

HELP WANTED

I am looking for someone to:

- a) help update this newsletter's (*Northern Hi Lights, NHL*) stated purpose,
- b) set up guidelines for officer and coordinator articles, and
- c) generally offer suggestions and ideas for content and layout to help keep NHL relevant and interesting.

Does anyone (perhaps a past NHL editor) know where the current stated purpose originated?

On this month's topic of surrender:

What comes to mind as I walk on my farm past the trees on my lane is that there are at least two ways to think of surrender: a) surrendering to DEFEAT (a negative) or b) surrendering our will to JOY. The branches of the trees gently blowing in the breeze show me how I can surrender my will to JOY. When I give up my attempts to control or resist what is, I can relax and enjoy the ride. This allows just enough space to enter my brain to open me to new possibilities. My natural state as a creation of the universe is one of JOY, so finding JOY is only a process of letting go. One way to be is to be like a tree.

Gwenne R.