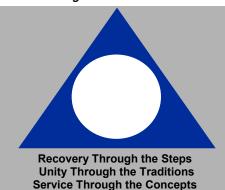
#### Northern Hi Lights Volume 45 Issue 10



Inside This Issue

Topic: To my successor;

Table of Contents:

- 1. Area Delegate
- 2. PublicOutreachCoordinator Group Records Coordinator
- 3. Archive Coordinator Website Coordinator
- 4. Treasurers Report
- 5. Newsletter Editor Panel 58 Members
- 6. Spring2018Assembly/Convention Registration
- 7. Contact Information
- 8. Subscription Form

Newsletter Editor: John O.

Proofreaders: Gwenne R., Connie D.

Technical Support: Pat H., District 2

# **Northern Hi Lights** *Al-Anon News from New York North Area*

## **Area Delegate Panel 55**

#### Hello NYN,

First of all, I want to apologize for not writing an article in the November *Northern Hi-Lights*. My personal life got in the way of my service to Al-Anon.

There are a few thing I would like you to think about, and act upon, after you finish reading this month's newsletter:

- Go to the <u>Al-Anon.org</u> website. There you will see the newlydesigned website that has so much information for members, groups and the public.
- Register For the 2018 Al-Anon International Convention to be held in Baltimore, Md. July 6-8, 2018. The price for will be \$150.00 if you register before December 31,2017
- Sign up to attend "A Day of Connection" preview day on July 5, 2018. There you will meet others who are involved in service, members of World Service, learn about our Legacies, our Slogans, and Leadership, meet up with other members from all over the world, and meet old friends! (continued, pg. 2)

#### **Mission Statement**

**Northern Hi Lights** is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all Service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include Service Reports from the Delegate, Officers and Coordinators of the Area; and pertinent Service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

Submissions: Email by the 15th of the month prior, to: <u>newsletter@nynafg.com</u> When submitting reports, keep in mind that all quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your 2014Service Manual). Announcements should be submitted at least 6 weeks before event.

**Subscriptions: Suggested donation of \$10/year when possible (see back page):** All Al-Anon members are encouraged to subscribe **(electronically if possible)** to receive an individual copy. A copy will automatically be sent to each Group Representative onrecord with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

For more information visit the following websites: New York North: <u>www.nynafg.com</u> WSO: <u>www.al-anon.alateen.org</u> *Northern Hi Lights* Volume 45 Issue 10 (Delegate, continued from page 1)

 Encourage your group or district to show their gratitude for this program by sending an end of the year donation to the WSO. Many of us are unable to carry the message of recovery outside of our town or neighborhood, but our donations combined all together can do it for us.

Because this is my last article as your New York North Delegate, I would like to say that it has been a privilege to represent you, and I hope I have helped your groups to learn a little more about Al-Anon.

Please give your support to Molly C., our new Delegate and to all of the Panel 58 trusted servants. They will be doing their part for our Area, so please step up to service and fill in the positions that they previously held. You will experience a growth in your recovery beyond your wildest dreams.

### Diane C.

## **Public Outreach Coordinator**

Happy Holiday's everyone,

I wish all of you and your families much love and peace in this upcoming New Year. I have enjoyed being your public outreach coordinator for the last three years, thank you. Carrying the message of Al-Anon to those that are still suffering is an experience that brings me a quiet peace.

Connie D., our public outreach coordinator for the next three years, will bring much experience, strength, and hope to this position. I look forward to working with Connie in my own small way. A few reminders:

- The deadline to order the second printing of Al-Anon Faces Alcoholism 2018 is February 7<sup>th</sup>, 2018, 5 pm ET.
- The 2018 Al-Anon Membership Survey will take place online from January 10<sup>th</sup> to February 27<sup>th</sup>, 2018. This survey is Conference Approved and has been conducted once every three years since 1984. The survey will be posted on the WSO website.

Thank you all for helping in 12<sup>th</sup> Step work by making presentations to professionals, participating in health fairs, the NY State Fair, bringing meetings into recovery houses, and treatment centers for families, placing location of our meetings in local newspapers, PSA's, and the distribution of our *AI*-*Anon faces Alcoholism* throughout our communities. Let's continue this important service!

Together we can make a difference.

Pat H.

