

Recovery Through the Steps Unity Through the Traditions Service Through the Concepts

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Northern Hi Lights

Al-Anon News from New York North Area

Thoughts From Our Area Chair:

Hello NYN,

Our Fall Election Assembly occurred in September and the following individuals were elected to serve as the New York North (NYN) Panel 55 Trusted Servants. Their term of service will begin Jan. 1, 2015 and run through Dec. 31, 2017. Congratulations to all.

Delegate – Diane C.
Alternate Delegate – Gwenne R.
Chair – Susan A.
Secretary – Pam A.
Treasurer – Linda A.
Alateen – Walt S.
Archives – Kevin M.
Convention – Nancy H.
Group Records – Lynda S.
Literature – Cindy C.
Newsletter – John O.
NYNAC – Bridget C.
Public Outreach – Pat H.
Presentation – Sarah R.
Web – Molly C.

Area Chair continued on next page...

Mission Statement

Northern Hi Lights is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all Service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include Service Reports from the Delegate, Officers and Coordinators of the Area; and pertinent Service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

Submissions: Email by the 15th of the month prior, to: newsletter@nynafg.com When submitting reports, keep in mind that ALL quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your 2014 - 2017 Service Manual). Announcements should be submitted at least 6 weeks before event.

Subscriptions: Suggested donation of \$10/year when possible (see back page): All Al-Anon members are encouraged to subscribe (electronically if possible) to receive an individual copy. A copy will automatically be sent to each Group Representative on record with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

For more information visit the following websites:
New York North: www.nynafg.com
WSO: www.al-anon.alateen.org

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Other business approved by the Assembly included:

- A donation of \$600.00 to the World Service Office (WSO) which was a little more than 10% of the proceeds from the 2014 Spring Assembly/ Convention.
- The Presentation Committee will continue for the next 3 yrs.
- The use of personal electronic devices during the assembly for note taking and reviewing of reports and information. Members will be responsible for maintaining adequate power. This is for a 3-year trial period.
- The submission of an application for a booth at the 2015 New York State Fair as a Public Outreach opportunity.
- The 2015 budget was approved.
- District 22 will host the 2016 Fall Assembly.

A Trusted Servants' turn-over meeting is scheduled for November 22, 2014 in Syracuse. The turn-over meeting is designed for the new slate of Officers and Coordinators to have a chance to interact one-on-one with the person currently in the position.

Tradition Two: "For our group purpose, there is but one authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants - they do not govern."

My thought on Tradition Two is that no one individual is in charge of the Group. The Higher Power is in charge and at work through all of us in each meeting. Tradition One talks about unity, and I believe that theme is carried into the Second Tradition via our Group Conscience. It's about what's good for the Group and that is done by polling the Group for each member's thoughts (a Group Conscience). I know I don't want to be part of a Group where there is governance, because to me that means control and dominance. I go to meetings to grow and to share experience, strength and hope. I don't go to meetings to be told what to do and when to do it. I believe it's important to always remember that the Group is a sum of its parts and that every member matters.

We come to meetings and begin to understand we can trust a Higher Power, and eventually we learn to trust each other. For many of us that is something new and different from our previous experiences. I think it's very important to ask for a Group Conscience when making decisions that concern the Group and to bring our Higher Power into the discussions. When we are involved in a Group Conscience, we are all part of something

much bigger than just ourselves, and our Higher Power is there to help.

Participation is the Key to Harmony,

Pam A.

Public Outreach Ideas:

- See if the local telephone directory has an Al-Anon/Alateen listing. The local answering service and the WSO's toll free number, 888-4AL-ANON, can be listed.
- Verify if the local A.A. answering service knows how to reach Al-Anon Area volunteers and if it has a current Al-Anon/Alateen meeting schedule.
- Ask librarians to use Al-Anon bookmarks at their check-out counter
- Place posters in community centers, courthouses, airports, colleges, grocery stores, malls, libraries, laundromats, bowling allies, and highway rest areas.
- Leave Al-Anon Faces Alcoholism magazines in break rooms, waiting rooms, hospitals, or beauty salons, among other places.
- Show the Al-Anon DVD, Al-Anon and Alateen's Role in Family Recovery (AV-31).
- Have Al-Anon/Alateen meetings listed in the bulletin of the host facility, which could be a church or hospital.
- Set up displays and distribute Al-Anon/Alateen literature at health fairs.
- Donate Al-Anon/Alateen books to colleges, churches, or public libraries.
- Send literature to schools, homeless shelters, probation offices, veterans' hospitals, and senior centers.
- Ask the WSO for poster graphics or artwork that can be used for billboards.
- Donate literature to women's shelters.
- Put Al-Anon pamphlets and meeting schedules in tourist information racks at motels, hotels, and rest stops.
- Provide speakers and literature for community events.
- Have a rubber stamp or mailing address labels made with the group's name, meeting location, and time.
- Have business cards made with group's name, meeting location, and time.

