

1. Leave Crying House Bookmark & Schedule in Doctor's office.
2. Attend College Health Fair.
3. Leave Al-Anon Faces Alcoholism & Schedule on Counselor's office.
4. Live the Al-Anon program and others will follow.
5. Leave a copy of Al-Anon Faces Alcoholism for family members at prison. Include a packet with additional information and leave in Visitor's Center.
6. Gently plant a seed with outsider (Have you ever heard of Al-Anon?)
7. Have a table display whenever and wherever possible.
8. Keep copies of literature in your car.(Ready for a Higher Power prompt)
9. Purchase CAL and donate to local libraries.
10. Leave material at Health Care Facilities, Hospitals, Alcohol and Drug Rehabs, Doctor's Office and Nursing Homes.
11. Leave information at Counseling Centers, Local Correction Facilities.
12. Have a Meeting on Wheels.
13. The Steps give us the footwork.
14. Bring Al-Anon literature to schools geared for children.
15. Leave Al-Anon literature at Beauty Salons, Vet's Office, Lawyer's Office.
16. Leave Al-Anon literature at Teen Rehabs and have an orientation meeting if possible for Parent's and concerned family members.
17. Bring literature to Mental Health Facilities and to professionals.
18. Step into service.
19. Create a professional package.
20. Leave literature Grocery Stores and Airports.
21. Start a new Alateen or Al-Anon Meeting.
22. Leave schedules on Community Bulletin Boards, at YMCA, Courts and Visitor Centers.
23. Members leave Business Cards with contact information.
24. Put Bookmarks in local Food Pantry Bags.
25. Distribute Forums to soldiers in Iraq. Leave information for the military wherever possible.
26. Call local papers and see if meetings can be listed as public service.
27. Use tear-off flyers with A.I.S , local answering service phone number & WSO phone number.
28. Reach out to Shut - ins. Offer to be pen pal to an isolated member.
29. Meet me at a meeting & learn to be happy, joy us & free.
30. Encourage personal subscriptions to the Forum.
31. Talk to AA groups in your area and volunteer to be a speaker at open AA meetings.
32. Have Al-Anon packets available for the clergy.
33. Packets can include a schedule and informational comments on what Al-Anon is. Leave in hospital waiting rooms, dental offices, & medical clinics.
34. Make presentations at Rotary, Elks, and VFW.
35. Leave literature with Justice of the Peace.
36. Order and distribute Outreach literature.
37. Get group to participate in ordering and distributing Public Outreach information,