## Group Records Coordinator Hello NYN,

I cannot believe three years is up, that time went fast. Patti and I met for our transition, and I want you all to know NYN is in good hands. She has done this type of work in the past. As I looked around at the other people at the transition meeting, I was very much impressed with our new panel of officers and coordinators. I know that with help from the outgoing panel, and other people who have done the jobs before them, they will have many resources available. It is truly impressive the way this program works, and the love and support that is available, if we just ask. Let us all remember to be encouraging to newcomers, whether it is a service position or just someone willing to help with setup and cleanup of our meeting rooms. Remember, we were there once, and without the

support we received we wouldn't be where we are today. In order to keep it we must give it away. Thank you all for allowing me to serve you in this position and allowing me to make mistakes and helping me get through it. With love and gratitude,

## Lynda S.

## **Archives Coordinator**

Hey NYN members,

My time as NYN Archives Coordinator is almost up. Thank you for letting me serve as Archives Coordinator. It has been a pleasure. This has been my first service at an Area level. My recovery has grown from it. I was able to learn more about the Traditions and Concepts and practice these principles in all our affairs. The fellowship has been amazing. I was surprised at the last few conventions, by how many people I now know. My fellowship circle is growing. I learned much about the history of NYN. Doing this service has really helped connect me to the NYN Area.

I did the job the best I could, and did not do it alone. That is what I want to pass along to the new Archives Coordinator and to all the new officers and coordinators: you don't have to do it like the previous coordinators--you can do it your way, and to the best of your abilities. You are not alone. We are all here to help, including WSO, where you get to join AFG connects, which puts you in contact with coordinators from all over. I wish you much support and growth in your upcoming service.

Thank you again for letting me serve NYN, and I look forward to serving as Convention Coordinator to continue my growth and learn more about NYN (like what counties all these Districts are in  $\bigcirc$ ) Yours in Service,

### Kevin M.

## Web Coordinator

#### Hello NYN,

I am at the end of a NYN Area service position again.

To my successor, the best I have to share is that you are not alone. Any information you need to respond to the "NYN Contact Us" emails is in the "book" – the Al-Anon/Alateen Service Manual, or on the WSO web site.

My reports were dull - 173 emails received and responded to - giving hope and helping people find meetings and answers to their questions.

The work is interesting and satisfying: uploading and linking flyers to events posted on the NYN web site Calendar of events, projecting reports and video presentations at assemblies, having contact with Al-Anon members, newcomers, group and district reps, area officers and coordinators, professionals, non-professionals, and anyone who contacts our web site.

My Higher Power was right again! It's so good to be able to trust my feelings. I have always benefited by saying "yes" when invited by my Al-Anon family to serve.

Thank you all for the opportunity,

### Molly C.

## Treasurer's Report

Hello, NYN Family!

With holidays fast approaching, time is at a premium these days! But one thing Al-Anon has taught me is to take time for ME!! I am, as I hope each and every one of YOU is, too!

#### Donations received in the month of October:

| GR Name          | Gr #            | Amt          |
|------------------|-----------------|--------------|
| Progr Not Perf   | <u>30606210</u> | <u>53.00</u> |
| UNK              | 9676            | 20.00        |
| Tues Night       | 30524821        | 45.00        |
| UNK              | 27134           | 30.00        |
| UNK              | UNK             | 30.00        |
| Faith & Hope     | 30375           | 20.00        |
| Exper,Stren&Hope | UNK             | 40.00        |
| Keep It Simple   | 66096           | 15.00        |
| Andes            | 30661311        | 60.00        |
| Courage Tues     | 48141           | 5.00         |
| Friday           | 9828            | 30.00        |
| Serenity Seekers | 30576552        | 25.00        |
| Penn Yan         | 10187           | 120.00       |
| Fri Morn         | 9710            | 60.00        |
| District 10      | n/a             | 100.00       |
| Chittenango      | 9677            | 15.00        |
| Courage Tues     | 48141           | 10.00        |
| District 17      | n/a             | 50.00        |
| J'town Thurs     | 9830            | 60.00        |
| Concord          | 62569           | 50.00        |
| Legacy           | 42113           | 25.00        |
| UNK              | 9763            | 45.00        |
| UNK              | UNK             | 10.00        |
| District 1       | n/a             | 50.00        |

As you can see, we are still working on progress in having your donations submitted with GROUP NAMES & WSO ID #'s. Maybe we can continue to progress for the benefit of our new treasurer! Thanks!

There were no paid subscriptions to NHL.

### Expenses paid since the last article:

| Ruth S.                  | 30.51   |
|--------------------------|---------|
|                          | 49.00   |
| Sarah R. 2017 Fall Assy  | 49.00   |
| Kevin M.                 | 35.00   |
| US Postal Svc            | 27.40   |
| Walter S.                | 16.40   |
| Leslie C.                | 24.60   |
| Gwenne R.                | 108.74  |
| John O.                  | 49.00   |
| AFG Inc (donation)       | 1000.00 |
| AFG Inc. (Del. Eq. Exp.) | 2150.00 |
| NSEA                     | 50.00   |
|                          |         |

### Current balances are as follows:

| Regular Checking:    | \$21,202.99 |
|----------------------|-------------|
| Reserve Checking:    | 10,375.20   |
| Sage Rutty Mut Fund: | 2,977.23    |

This month's topic is a message for my successor, who is Pam A:

First of all, Pam, THANK YOU, THANK YOU, THANK YOU!!!!! I never would have been able to get through my first year as Treasurer (or, the other FOUR years, come to think of it!!!) without your CONSTANT, IMMENSE help in EVERYTHING!!!! So, NYN, please be assured that our funds are in extremely COMPETENT, CAPABLE hands, as I know Pam has been an ever-present resource to many treasurers, having served in this position previously!! Pam, I know you will continue to provide amazing service to NYN, as you have for as long as I can remember!! People like you are an inspiration to me!! THANK YOU!!!!! To ALL of my NYN family, I extend a heartfelt THANK YOU for all of your support (financially and personally!!) over the preceding five years!! You all rock!!