These can be distributed in numerous places.

(Remember to ask for permission when posting things in public areas, so they won't be removed and discarded right away.)

- Taken from, "The Best of Public Outreach" WSO

SENDING DONATIONS TO NEW YORK NORTH

Donations should be sent by check or money order.

DO NOT SEND CASH!!

Make payable to:

NYN Area Assembly
PO Box 398
Morrisonville, NY 12962
Add Group's registered name &
the Group's ID Number (Very Important)

Area Delegate, Panel 52:

Dear NYN Friends,

Well, the Fall Election Assembly has come and gone. We have a great new panel of Officers and Coordinators and I am so excited to see what the next three years will bring for all of us.

Our new Delegate is Diane C.; I know she will do a great job. She has been such an active member of Al-Anon within New York North (NYN) for many years. I will miss not being able to attend the World Service Conference (WSC) each April but will look forward to Diane's Delegate Report at the Spring Assembly.

The WSO continues to expand the number of materials that are available in sources other than the traditional book or pamphlet. There is a new e-book version of *Alateen – Hope for Children of Alcoholics* (eB-3). It is available in the Kindle format at Amazon.com, in the ePub format at the Apple iTunes store and Nook format at BarnesandNoble.com. This e-book is currently available in English and Spanish. It will soon be available in French.

This month's theme is the Second Tradition: "For our group purpose there is but one authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

When I think about this theme I think back on the past three years; to be Delegate for NYN was such a gift for me. To be able to attend the WSC and see this Tradition in action will be something that I know I will carry with me for years to come. To see how that group conscience worked at that level can only be a gift from my Higher Power. So many voices, so many different beliefs, so many different opinions, all listened to with respect. All allowed to express themselves as they felt they needed to.

I have said this before; the most spiritual experiences I had during the Conference were the two years where policy issues that were discussed were changes to the *Service Manual*. Changes to the manuals on Public Outreach, on Anonymity and Dual Members in Service, were all powerful discussions that resulted in an informed group conscience that all were able to come away from feeling that the best decisions had been made with the help of each person's Higher Power.

During these three years there were also two discussions on Memorial Contributions from non-members. No decision has been made yet; more information needs to be gathered. Some of these discussions were very moving. There will be more discussions before a final decision is made. I am so glad I was part of those discussions; I know Diane C. will have a voice in those to come.

I really saw this Second Tradition in action. Again, it was a great gift to me.

Gratefully in Service,

Ruth S.

Deadline for submissions to the December, 2014 issue of NHL is

November 15, 2014 Topic: "Intimacy"

Immediate Past Delegate:

Tradition Two: "For our group purpose there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants – they do not govern;" the topic for this month's newsletter article. For me, what also needs to be included here is Concept Five: "The Rights of Appeal and Petition protect minorities and assure that they be heard."

Over the years as I have had the opportunity to be involved in numerous group consciences, I have learned that there are a number of elements that go into the formation of a group conscience. First, I need to be well informed on the matter to be discussed. In fact, all members to be included in the discussion need to have full access to all the information on the matter at hand. Some questions we need to ask are: what do we know, what don't we know; and what would we like to know.

It is important that all participate in the discussions, that we listen to everyone's opinions, that we presume goodwill and that we are willing to support the group decision however that may evolve. We need to remember that everyone has an equal voice; that each member wants what is best for Al-Anon. We need to resolve our problems and focus on what unites us and avoid personality-related conflicts.

As we progress through this process we may need to pause to look at what we agree on and what we disagree on, and even agree to accept what we disagree on. It may also be necessary to pause in order to research new materials.

Each time this topic is raised I am reminded of the discussion at my second World Service Conference (WSC) when we were discussing the ownership of our World Service Office (WSO) facilities in Virginia Beach. As discussion began, there was a sense that a motion was needed to move the matter forward, and eventually a motion was brought to the floor of the Conference. As in all such matters, the floor was opened for discussion and as Conference members shared where they were on the issue it became apparent that all were not ready to make a decision which would have been in the best interest of the members they represented, and ultimately in the best interest of Al-Anon as a whole.

