to be there), suggested taking it for one month. I could do that and the group was fine with it (they knew how it would go). So three months later, when it was time to rotate the position, that meeting had become one of my favorite meetings. I mean, come on, a bunch of men sitting around talking about their feelings and how the program works, AWESOME!!!!!! My point is, if they had said, well you can't do three months like the description says, you can't be the secretary, I may not have gotten to know that group.

I will continue to share how service has helped me and let their HP guide them into service. (Okay, sometimes I will go up to a member and suggest they would make a good XXXX ☺)

Yours in Service,

Kevin M.

Around New York North

Rochester AIS will hold their **Annual Tureen Supper** Sunday, March 12th at St. Anne's Catholic Church, 1600 Mount Hope Avenue, from 12:30 to 4:30 PM. Please bring a dish to pass. There will be an Al-Anon and an AA speaker, baskets and raffles. This is the main AIS fundraiser for the year. Suggested donation is \$5, but no one will be turned away. This is a great event to renew old friendships, for people who have been in Al-Anon service over the years, since it typically has a large turnout.

District 2 will have a **Day of Sharing** Saturday April 1st from 10 AM to 2 PM at The First Congregational Church, 65 Church Street, in Spencerport. There will be an Al-Anon "Fact or Fiction" game, fun small group discussions, and an Al-Anon and an AA speaker. Please bring a dish to pass. Suggested donation is \$3.

District 3 will hold a **Day of Sharing** Saturday April 22nd from 9:30 to 2:30 at the N.S.E.A. office, 210 Main Street, North Syracuse. (There will be extra parking across Main St. at the school.) Al-Anon and an AA speaker. There will be a potluck lunch. Please bring a dish to pass. The theme will be: "Bloom in Al-Anon-Progress Not Perfection."

Hotel reservations for the Spring Assembly and Convention have a later deadline. They have to be in by April 19th, not the 1st.

NYN AFG 2017 Spring Assembly & Convention (with AA participation)

May 19-21, 2017 @ the Millennium Hotel, 2040 Walden Ave. Buffalo NY 14225

Hosted by District 12 (Buffalo South)

The Golden Years: Celebrating 50 Years of Serenity through Self-Discovery

Featuring Mary G. the current (Interim) Executive Director of Al-Anon Family Groups, Inc., and former long-time Western NY member who has served in many capacities over the years

Room rate/per room: \$147.88 (\$130.00 + \$17.88 tax per night 13.75%), extra nights same rate

Reservation deadline April 19 (800)323-3331Specify NYN AFG convention

There is a \$10 room upgrade available to Deluxe Courtyard that includes a pull-out couch in addition to two queen beds and a balcony overlooking the pool/atrium area

if possible give roommates' names when calling, or at least make them aware that you will be having one or more roommates, 1 night's deposit by check or credit card required to confirm/hold reservation; all rooms have internet, cable TV, mini-fridge, coffee & tea making facilities, radio alarm clock, irons and hair dryers

Check in 4pm, check out 11 am

****Alateens must have notarized permission & medical release forms and adult supervision****

Walk-in registrations are always welcome, but pre-registration is preferred

For more information email NYNAFG2017springconvntnbuffalo@gmail.com

FYI the hotel is less than two miles from the Amtrak passenger train station for anyone interested in checking out the train schedule

.....
.....
NYN AFG 2017 Spring Assembly & Convention Registration Form

PLEASE submit a separate registration form for EACH person attending

Make checks payable to NYN 2017 Spring Convention

Mail completed form to: NYN AFG Spring 2017 Convention, P. O. Box 1013, Buffalo NY 14220

REGISTRATION & BANQUET

Name: _____

Early registration (by 4/15/17) **\$15**

Address: _____

Full registration (after 4/15/17) **\$20**

Alateen Registration **\$5** \$ _____

Phone: _____

Are you registering as Al-Anon or AA?
Are you attending the Assembly meeting or Convention Panels?

email: _____

Banquet (family style/by 5/1/17) **\$35.00** \$ _____

Donation to Hospitality (greatly appreciated) \$ _____

We will confirm receipt of your registration by email

Are you a NEW Group Rep? _____

TOTAL ENCLOSED \$ _____

NEW District Rep? _____

PLEASE ADVISE OF SPECIAL NEEDS HERE:

We hope you'll "SAVE THE DATE" for the
NYN AFG Spring Assembly/Convention May 19-21, 2017
With AA and Alateen participation

Hosted by District 12, Buffalo South & part of Southern Erie County, with the help of many!

