



Recovery Through the Steps
Unity Through the Traditions
Service Through the Concepts

Northern Hi Lights

Al-Anon News from New York North Area

Thoughts From Our Area Chair:

Alateen is Al-Anon. We all hear this said, but do we really understand what it means? I understand it to mean that Alateen is part of Al-Anon, that it's the same program; the only difference is the age of the members. We are encouraged to use "AFG" when referring to our program, "Al-Anon Family Groups." To me, that is inclusive of all members of a family of an alcoholic. Alcoholism knows no boundaries; it affects all members of a family. Younger people feel the same things adults feel and should not be denied help because of age. I often wonder, if I had known about Alateen many years ago, how different my life may have been. Alateens are the future of Al-Anon, and don't we want our program around for those we love who haven't yet discovered Al-Anon?

To me, the phrase, "Alateen is Al-Anon," also means that if a teen comes to an Al-Anon meeting they should be welcomed as a member of Al-Anon, not told this meeting is not for them. A younger member can be encouraged to try an Alateen meeting if one is available nearby; however they should not be turned away. Tradition Three states, "The only requirement for membership is that there be a problem of alcoholism in a relative or friend." Tradition Five tells us that, "Our groups have but one purpose, to help families of alcoholics." Neither tradition specifies age.

As "AFG" members, we need to think about what we as individuals can do to welcome and give comfort to younger family members of Alcoholics. In order for Alateen to survive, it needs help from Al-Anon members. That help means more than just in a financial capacity. ***I recently found out that in New York North***

Northern Hi Lights is the monthly service publication of the New York North AFG Assembly Area. It is intended to keep the Area informed of all service related projects and activities at the District, AIS, and Area levels in between Assemblies. It will not contain poetry or personal recovery stories. Content of each issue will include service reports from the Delegate, Officers, and Coordinators of the Area and pertinent service topics from the World Service Office. Reports from Districts and Information Services will be included as space allows. ***Announcements should be submitted at least 6 weeks before Event.*** ***Northern Hi Lights*** is not copyrighted. It is not conference approved literature.

Email submissions by the 15th of the month prior, to: newsletter@nynafg.com

Groups are requested to pay for a subscription at \$7.50 per year. A copy is sent to the Group Representative of each group on record with the Group Records Coordinator unless we have specific instructions about a Group Mailing Address. The address label is on the back page.

For more information visit the following websites:

New York North: www.nynafg.com
WSO: www.al-anon.alateen.org

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(NYN) there are only nine, yes, I said "9" active Alateen meetings, actual meetings where kids are attending, with approximately 60-70 teens attending. As an Area, we need to put our thinking caps on, brainstorm and ask ourselves what WE can do to make Alateen, "Al-Anon." As individuals, we can reach out to Alateen meeting sponsors and support them. As districts, we can invite the Alateens to district meetings and gatherings. We can think about Public Outreach as it relates to the teenager who has been affected by someone's drinking. Teens hurt just as much as adults, and Alateen being available to teens might literally mean the difference between life and death. The next time you meditate, take a few moments to think about the reason you came to Al-Anon, and then think about what you can do to make sure Alateen is Al-Anon, and what you can do to help those younger members living with the effects of alcoholism. Have you ever heard an Alateen member share? They share the same things that are shared in Al-Anon meetings. They share from the heart and they express their feelings in a safe environment. They say what they feel and mean what they say. They too have been affected by someone's drinking and are suffering. Please use the articles in this newsletter to start the discussions in your groups about "Alateen is Al-Anon."

I hope you all have a wonderful holiday season and a great new year. Start planning for the Spring Assembly/Convention in May.

Together We Can Make It,

Pam A.



Notice: New Address

SENDING DONATIONS TO NEW YORK NORTH

Donations should be sent by check or money order.
DO NOT SEND CASH!!

Make payable to:
NYN Area Assembly
PO Box 398

Morrisonville, NY 12962

Add Group's registered name & the Group's ID Number (Very Important)

Alternate Delegate/Forum:

Each Month in the *Forum* magazine there is a section devoted to Alateen and how the Alateen has helped young people whose lives have been affected by Alcoholism. Alateen members and Alateen sponsors share their Experience, Strength and Hope through sharing what the Alateen Program has done for them. These articles are not just meant for the Alateen members, but are a tool to help all members of Al-Anon/Alateen with our recovery.