Love and Hugs in Service,

## Linda A.

### SENDING DONATIONS To New York North Donations should be sent by check or money order. DO NOT SEND CASH!! Make payable to: NYN Area Assembly PO Box 398, Morrisonville, NY 12962 Add group's registered name and group's ID Number (VERY Important)

## **Newsletter Editor**

What I want to pass on to my successor is that I didn't have to do this job alone, and for a long time, couldn't have done it without my proofreaders Connie B. and Gwenne R. and Pat H. from District 2, an expert on the word processor. Word processors are my nemesis.

Proofreaders made it easier because they caught the mistakes that would have taken me forever to find, saving me a lot of effort. Pat H. took my messed-up pages and made them presentable.

This positions was another one of those growth experiences that stretched my capabilities, and that proved doable. I'm grateful for the opportunity to grow, and now have another challenge as Alternate Delegate. Six years ago, I thought being a District Representative would be my last hurrah, since I was "over the hill" age-wise. Today, I don't feel that way, and hope there is a service position available for me as long as I can serve competently.

### John O.

## Panel 58 Members

Delegate Panel 58; Molly C., Alt. Delegate; John O. Chairperson; Ruth S., Secretary; Kathleen M. Treasurer: Pam A. Alateen Coordinator; Sandy A. AMIAS PROCESS PERSON; Mary Beth G. Convention Coordinator; Kevin M. Group Records Coordinator: Patti M. Literature Coordinator; Michael R. Newsletter Coordinator; Nancy O. NYNAC Coordinator: Leslie C. Presentation Coordinator; Danae K.-R., Public Outreach Coordinator: Connie D., Web Coordinator: Nancy P. Immediate Past Delegate; Diane C.

In January, the new panel members will assume the email addresses of their predecessors. (E.g. <u>delegate@nynafg.com</u>) as shown on the page 7 contact sheet. NYN AFG Spring Assembly and Convention May 4-6, 2018 Hosted by Districts 5 & 26 \*\*\*\*AI-Anon & Alateen Convention with AA Participation\*\*\*\*

> <u>Hotel Reservations</u> Room Reservation Deadline <u>April 4, 2018</u> High Peaks Resort 2384 Saranac Avenue Lake Placid, NY 12946 (518)523-4411

Room Rate: \$145 + \$15.95 (tax) per night To confirm reservation, one night's deposit by check or credit card is required. Please list roommates' names.

For reservations call (518)523-4411 (mention NYN North AFG for rate)

Check in: 4 PM and Check out: 11 AM

\*\*Alateens must have notarized permission slips / medical release forms and adult supervision\*\*

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NYN AFG 2018 Spring Assembly / Convention Registration Form

Make Checks Payable to: NYN AFG 2018 Spring Assembly / Convention

| Name:                                                                                                                                                                                                                                              | Early Registration (before 3/30/18)  | \$15 |     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|------|-----|
| Address:                                                                                                                                                                                                                                           | Full Registration (after 3/30/18)    | \$20 |     |
| City / State /Zip                                                                                                                                                                                                                                  | Alateen Registration:                | \$12 |     |
| Phone Number: ( )                                                                                                                                                                                                                                  | Dinner Banquet: \$35 (Deadline 4/15) | /18) |     |
| Email:                                                                                                                                                                                                                                             | Donation to Hospitality              |      |     |
| Cell Phone: ( )                                                                                                                                                                                                                                    | Total Enclosed:                      |      |     |
| · · ·                                                                                                                                                                                                                                              | SEE PAYMENT INFO ON BACK             | OF P | AGE |
| Are you a new Group Representative?<br>Are you a new District Representative?<br>Are you registering as AI-AnonAla<br>Are you here to attend the Convention?<br>Are you here to attend the Assembly? ((<br>*All are welcome to attend the Assembly | GRs, DRs, Officers, Coordinators)    |      |     |
| Mail to: NYN AFG 2018 Spring Assembly                                                                                                                                                                                                              | and Convention                       |      |     |

