


We continue to meet bi-monthly; feedback remains positive. During 2015 we discussed how best to support dual members interested in service work. A motion was presented and passed in January to open up all positions except for AIS Chairperson and Alternate Chairperson to dual members with full participation.

Our 2016 goals are have projects focusing on member outreach and public outreach. Currently we are working with Syracuse Behavioral Health to provide AI-Anon information at their Willow facility. This is a two-prong project. The first is to educate their staff on what is AI-Anon. We have meet with the staff twice and provided them with two hardcover copies of “How AI-Anon Works”. Additionally, we are putting together a packet of information for the family members. Each packet will include both 20 question pamphlets (S-17 & S-25), a bookmark, and an old forum (we are in need of old forums!). Additionally, SBH wanted us to provide an informational program during each family session. Currently, this is not feasible so we have provided them with WSO’s DVD “AI-Anon and Alateen’s Role in Family Recovery” (AV-31 DVD).



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We have created a bookmark to place in each newcomer's packet sold through our LDC. The primary purpose of the bookmark is to inform the newcomer how to obtain current meeting information.



Al-Anon / Alateen provides support for families and friends of alcoholics.

Current Meeting information:
For Onondaga and Oswego counties and parts of Cayuga, Madison, and Seneca is available on at **syracuseais.org**

Suggested Newcomer Tips:

- What you say or hear at a meeting stays at the meeting
- Attend at least 6 meetings
- Use your phone list
- Read Al-Anon literature daily

Remember:
Alcoholism is a disease.

- You did not **cause** it.
- You can not **control** it.
- You can not **cure** it.

For more information:
Call: (315) 471-0191
Email: contact@syracuseais.org

Respectfully Submitted,
Kathi D