As I read these articles in the *Forum*, I am reminded that the topics are not just about things that teenagers experience, but are things that I hear about, or have heard others share in my Al-Anon meetings. It is as if they are right there sitting next to us as they share. They have some of the same feelings and thoughts about how alcoholism has effected their lives, and how they have found solutions to their problems through their meetings (just as we have).

As you read along, you will notice how our topics are very similar. **Here are a few titles from some of this year's *Forum*: (Alateen topic in Bold and Al-Anon meeting after):**

February: **I learned to trust my Mom--again.** (Trust is a big issue we hear about in our meetings. Trust is hard to do, because the loss of it was one of the things that brought us to the program.)

March: **The choice is clear when I am willing to listen.** (Making Choices-"Let Go and Let God").

April: **The Serenity Prayer is my moment of Silence. Using the Serenity Prayer to start our Day.** (Finding Serenity and Keeping it; Serenity does not show up one day and we keep it forever).

May: **I am Grateful to be an Alateen Sponsor.** (The Joys of Sponsorship-being a Sponsor or Sponsee has many rewards. *Sponsorship-What's it all about Pamphlet -M78*).

October: **I learned how to deal with my emotions.** (What my real emotions are and how to identify them; feelings are not facts).

Please feel free to submit your Al-Anon story to the *Forum*, and encourage your Alateen Member to write also (instructions can be found on the Al-Anon Website at www.alanon.alateen.org). Also, please do not skip this portion of the *Forum* because you will miss some real gems.

Diane C.

Area Delegate, Panel 52:

Dear NYN Friends,

Well, this is our last *NHL (Northern Hi Lights)* article for 2013. I can't believe that another year is almost over. As of December 31, I will have completed two years of my three-year term as Delegate! I have to say that this has been such a gift to me. It has allowed me to have a lot of contact with other AI-Anon members throughout all of New York North (NYN); contact with people I might never have met if not for this position; again, such a wonderful gift.

A couple weeks ago, I lead a workshop at the HMB AA Convention in Utica. The workshop was entitled, "If you want it, Here it is (Attracting Newcomers/Retaining members)." When I walked into the room, I did see many people whom I knew, but there were many more people whom I had not met before. It was really a treat to lead this workshop. I told the members there that I wanted to share some of my thoughts in my next *Northern Hi Light's* article; that's what I am doing today.

While I shared a little of my thoughts on the theme of the workshop, most of what was discussed came from those who attended the workshop. Two questions were asked: 1. What brought you to your second meeting? 2. How does your group welcome a newcomer?

There was a lot of sharing on both questions. On the first question, some of the sharings included the happiness of those in the rooms; the acceptance of those in the rooms. People talked about phone numbers, calling people between the first and second meeting, having someone from that first meeting calling them during the week just to check in. Others shared about personal invitations to keep coming back. Of course, for some it was the hugs, for others the feeling of being home.

The second question brought just as lively a conversation on how groups and individuals welcome newcomers and also retain long-timers. Again, the personal invitation to be part of the group, to do service within the group or to use the phone numbers given. The hugs, the smiles and laughter of those in the meetings where all things that worked to welcome and encourage people to come back. Calling the newcomer between meetings, and calling the long-timer who you haven't seen in a while also help to keep people coming back. One of my personal favorites is the invitation for a cup of coffee either before or after a meeting.

As I listened to people share that Saturday afternoon, I realized that those things that brought people to their second meeting were just what groups and individuals were doing. Seems so simple, but sometimes we do overlook the forest for the trees. I know, for me, I just need to be reminded of the basics. I was so happy with how the workshop turned out.

This month's theme is "Alateen is AI-Anon." I shared a lot last month on Alateen and NYNAC. After attending meetings with the Alateens, I saw how true this statement is. They are trying to deal with living with or caring for an alcoholic the same as me. They are using the same tools as I am: meetings, CAL, sponsors and the phone, the same as me. I need to let go of my prejudices and just listen. I have learned a lot from listening to the Alateens.

Gratefully in Service,

Ruth S.