At this point, it was determined that we needed to table the motion which was under discussion and for Conference members to return to their Areas to continue the discussion with the members they represented and come the following year better prepared to vote on the matter. The following year when the Conference was asked to vote on what

were the wishes of our Areas on the matter of ownership of our World Service Office there was real true unanimity. Our decision, as shown by the vote, was made in the best interest of Al-Anon as a whole, and the voice of each respective Area was heard. I will be forever grateful to our New York North (NYN) Area for the opportunity to have been a part of the largest group conscience in Al-Anon and, more importantly, see how each of the voting members were directed by their Higher Power.

I would encourage folks to read *Many Voices*, *One Journey (B-31)* to see how, over the years, we have learned the value of the importance of a group conscience for making decisions and allowing our Higher Power to be part of that process.

Grateful to be in service,

Elaine R.

NYNAC Coordinator:

The New York North Alateen Conference (NYNAC) 2014 was very special for me as it was the end of my term as NYNAC Coordinator. We had a small group, a total of 23 teens and 20 sponsors and trusted servants. We often say in our meetings that it doesn't matter how many attend because we still get something out of our meetings. That is how I felt about this past weekend. The teens shared on topics such as Grief, Expressing Ourselves, and HOPE. I got so much out of every meeting I went to.

I want to thank all the teens this year for the beautiful, thoughtful and creative gift I received. Every year the teens close out their dance with the song, "That's What Friends Are For." I was given a framed copy of the song signed by the teens, sponsors and trusted servants. I will treasure this forever!

I don't think it has sunk in yet that I will not be returning next year as coordinator. It all went by so fast. I have so many memories and have met some awesome teens and sponsors.

Love in Service,

Lynda C.

Area Treasurer

Hello NYN Family!

What an amazing turnout for the Fall Voting Assembly! So good to see so many of you! Thank you for your vote of confidence in (re)electing me as your New York North (NYN) Treasurer. I attended the New York North Alateen Conference (NYNAC) weekend....words just cannot express how AWESOME that was....it has to be experienced! Thanks to all the Alateens and sponsors in attendance for a truly memorable weekend.

Since our last Newsletter, we have received a lot of Group and District Donations. Thank you for your faithful support of our Area:

raithful support of our A	rea:	
Friends of Lois Gr #30	604704	\$ 13.00
Buff Downtown Gr #96	336	20.00
This New Day AAC Gr	·#33001	25.00
Cour for Serenity Gr#	503929	25.00
Clifton Sprgs Gr #9682	2	50.00
Discovering Choices C	3r #30589463	10.00
We Are Not Alone AAC	Gr #38151	42.00
Angola Awakenings G	r #30615135	15.00
Serenity Seekers Gr #	501783	10.00
Chittenango Mon Gr#	9677	7.00
Monday Sunshine Gra	#9724	25.00
Exp, Strength & Hope	Gr #44775	100.00
Wed Morn Step Gr #96	612	15.00
District 6		50.00
District 19		100.00
7th Tradition, Fall Asse	mbly	225.80

There were 4 paid subscriptions to the *Northern Hi Lights* since the last Newsletter.

Expenses incurred include

Expenses incurred include.	
Maureen K	\$ 23.41
Maureen K	66.88
Marge R	138.90
Ruth S	4.21
Sherry S	55.84
Lynda S	110.15
Lynda C	169.45
George S	117.00
Gwenne R	162.09
Helen H	12.87
Walt S	115.00
NYNAC (for Pam A)	115.00
Mary F (for Bridget)	115.00
USPO	48.00
Elaine R	113.85
Diane C	145.49

This gives us Current Balances as follows:

rine givee de carrein Dalanece de lei	
Checking account	\$11,901.73
Reserve account	8,237.90
Sage Rutty mutual fund	2.711.56

Area Treasurer on Topic:

This month's topic is Tradition Two. It strikes me as funny that this is the topic after the recent New York North Alateen Conference (NYNAC) where Pam A., our Chairperson, selected a skit on Tradition Two for the Trusted Servants in attendance to perform for the "Talent Show." It was hilarious! I think we (Audrey Authority, specifically!) got the point across that our leaders are but trusted servants—they do not govern. The new Conflict Resolution piece of Conference Approved Literature (CAL) can be a great help if your group should be having trouble following Tradition Two. Our traditions are a wonderful tool in keeping group unity in the forefront. Hugs,

Linda A.