Featuring **Mary G.** as our banquet speaker, the current (Interim) Executive Director of **Al-Anon Family Groups, Inc.**, a former long-time Western NY and District 12 member, who has served as GR, DR, Chairperson of the WNY AIS, Newsletter Editor for NYN, Chairman for NYN, Delegate for NYN, WSO Trustee (Conference Chair, Literature Chair, Policy Chair, Chairman of the IAGSM, International Coordination Committee Chair, Member of Finance Committee) and member of the WSO Executive Committee

the **Golden Years**:



The lamp of knowledge

Celebrating

50 Years of **Serenity** through **Self-Discovery!**

To be held at the **Millennium Hotel** Buffalo, located in Cheektowaga NY 14225

Room rate: \$147.88 (\$130 plus \$17.88 (13.75%) tax per night), extra nights same rate

There is a \$10 room upgrade available to Deluxe Courtyard that includes a pull out couch in addition to two queen beds and a balcony overlooking the pool/atrium area

Right next to the Thruway (I-90) and Galleria Mall, and only 2 miles from the Amtrak passenger station in Depew NY if you prefer a relaxing train ride instead of driving!

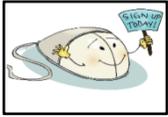
nynafg2017springconvntnbuffalo@gmail.com



Unless this is a personal subscription, this copy belongs to your group.
Please share it with them, and make each issue available at your meeting.
To insure anonymity, tear off this part before leaving it with your group.

<u>Delegate</u> Diane C. delegate@nynafg.com	<u>AlternateDelegate</u> Gwenne Ri. altdelegate@nynafg.com	<u>Immed.PastDelegate</u> Ruth S. ipd@nynafg.com	<u>Chairperson</u> Susan A. chairperson@nynafg.com
<u>Treasurer</u> Linda Allen 949 State Route 3 Plattsburgh, NY 12901 (518)578-1532 treasurer@nynafg.com	<u>Alateen</u> Walt Stein 1644 Riggall Rd Marietta, Ny 13110 (315)636-8800 alateen@nynafg.com	<u>Secretary</u> Pam Adamo 106 Beley Avenue Mattydale, NY 13211 (315)455-1608 secretary@nynafg.com	<u>Convention</u> Nancy H. convention@nynafg.com
<u>GroupRecords</u> Lynda S. records@nynafg.com	<u>Literature</u> lit@nynafg.com	<u>NYNAC</u> Leslie C. nynac@nynafg.com	<u>PublicOutreach</u> Pat H. po@nynafg.com
<u>Presentation</u> Sarah R. presentation@nynafg.com	<u>WebCoordinator</u> Molly C. web@nynafg.com	<u>Newsletter</u> John O. newsletter@nynafg.com	<u>SpanishContact</u> Cira B. Spanish@nynafg.com
<u>Archives</u> Kevin M. archives@nynafg.com	<u>Panel 49 Past Delegate</u> Elaine R. Delegate49@nynafg.com	<u>Panel 46 Past Delegate</u> Robert M. C. Delegate46@nynafg.com	<u>Panel 43 Past Delegate</u> Connie D. Delegate43@nynafg.com
<u>Panel 40 Past Delegate</u> Anne F. Delegate40@nynafg.com <u>Panel 16&19 Past Del.</u> Maxine Bi. <u>Panel 13 Past Delegate</u> Ruth F.	<u>Panel 37 Past Delegate</u> LaVaughn R. Delegate37@nynafg.com <u>Panel 34 Past Delegate</u> Sherry B.	<u>Panel 31 Past Delegate</u> Arlene M. (Deceased) <u>Panel 28 Past Delegate</u> Mary G.	<u>Panel 25 Past Delegate</u> Marcia J. <u>Panel 22 Past Delegate</u> William S. <u>Panel 4 Past Delegate</u> Helen S.

PLEASE PASS THIS NEWSLETTER ON TO OTHERS IN YOUR GROUP



Northern Hi Lights Subscription Form

While there is no specified charge for *NHL* subscriptions, in keeping with the Seventh Tradition of being fully self-supporting, **a donation of \$10 per year is suggested**, when possible, to help the Area pay for production costs. **Make checks payable and mail to:** NYN Area Assembly, PO Box 398, Morrisonville, NY 12962

All Al-Anon members are encouraged to subscribe to the *Northern Hi Lights* electronically; just e-mail your request with your name to: records@nynafg.com

If you need a hard copy, please check type of subscription: () group or () individual; () renewal or () new

Name _____

Title (GR, Sponsor, Individual, DR, etc.) _____ E-Mail Address _____

Address _____ Phone () _____

City _____ State _____ Zip _____

If Group Subscription, Group Name _____

WSO# _____ District# _____ If sent to address other than above, please include that name and address, WSO#, in writing on another piece of paper. Mail address changes and updates to: Group Records, 68 Boulderwood Drive, Queensbury, NY 12804, or Email: records@nynafg.com

NYN Area Assembly *Northern Hi Lights*
68 Boulderwood Drive
Queensbury, NY, 12804