Deadline for submissions to the
January/February 2014 issue of NHL is
December 15, 2013

Topic: "Courage to change the things we can"

Immediate Past Delegate:

When I began to think about the topic for this month's sharing, I knew that I would need to go back in our history and see how Alateen evolved from AI-Anon. So I went searching in *Many Voices, One Journey* to learn how this happened. What we know about our early history is that the family members of those early alcoholics would often meet in another room, and after a time came to realize that the Twelve Steps the alcoholics were practicing so that they could have sobriety, would also work for the family members as they tried to recover from the effects of living with the disease of alcoholism. The teens were always welcome in these early meetings.

Alateen's early beginnings started in 1956, when a 17-year old named Robert from Pasadena, California, wrote to the AI-Anon Family Group Headquarters explaining what the teens were doing and why. They called it Alateen (See 74-75 of *Many Voices, One Journey*).

If we go to the "Policy" section of the *Service Manual*, pg. 77, "Membership and Groups," the very first topic is "Membership Eligibility." Here, it is stated that, "anyone who feels his personal life is or has been deeply affected by close contact with a problem drinker is eligible for membership in AI-Anon/Alateen."

Also, if we look at the wording of the Twelve Steps, they are identical. In the Twelve Traditions, there are only slight word changes to reflect each part of our program. Even the literature reflects the perspective of the teen and passes through the Conference Approved Literature (CAL) process; and the sharings of teens are included in our monthly *Forum* magazine.

I think it's important in our present day to be more cognizant of these facts as we struggle to have good, well attended, Alateen meetings; and where there are no Alateen meetings, we need to be open to welcoming the Alateens into our AI-Anon meetings. **At the 2010 World Service Conference, there was a presentation by a "Thought Force" whose charge was to look at "Integrating Alateen into AI-Anon Where No Alateen Meeting Existed."** The committee developed a number of strategies to aide us in making this possible. The strategies were divided into three major themes: Education and Training, Fellowship Outreach and Public Outreach. The presentation of these strategies was followed by discussion from the conference floor as to what they liked and didn't like of the strategies. For more details of this presentation see pgs. 47-49 of the *2010 World Service Conference Summary*. This can be seen and downloaded from the member site of the World Service Office.

One of the tools that was developed and sent to all registered groups, which supports this idea, is the **Alateen Table Card (M-80)**, which reminds AI-Anon members that Alateen is available for their children. When there are so many AI-Anon members who have been blessed with recovery in the AI-Anon program; why would they not want the same for their children? We need to ask this question of our members and encourage them to help this happen; alcoholism is a family disease.

Are Alateens welcome at your AI-Anon meeting? If not; why not? Alateen is AI-Anon.

Grateful to be in service,

Elaine R.

Area Treasurer:

Hello NYN Family!

The Area Treasury is still in transition. I have received some donations and correspondence, but I don't want to acknowledge some without acknowledging ALL of them, some of which may have been mailed to Loretta or Pam. Once the transition is complete, I will gratefully acknowledge group and district donations in each newsletter. Thank you for your patience in this matter!

Regarding "Alateen is AI-Anon," I would just like to start by saying that this is a subject very near and dear to my heart. As an AMIAS (AI-Anon Member Involved in Alateen Service) since District 5 began our current Alateen group in October of 2006, I have to say that the connection between an Alateen sponsor and the teens is a very special one! I hurt when they hurt. I cry when they cry. I laugh when they laugh. I shine with pride when they succeed, and sometimes I even cry happy tears! That is why, when an Alateen reports that they went to an AI-Anon meeting and were feeling excluded, I have very strong feelings. Yes, sometimes Alateens look very different from us (numerous piercings, tattoos, different colored hair, clothing)! But imagine what WE look like to THEM! THEIR recovery is just as important to them as ours is to us!

Alateens need our support, love, and encouragement. They speak the same language as we do, and that is the language of RECOVERY. I hope that I can always be open-minded when an Alateen enters a regular AI-Anon meeting. Let's remember that Alateen IS AI-Anon, and act accordingly.

In Loving Service,

Linda A.