Alt. Del./Forum Coordinator:

It seems like the Assembly came and went so long ago, but it has only been a month. What fun it was to continue celebrating the 60th Anniversary of *The Forum* by displaying old *Forums* and showing the history of its publication. In addition, it was fun to offer a free one-year subscription to our winner Margaret R. from North Tonawanda, NY. Congratulations! It was also fun to see so many new Group Representatives (GRs) & District Representatives (DRs) attending. Also present were two Alateen GRs who participated with full enthusiasm.

The other fun time was participating in the election of our new panel, #55 for New York North (NYN). How interesting to see the amount of Service our new Officers and Coordinators have done over their years in Al-Anon. It was also very powerful to see how many NEW people searched their conscious and stepped forward to be willing to serve. I know our Higher Power (HP) will be with us every day whatever we do.

I have enjoyed being the Alternate Delegate/ Forum Coordinator. I have had fun wearing my doubled-billed hat to help you to identify the importance of this position. As I move on to being the incoming Delegate, I would ask you to continue to support me with your prayers.

At my first Assembly 25 years ago, I remember the outgoing Delegate, Mary G. who was our Guest speaker. I felt a connection with her and have always thought I would love to be able to serve in that position someday. Little did I know that there is more to it than just wishing I could do something. I have had to do the legwork, become willing and then to accept whatever was the final vote of our Area. I have prayed about this over the last year and I know

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that this is my HP's will for me. As I always say, no matter what I am asked to do in Al-Anon, "I will do my best with the help of my Higher Power and the help of all of you."

Tradition Two is one of my favorite Traditions. It allows me to use my talents in Service but teaches me to be one of the group. I am not in charge even though I might be the leader. It was so interesting and a little funny that Pam A. our outgoing chairperson found a skit about Tradition Two for all the Trusted Servants to participate in during the Talent Show at the New York North Alateen Conference (NYNAC.) Each one of us played a part, and we found out that a group works so much better when all of us participate and no one person does all of the jobs and is in charge. I played the part of "Party Patty" who only wanted to have fun. I learned that we can have fun in Service but we do not need to take over everything. I am grateful that I have learned to have fun in Al-Anon and that in doing so I can learn about the Steps, Traditions & Concepts. It is fun learning about myself and what is important in recovery. I will act like a Lady as your Delegate but I hope to have fun in my Journey!

I wish our new panel well and cannot wait to see

Diane C.

Presentation Coordinator:

what the future holds for New York North.

Congratulations to all the new Officers and Coordinators for Panel 55. Good to see some new faces stepping up as part of the solution for change that members wanted to see when we did our inventory. Change can be difficult. As creatures of habit, sometimes continuing with the same old routine is more comfortable than moving forward with new ideas. In our Al-Anon Family Groups we have the guidelines in the Traditions and Concepts. Even more helpful for me is the fact that I have found a Higher Power that helps me in decisionmaking. I can turn it over to the Group Conscience and trust that my Higher Power is in the room. When I think of a Group Conscience in my program, I have to think of the bigger picture. Am I looking at the choices being made and how it affects Al-Anon Family Groups as a whole? It is so easy to think only of my Group when deciding. Will that choice eventually reach out and touch the worldwide fellowship? In my personal life, I isolated myself, made poor decisions out of fear and can see the effects those choices had on other family members. Tradition Two has helped me to make healthier decisions, trusting that my Higher Power is in control.

I am finishing up the last Presentation to put on our website and looking forward to transitioning materials to our new Coordinator. There will be this issue and the December issue of the newsletter to proofread and that job will be done. It has been a wonderful learning experience for me. I have become more aware of copyright guidelines provided by the World Service Office (WSO). There is always something new to learn.

I am not certain what committees I will participate in during the next term. I find, time after time, that my plan is usually different than what my Higher Power has in mind. Sometimes, it is good to sit back and listen. Service is a healing experience for me. From my very first Assembly in 1993, I saw Tradition Two in action. I was so impressed with how members expressed strong opinions, pros and cons, and felt the presence of our Higher Power when the Group Conscience was taken. I knew I wanted to learn more about this program of recovery. Through the years, I began to apply these principles in all my affairs and will be forever grateful.

Service heals.

Connie D.

Archives:

When I first came to Al-Anon, I was made aware that according to Step Two, I would no longer be able to believe I was in complete control, owing that to my Higher Power (HP), and that I must become open to the possibilities of change. I had come to the Program wanting change...now I had to do anything in my power to have my HP bring about that change.

