

Spring is here on the calendar but the weather is still trying to catch up. I'm still in the process of learning all the ins and outs of my job. I've learned how to send some of the paper work by email after copying it onto my computer. So see, you can teach old dogs new tricks. Not that I am an old dog but I have been around for a few 24 hours. We need to support more Alateen meetings. Recovery is for the whole family, I'm trying to understand why there is not an Alateen meeting for every Al-Anon meeting. My best healing was in the Alateen meetings, I could relate to a lot of the sharing of the teens and validate their feelings while validating my own feelings. What a great healing. I am awed by the honest sharing of teenagers.

Love in service,

**Shirley C.**