Literature Coordinator:

Hi Everyone,

I am happy to share with you another exciting announcement, our second e-book:

Al-Anon's basic book, ***How Al-Anon Works for Families & Friends of Alcoholics***, is now available as an e-book from the Apple iTunes store. It can be read on Apple computers and iPhones. The book (eB-22) is priced at \$14.99.

This announcement is informational only, and is not an endorsement of Apple computer and its products. Due to a combination of business and technology issues, the electronic version of *How Al-Anon Works* is available only from the Apple iTunes store at this time. Other e-book vendors may offer an electronic version of *How Al-Anon Works* at a later date. This announcement was made with the approval of Al-Anon's Policy Committee, which recognized at its October 2013 meeting that there was no other way to announce the availability of this e-book without stating specifically where the e-book could be acquired. In June 2012, the Policy Committee reported to Conference members that using outside vendors to sell electronic Conference Approved Literature (CAL) reflects the realities of today's technology environment and is not an endorsement of, or affiliation with, an outside entity.

Our new **updated Service Manual, 2014-2017 (P-24/27)**, is available in English on the Members' Website, www.al-anon.alateen.org/members. Spanish and French versions will be posted by year-end. Complimentary printed copies will be mailed to groups in early 2014.

The electronic version of ***The Forum*** is still a work in progress and, as soon as it is available, I will let you know.

Alateen is Al-Anon is our topic this month. In The "Suggested Alateen Preamble to the Twelve Steps" it states, "Alateen, part of the Al-Anon Family Groups, is a fellowship of young people whose lives have been affected by alcoholism in a family

member or close friend. We help each other by sharing our experience, strength, and hope." That is exactly what we did at our recent Day of Sharing for our District #29.

We were fortunate to have a couple of teens and their sponsors come from Syracuse. The teens participated in our skit and workshops. We also had both Alateen and Al-Anon speakers. All of our Alateen/Al-Anon Literature was on display. We worked and laughed together as a family, the Al-Anon family.

Happy Holidays to you and to your families.
Gratefully,

Pat H.

Alateen Coordinator:

Our Topic this month is "Alateen is Al-Anon." I have had time to reflect on the recent New York North Alateen Conference (NYNAC) and all the feelings surrounding that weekend; and the Al-Anon program as a whole. I want to share my thoughts from my perspective. Alateen is the Al-Anon program for young adults; and we are encouraged to share our program with both the teens and the adults, as it really is one program. The group conscience meeting at the end of the NYNAC weekend is designed to share concerns about the weekend so we can reason things out and not have any unresolved feelings about what happened. A Group Conscience allows **everyone present** to have a voice. The Fifth Concept: "The rights of appeal and petition protect minorities and insure that they be heard." We are a program of equals. Our program teaches us that knowing how to talk things over in a healthy manner and come to a "Knowledge-Based Decision," is the best road to resolution, and therefore, serenity.

The Fourth Concept is, "Participation is the key to harmony." If we begin to openly discuss with each other our greatest concerns, with the use of the foundations of our new lives, the Al-Anon/Alateen program, we may gain the harmony of learning to work together for the greatest good.

Let us take a sentence from the suggested Al-Anon/Alateen closing and make it a working part of our lives and our interactions with each other. That sentence is: **"Talk to each other and reason things out with someone else, but let there be no gossip or criticism of one another."**

Love in service,

Lynda S.

NYNAC Coordinator:

District one has started an Alateen outreach to bridge the gap that has somehow occurred between Al-Anon and Alateen. Bridget, sponsor for the "Stars of Hope" Alateen Group sent out an email to all registered Al-Anon Members Interested in Alateen Service (AMIAS) to confirm that the members on the list are still interested in supporting Alateen. She received a response back from a member who is a sponsor of an Alateen group in the Williamsville Area! This is great, but it is also disappointing to me because this is not a new group; and I was not aware that there was an Alateen meeting in that area. I would have loved for them to come to NYNAC. I will be getting this sponsor's address and email, and I will be contacting her soon.

Last month, I attended the "Stars of Hope" Alateen meeting. Our Topic was Step Ten, chosen by one of the teens. She wanted to know more about this Step. The meeting was small but awesome. I left that night feeling so good. Attending an Alateen meeting is really no different than an Al-Anon meeting. We are all suffering from the effects of Alcoholism.