Massena, New York 13662

| Unless this i<br>Please share                                                                                                                   | you know whom to contact<br>s a personal subscription<br>t with them, and make ea<br>onymity, tear off this part<br><u>AlternateDelegate</u><br>Gwenne R.<br><u>altdelegate@nynafg.com</u> | , this copy belongs to yo<br>ach issue available at yo                                 | b <mark>ur group.</mark><br>ur meeting.                                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| <u>Treasurer</u>                                                                                                                                | Alateen                                                                                                                                                                                    | Secretary                                                                              | Convention                                                                                                       |
| Linda A.                                                                                                                                        | Walt S.                                                                                                                                                                                    | Pam A.                                                                                 | Nancy H.                                                                                                         |
| <u>treasurer@nynafg.com</u>                                                                                                                     | alateen@nynafg.com                                                                                                                                                                         | secretary@nynafg.com                                                                   | convention@nynafg.com                                                                                            |
| GroupRecords                                                                                                                                    | Literature                                                                                                                                                                                 | NYNAC                                                                                  | PublicOutreach                                                                                                   |
| Lynda S.                                                                                                                                        | Gwenne R.                                                                                                                                                                                  | Leslie C.                                                                              | Pat H.                                                                                                           |
| records@nynafg.com                                                                                                                              | <u>lit@nynafg.com</u>                                                                                                                                                                      | nynac@nynafg.com                                                                       | po@nynafg.com                                                                                                    |
| Presentation                                                                                                                                    | WebCoordinator                                                                                                                                                                             | <u>Newsletter</u>                                                                      | SpanishContact                                                                                                   |
| Sarah R.                                                                                                                                        | Molly C.                                                                                                                                                                                   | John O.                                                                                | Cira B.                                                                                                          |
| presentation@nynafg.com                                                                                                                         | web@nynafg.com                                                                                                                                                                             | <u>newsletter@nynafg.com</u>                                                           | Spanish@nynafg.com                                                                                               |
| Archives                                                                                                                                        | Panel 49 Past Delegate                                                                                                                                                                     | Panel 46 Past Delegate                                                                 | Panel 43 Past Delegate                                                                                           |
| Kevin M.                                                                                                                                        | Elaine R.                                                                                                                                                                                  | Robert M. C.                                                                           | Connie D.                                                                                                        |
| archives@nynafg.com                                                                                                                             | Delegate49@nynafg.com                                                                                                                                                                      | Delegate46@nynafg.com                                                                  | Delegate43@nynafg.com                                                                                            |
| Panel 40 Past Delegate<br>Anne F.<br>Delegate40@nynafg.com<br>Panel 16&19 Past Del.<br>Maxine Bierlein<br>Panel 13 Past Delegate<br>Ruth Foster | Panel 37 Past Delegate<br>LaVaughn R.<br>Delegate37@nynafg.com<br>Panel 34 Past Delegate<br>Sherry B.                                                                                      | Panel 31 Past Delegate<br>Arlene M.<br>(Deceased)<br>Panel 28 Past Delegate<br>Mary G. | Panel 25 Past Delegate<br>Marcia J.<br>Panel 22 Past Delegate<br>William S.<br>Panel 4 Past Delegate<br>Helen S. |

| While there is in keeping with the                                                                                                                                                                                                                        | <i>hern HiLights</i> Subscription Form<br>no specified charge for <i>NHL</i> subscri<br>Seventh Tradition of being fully self | -supporting, |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------|--|
| a donation of \$10 per year is suggested, when possible, to help the Area pay for production costs.                                                                                                                                                       |                                                                                                                               |              |  |
| Make checks payable and mail to: NYN Area Assembly, PO Box 398, Morrisonville, NY 12962<br>All Al-Anon members are encouraged to subscribe to the <i>Northern HiLights</i> electronically; just e-mail your request with your                             |                                                                                                                               |              |  |
| name to: records@nynafg.com                                                                                                                                                                                                                               |                                                                                                                               |              |  |
| If you need a hard copy, please check type of subscription: () group or () individual; () renewal or () new                                                                                                                                               |                                                                                                                               |              |  |
| Name   Title (GR, Sponsor, Individual, DR, etc.)E-Mail Address                                                                                                                                                                                            |                                                                                                                               |              |  |
| Address                                                                                                                                                                                                                                                   |                                                                                                                               |              |  |
| City                                                                                                                                                                                                                                                      | State                                                                                                                         | Zip          |  |
| If Group Subscription, Group Name                                                                                                                                                                                                                         |                                                                                                                               |              |  |
| WSO#                                                                                                                                                                                                                                                      | District#                                                                                                                     |              |  |
| If sent to address other than above, please include that name and address, WSO#, in writing on another piece of paper.<br>Mail address changes and updates to: Group Records, 68 Boulderwood Drive, Queensbury, NY 12804, or Email:<br>records@nynafg.com |                                                                                                                               |              |  |

Northern Hi Lights 68 Boulderwood Drive Queensbury, NY