Time has passed and allowed me to give up my old ways of thinking and believing and to come into a state of being open and accepting. My openness has allowed me to find gratitude and spirituality in my Archives work. Gratitude in particular is my special gift from Al-Anon that leads me to Serenity as long as I continue to work my program and accept my own powerlessness.

To those of you who were at Fall Assembly 2014, who donated items to the Archives or gave ideas and suggestions, my gratitude. As my time as Archivist comes soon to a close, I remain,

"Gratefully in Service to You All,"

Kathy M.

Literature Coordinator:

Hi Everyone,

Thank you to Districts 18 and 19 for hosting our Fall Assembly; it was a wonderful weekend. I enjoyed seeing new faces and visiting old friends. This Assembly was special because it was an election assembly and we voted in a new slate of Officers and Coordinators, of which I am a part.

My term as Literature Coordinator ends in December and I have loved working in this position. Thank you for the opportunity to serve you. Cindy, from District 22, will be the new Literature Coordinator starting in January. We will be meeting in November, along with the other Officers and Coordinators, to exchange notebooks and information pertinent to our positions.

My last conference call as Literature Coordinator will take place October 29th and any new information that I receive will be in the December newsletter. I'm sure we will be talking about the forthcoming daily reader. A reminder: The sharing sheet and information on how to submit sharings for World Service Office (WSO) publications is on our New York North (NYN) website: nynafg.com. This writing guideline will be included as an insert in the November issue of *The Forum*. Your sharing will help assure that our new daily reader will reflect our fellowship as it is today. Please check out pages 23-25 of the *2014 World Service Conference Summary* to learn more.

I also have some other information from WSO:

• The latest printing of Why Anonymity in Al-Anon? (P-33) is a major revision of the pamphlet that covers many aspects of this topic, including anonymity on the Internet and as an important

spiritual principle that we place above personalities. It remains eight pages long and sells for 35 cents (US).

 Alateen—Hope for Children of Alcoholics (eB-3): Our first Alateen e-book is now available as an e-book through your electronic book provider, 120 pages. The e-book is currently available in English and Spanish; it will be available soon in French.

• FYI: The new Al-Anon Focus/Declaration Table Card (S-24) will be sent to all English-speaking Al-Anon and Alateen groups with the November issue of The Forum. The card will also be available in French and Spanish. The card will also be available through your local Literature Distribution Center (LDC) or the WSO inline store for \$1.50. This tent card is a service tool, and although it's not a piece of Conference Approved Literature (CAL), and does not come from the Literature Committee, Literature Coordinators might be asked

about it, so we are giving you a heads-up. And yes, according to page 104 of the 2014-2017 Al-Anon/ Alateen Service Manual, you can use service tools at Al-Anon meetings.

I also just returned from NYNAC, New York North Alateen Convention, which was held near Oneida Lake. It was a full weekend of fun and Alateen meetings, a chance to get to know the teens and how they work their program. All present were committed to working together to make Alateen strong and available. Thank you to the groups that sponsored the weekend.

Our topic for this month is Tradition Two, "For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern." This Tradition is about trust and respect; trusting that a power greater than ourselves will come forth while we each share and listen to one another as equals; respecting one another's point of view, even though it may be different from our own. Sometimes we need to step back, pause, and do our homework so that we can become better informed before we make a decision that we hope represents the greatest good for the greatest number. This is not about personal power. It takes practice, certainly, and I am grateful for the opportunity.

Gratefully,

Pat H.

Newsletter Coordinator:

In my family of origin, someone was always being ostracized or criticized because they had a different opinion. Al-Anon helped me see that part of my lack of self-esteem growing up was a result of not knowing how to express myself and how to listen respectfully to others.

Tradition Two reminds us of these concepts: "guidance from a Higher Power through a Group Conscience," "a loving God = the only authority," "cooperation not control," "serve not govern," "responsibility for my part," "mutual respect," "agree to disagree," "equal members of the Group," "listen carefully to the views of others, especially those who disagree," and "rotation of leadership."

Doing service work has given me a safe place to practice these positive, conflict-resolution concepts. That is why I keep coming back.

With much gratitude,

Gwenne R.

Alateen Coordinator:

I just returned from the New York North Alateen Conference (NYNAC) and had a great weekend. It was a good change-up in that we had an Al-Anon, AA and Alateen speaker before the Talent Show. They all did a magnificent job. We had beautiful weather the entire weekend, which made for beautiful fall foliage and comfortable conditions to walk to and from the cabins. It was a spiritual weekend and if you have not gone to NYNAC, I encourage you to become an Al-Anon Member Involved in Alateen Service (AMIAS) and go.