Are there Alateen meetings in your area that you are not aware of? Is there an Alateen meeting in your area that you could attend *if you are an AMIAS* instead of your regular meeting? Does the Alateen group in your area have fundraisers? Alateen is Al-Anon, they need our support!

Love in Service,

Lynda C.



phillipmartin.info

Area Secretary:

This past weekend, I traveled to Utica and attended the HMB Convention. District #6 did a great job of planning the program. In one of the morning panels, "Reaching for Higher Ground Spiritually in Al-Anon," three gentlemen shared their experience strength and hope. Their messages were filled with personal experiences with their Higher Power. In an afternoon panel, chaired by our delegate, "If You Want It, Here It Is -- Attracting Newcomers/Retaining Members," members shared their ideas on the topic. It was a day filled with "hugs" and ways to put our program to work for us. For me, this was Concept Four in action, "Participation is the key to harmony."

Topic this month: Alateen is Al-Anon. How did Alateen get its start? A 17-year-old named Robert started the first meeting for teenagers in Pasadena, California, in 1956. In the spring of 1957, Headquarters received many letters from teens requesting literature. Lois later shared that so many young people had written in to the office that a new section was needed. The name Alateen was suggested. The California Alateen groups submitted a pamphlet, *Youth and the Alcoholic Parent (P-21)*, for publication. Copies were mailed with every Al-Anon literature order to alert our membership about Alateen. Today there are 1,700 Alateen groups meeting in 115 countries.

I was not raised in an alcoholic home. There were, however, alcoholics in my extended family and alcohol played a major role in any family gathering. I remember a time when the relative hosting the gathering would put on the coffee and put away the beer. But, I did marry an alcoholic, and our children were raised in an alcoholic home! Alcoholism is a disease; it spreads through families making everyone sick. Our four children were teenagers when sobriety came to our house. Al-Anon helped me realize I had to let them go to make their own mistakes and face their own consequences. I also realized that they, too, had a program available to them: Alateen. Two chose to attend meetings on a regular basis. I am grateful for the comfort and wisdom they gained from Alateen. They learned to hold their heads high and not feel any shame about the disease that struck our home. But for them, Alateen and Al-Anon were separate programs.

Today, I encourage you to **take** your teens to Alateen meetings, but **invite** them to Al-Anon meetings with you! If we are to convince the teens that Alateen is Al-Anon, let's invite them in!

Gratefully,

Marge R.

Archives Coordinator:

Greetings,

This month's topic is "Alateen is Al-Anon." It got me to thinking...What do I *really* know about Alateen anyway? Kept in a corner of my home office is a shopping bag with the possessions of a dear young person who feels insecure about taking certain treasured items home. So, they remain in the privacy and safety of my office for her. In gently removing the items from the bag tonight, I found drawings, a glass rose crafted at a trip to Corning Museum of Glass and a treasure trove of Alateen materials purchased at our local Area Information Service (AIS) Literature Center. Included was a series of Pamphlets, *P-68*, *P-69*, *P-70*, and *P-73*. I turned the pages of each and found beautiful simple drawings, cartoons, anagrams, maps, other graphics and lists of Alateen meeting topics.

Two items that resonated with me were the following: a poem from page 8 of *Alateen Talks Back on Slogans*, which begins with..."Together We Can Make It, What I Cannot Do Alone;" a "Recipe For Serenity" on page 25 from *Alateen Talks Back on Serenity*, which ends with..."send to Serenity Island C/O Your Higher Power."

I was truly struck by the simplicity of these contributions and the depth of understanding of the program that each displayed. I am grateful to our editor for selecting this topic for *Northern Hi Lights* for this month, as it allowed me to spend some time with these beautiful pieces.

As Archivist, it has also given me a topic for my next Archives search on Monday. In a future issue, I will fill you in on what **Alateen treasures** I find hidden away in our NYN Archives!

In giving...I receive,

Kathy M.

SCAVENGER HUNT

CHALLENGE #11: Does so called "profit-making" on our books and pamphlets go counter to sound spiritual principles?

ANSWER: See pg. 211 in your *Service Manual*.

Web Coordinator:

It has been a slow time for requests from the website, so there isn't much to report.

