

Dear NYN:

Good news! I have now sent out eight welcome letters to new groups since January, 2015. The last two were to District #22, Rays of Light and Hope in Queensbury and District 10, Peace and Progress AFG in Waverly. The districts I have sent letters to include: District #4, two to #8, #10, #27, #21, and #22, in addition to a new Rochester Alateen group.

In addition to sending welcome letters to new groups, I have continued to write a monthly article for the *Northern Hi Lights* newsletter each month, including a section on something interesting from *The Forum*. I have been reading my E-Communities online forum where questions are posed and members provide answers or insight. The latest questions were: How do groups include people dealing with substances other than alcoholism, and how to manage visitors to Al-Anon meetings who are observing for college credit, etc.

I have volunteered to head a traveling skit committee to groups within our district, so am looking forward to getting familiarized with what's available on the WSO website and elsewhere.

Gwenne R.