Our Topic this month is Tradition Two. There are no coincidences, as the adults participated in the Talent Show at NYNAC by doing a skit on Tradition Two. It was fun, and we had a lot of laughter as we "hammed it up." The main point of Tradition Two is that we have no one in authority over other members and that by working together and listening to our Higher Power we can allow a group conscience to reflect what is best for the group as a whole.

I had to use the slogan; **Let Go and Let God** with some things that I was uncomfortable with this weekend. I voiced my opinion and then I had to take care of myself so that I could enjoy the rest of the weekend.

Thanks for allowing me to serve as your New York North Alateen Coordinator these last 3 years.

Love in Service,

Lynda S.

Webpage Coordinator:

There have been about fourteen inquiries a month to our website, mostly looking for meeting information. It has been important to me to answer them promptly, and I have, with enjoyment. I was looking forward to doing this for the next three years, as I started mid-term.

When no one stood up to be Newsletter Editor at our Assembly, I had to, because it had been a goal of mine for over twenty years. My recovery started in 1987, and is ongoing. I've enjoyed the duty as a Coordinator to write each month for the newsletter, which has come easy for me, a byproduct of recovery.

The Area World Service Committee (AWSC) meetings, which I started attending as a District Representative (DR) three years ago, have been a revelation. I originally didn't want to be a DR, because that meant traveling to the AWSC

meetings. Now, I'm happy to be part of this group of fine, loving people. A benefit of service I didn't expect was the friendships I've made. I've said often that in service you meet "the cream of the crop," and there's a lot of love at all levels.

The Second Tradition is certainly evident at our AWSC meetings and Assemblies, in that the group conscience prevails. Service Rotation, however, is hard when there are no candidates for a position, or just one. In the past I've repeated, after an interval, at some service positions, because I wanted another shot at it, and there was no other candidate. "Progress not Perfection" applies to me because I've never done service perfectly. But I kept trying.

John O.

SCAVENGER HUNT

ICHALLENGE #18: Can service tools such as the INorthern Hi Lights be used at Al-Anon/Alateen Imeetings?

ANSWER: See pg. 104 in your 2014-2017 Al-Anon/ Alateen Service Manual.

NYN Calendar of Events

Please check website for more information

@ www.nynafq.com

(Please note: be sure to type in the "www." first)

Ongoing: @ 9am, Al-Anon Meeting
Interpreted for the Deaf, Second Sat
every month. Immanuel Baptist Church, 815
Park Ave., Rochester, NY, (corner of Park
and Culver).

Nov. 22, 2014 (Syracuse) Trusted Servant Turn-Over Meeting for Officers and Coordinators (More info to follow).

Nov. 8, 2014 @ 10am - 3pm, District 29
Day of Sharing, St. Patrick's Church, 115
Maple Ave., Victor, NY 14564. Soup and salad provided. Donations of desserts, breads, rolls welcome.

Do you know whom to contact with an Al-Anon related issue?



Unless this is a personal subscription, this copy belongs to your group. Please share it with them; make each issue available at your meeting TO INSURE ANONYMITY, TEAR OFF THIS PART BEFORE LEAVING IT WITH YOUR GROUPS

NYN AFG Officers &	Coordinators for 3 year Ter	n, beginning January 2012	NYN Past Delegates
Delegate: Ruth S. delegate@nynafg.com	Immediate Past Delegate: Elaine R. ipd@nynafg.com	Alternate Delegate: Diane C. altdelegate@nynafg.com	Panel 4 Helen S. Panel 13 Ruth F.
Chairperson: Pam A. chairperson@nynafg.com	Secretary: Marge R. secretary@nynafg.com	Treasurer: Linda A. treasurer@nynafg.com	Panel 16/19 Maxine B. Panel 22 William S. Panel 25 Marcia J.
Alateen: Lynda S. alateen@nynafg.com	Archives: Kathy M. archives@nynafg.com	Conventions: Maureen K. convention@nynafg.com	Panel 28 Mary G. Panel 31 Arlene M. Panel 34 Sherry B.
Group Records: George S. records@nynafg.com	Public Outreach: Sherry S. po@nynafg.com	Literature: Pat H. lit@nynafg.com	Panel 37 La Vaughn R. Panel 40 Anne F.
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