On the subject of Alateen being Al-Anon, there's not much argument. As an Alateen sponsor early in my recovery in Al-Anon, it was evident that some teens made more progress than others. One girl also went to Al-Anon meetings, and it showed. She was the leader in our group, and I often wonder what happened to her. She wanted to be a doctor, and it wouldn't surprise me to hear that she made it.

With no Alateen meetings locally, as a grateful member of Al-Anon, I would welcome teens participating in our Al-Anon meetings, and also at District, New York North(NYN), and Area Information Service(AIS) levels. If given the opportunity, I will follow through on this thought and invite them to attend these service meetings.

Another thought would be to have Al-Anon members who are adult children of alcoholics, break off for something like a First Step meeting when teens appear, with the provision that it is safe for all.

John O.

Newsletter Coordinator:

We have published two issues of *Northern Hi Lights (NHL)* now after voting on the opt-in for hard copies. We are currently still printing and mailing 31 copies at a cost of \$5.00 each. This is a very high cost for each newsletter to be printed and mailed. **If it is at all possible, please ask someone nearby to print out a copy for you. If your group is still getting a hard copy mailed to them, you might consider asking someone to print out a copy and bring it as their donation to the group that week.**

We are also looking into the possibility of printing and mailing the *NHL* ourselves without using an outside printer. I will keep you posted.

Alateen is Al-Anon. I went to my first Alateen Conference (NYNAC) this October. I never was allowed to be a teen myself growing up and therefore felt awkward and fearful around teens. It was so healing to be able to have honest, open sharings between teens and "grown-ups" throughout the weekend. I also found that my playful side opened up and I ventured on the stage with a group of Alateen Sponsors and AMIASs (Al-Anon Members Interested in Alateen Service) singing a silly song about cows for the talent show! We had so much fun! I always love it when Alateens come to our Al-Anon meetings because the sharings help me to heal and understand my own teenage years.

Gwenne R.

Past Delegate, Panel 43:

ALATEEN IS AL-ANON...I once said during a conference call with the Alateen Advisory Committee ...AL-ANON IS ALATEEN. What a cheer I got from the Alateens participating! In reality, no matter how we say it, we are one. AFG means "AL-ANON FAMILY GROUPS," and our focus is on recovery from the family disease of alcoholism. How do we do that? We have some amazing tools to work with...Our Legacies...the Steps, the Traditions and the Concepts. We have KBDM...Knowledge Based Decision Making. When information is provided, it is important that all information is given to all involved. Minority opinions and questions are important to the discussion. Respect for each other and the ability to listen and agree to disagree can make a difference.

Having to look at the bigger picture (what is best for the worldwide fellowship of Al-Anon Family Groups as a whole) helps me to implement the tools in my thought process. I absolutely don't get what I want every time...thank goodness for that! I do get what I need, whether I like the outcome or not. I don't always see the bigger picture. When it is revealed, I have one of those "aha" moments. HP (Higher Power) at work in my life once again.

We have an opportunity to "talk to each other and reason things out." I have often thought about a situation...What if I was blind? In a discussion, I would have to listen carefully to conversation. I would not be able to judge by what a person was wearing, what the age of that person was or any of the other factors that often are used when making an informed decision that is best for all. For too long, Al-Anon and Alateen conversations end up being "them" and "us."

I encourage every member to read the New York North policy on Alateen Requirements and Guidelines.

The revisions can be found on the New York North website (www.nynafg.com) Please go to the NYN Newsflash page to see the work in progress. Click on Alateen Guidelines. Black is original; red is what is being omitted and green is what is new. If you have questions, please contact the NYN Alateen Coordinator, Lynda S. **We hope to vote on the updates at the Spring 2014 Assembly.** To have an open discussion prior to this would be very helpful.

I would like to close with something from the *2013 World Service Conference Summary*. It was from the three minute talk from the NYS outgoing Delegate. Three words..."you", "me" and "we"... Such a simple thought on how recovery works. First the focus is on (you) the alcoholic, then I begin to look at (me) myself... but to grow in my recovery, I need to see (we) the Bigger Picture as I become involved in service and giving back.

Together we can make it,

Connie D.

