## **NYNAC Assembly Report Spring 2009**

The **2009 NYNAC Convention will be held October 8-11, at Watson Homestead in Painted Post, NY.** Alateen Members, Sponsors and Members of Al-Anon Involved in Alateen Service are all Welcome to attend.

The Host Group "Stars of Hope Alateen Group" from Tonawanda, NY, has chosen their theme to be "H **ELP ME LIVE TODAY**'.

Arrival will be from 3-5:00 p.m. on Friday October 9<sup>th,</sup> We will be housed in the Retreat Center and hold our meeting there due to the fact that other groups will be using the cabins and Main Lodge during this weekend. We will provide a Pizza Supper. Evening events include our Opening Kick Off Meeting and some other events; Saturday will include Breakfast, Lunch, Morning and Afternoon Topic Meetings, Free time for Swimming and other activities. On Saturday Evening we will round out the night with our Dance and Talent Show. Watson Homestead will again provide a place for us to have a Campfire to have an Evening of singing and reflecting. Sunday October 11<sup>th</sup> will be our Special Gratitude and Inventory Meeting after which we will head home with thoughts of what a wonderful time we had this year at NYNAC.

The **cost** for all of this Special weekend will be**\$120.00** for teens and **Sponsors** and **\$160.00** for those who want to stay in **North Wing** (there are not many rooms available due to the fact that there are other groups at the facility that weekend) Please note that if you want linen there will be an extra cost of \$8.00.

Registration Forms were sent out by e-mail during the first 2weeks of May to all Alateen Groups, DR's and Officers and coordinators. Some were also sent by US MAIL. If you did not receive one I have copies available this weekend. Please make copies for all people who will need forms. Return all forms to the NYNAC Post Office Box which is: NYNAC- P.O. Box 15456- Syracuse, NY 13215

Note all people attending the weekend need to fill out both forms and that ANY ONE WHO IS EITHER A SPONSOR, DRIVER OR ACCOMPANING ADULT MUST BE REGISTERED WITH NY NORTH AS A "ALANON MEMBER INVOLVED IN ALATEEN SERVICE". IF WE DO NOT HAVE YOU ON OUR LIST YOU WILL NOT BE ABLE TO PARTICIPATE!!! NO EXCEPTIONS.

There is a great need for fundraising but this cannot be done on an Area Level. So please help your teens, whether you Sponsor a group or not. If there is a group in your District pleases help. Also encourage the teens to reach out for help but also teach them that we are self supporting through our own contributions so it is best that they try to do things to raise the money themselves.

The Alateen Slogan"TOGETHER WE CAN MAKE IT' includes all of us because we know that 'ALATEEN IS ALANON".

If you have any questions please feel free to contact me either by e-mail, phone or thru the New York North website.

Diane L. C

**NYNAC** Coordinator