New York North's 2014 Spring Convention

May 16-18th, 2014

Group rate is available from May 14—19, 2014
Group rate cut-off is 4/16/2014 and is subject to availability.

Sheraton at the Falls

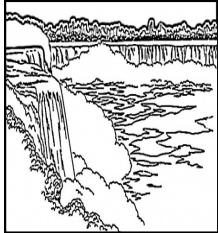
300 Third, Niagara Falls, NY 14303

*Please ask your groups to donate baskets for the raffle.
Also, if you would like to make a cash donation to Hospitality you can do so
individually on the registration form or if your group would like to donate to
hospitality, please make checks out to:*

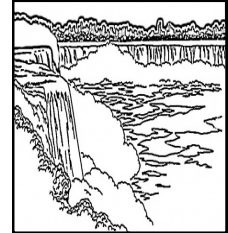
NYN Area Assembly/2014 Spring Assembly and send to:

NYN AFG 2014 Spring Assembly/Convention
PO Box 126,
Depew, NY 14043
Attention: Hospitality

NYN AFG 2014 Spring Assembly & Convention
 Al-Anon & Alateen Convention w/ AA Participation
May 16—18, 2014
 (Hosted by District #1)



Faith, Fellowship & Fun
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Sheraton at the Falls

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 Niagara Falls, NY 14303 (USA)

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1-866-961-3780
 Or visit website listed below

If anyone is going to Canada, a Passport or
Enhanced Drivers License is required.



Room Rate: \$126.44 per night
 For those wanting to spend extra time
 in Niagara Falls, the group rate is
 available from May 14—19, 2014
Hotel Group Rate Reservation
cut-off is 4/16/2014
 And is subject to availability

Located minutes from Interstate I-90, and only footsteps away from the Falls.
 For directions and on-line hotel reservations visit
<https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1304152819&key=B2C69>
 Hotel Guest Parking in adjacent city lot—\$5 per night w/ unlimited in & out privileges
 Check in is 3pm and Check out is 12 noon. Guest reservations need to be secured by a credit card at the time the reservation is made and
 final payment can be made by credit card, cash, or check (checks only if received 10 business days prior to the arrival date. **Checks will not
 be accepted on-site**). If payment needs to be made by purchase order, individuals must submit purchase order prior to arrival for approval.
 Purchase order payment is only valid if approved by hotel accounting office in advance.

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NYN AFG Officers & Coordinators for 3 year Term, beginning January 2012			NYN Past Delegates
<u>Delegate:</u> Ruth S. delegate@nynafg.com	<u>Immediate Past Delegate:</u> Elaine R. ipd@nynafg.com	<u>Alternate Delegate:</u> Diane C. altdelegate@nynafg.com	<u>Panel 4</u> Helen S. <u>Panel 13</u> Ruth F. <u>Panel 16/19</u> Maxine B.
<u>Chairperson:</u> Pam A. chairperson@nynafg.com	<u>Secretary:</u> Marge R. secretary@nynafg.com	<u>Treasurer:</u> Linda A. treasurer@nynafg.com	<u>Panel 22</u> William S. <u>Panel 25</u> Marcia J.
<u>Alateen:</u> Lynda S. alateen@nynafg.com	<u>Archives:</u> Kathy M. archives@nynafg.com	<u>Conventions:</u> Maureen K. convention@nynafg.com	<u>Panel 28</u> Mary G. <u>Panel 31</u> Arlene M. <u>Panel 34</u> Sherry B.
<u>Group Records:</u> George S. records@nynafg.com	<u>Public Outreach:</u> Marie N. pi@nynafg.com	<u>Literature:</u> Pat H. lit@nynafg.com	<u>Panel 37</u> LaVaughn R. <u>Panel 40</u> Anne F.
<u>Newsletter:</u> Gwenne R. newsletter@nynafg.com	<u>NYNAC:</u> Lynda C. nynac@nynafg.com	<u>Web:</u> John O. web@nynafg.com	<u>Panel 43</u> Connie D. <u>Panel 46</u> Robert C.
<u>Spanish Contact:</u> Cira B. spanish@nynafg.com			<u>Panel 49</u> Elaine R.

NYN Area Assembly
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**Deadline for the
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