

Our Three Legacies

Recovery
Through
The Steps

Unity
Through
The Traditions

Service
Through
The Concepts

**Deadline for the
September 2011
issue is
August 15, 2011**

“Serving Our Families Through the Legacies”



THE 3 LEGACIES OF RECOVERY

Recovery through the Steps

Unity through the Traditions

Service through the Concepts

NYN Fall Assembly

September 23-25, 2011

Hosted by Districts 6 & 18

AWSC Meeting

Saturday August 20, 2011

11AM- Done

**Immaculate Conception Church
Salt Springs RD Fayetteville NY**

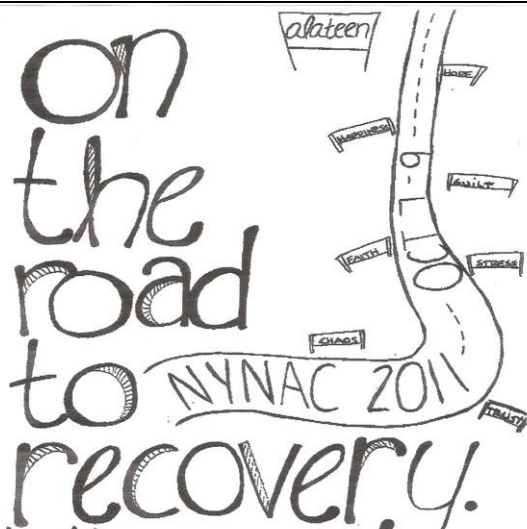
All Officers, Coordinators & DRs:

Mark your calendars

All Al-Anon members welcome!

Items for discussion:

- ◆ Complete the job description updates
- ◆ Action Committee (what groups are thinking - keep or replace)
- ◆ Budget
- ◆ Elections



“Keep it Simple” Contact: Diane C.
NYNAC@nyrafg.com

HOW TO SUBSCRIBE

To the Northern Hi Lights via EMAIL

On the NYN Listserv

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Newsletter Coordinator’s Article!

Delegate Doings

Greetings to our NYN Fellowship,

As I shared with you last month, I have been so excited by our new book, “Many Voices, One Journey” that I found that once I began to read it that I had great difficulty putting it down. Needless to say, I completed it in record time. Then I would pick it up and read about a certain time period, such as choosing dates that were important to me, like the year I first came into Al-Anon. Next, I had different topics that I wanted to know more about and I would look these topics up in the index and read how they were dealt with at various times. Now I have begun to re-read the book in a slower and more methodical way. I am trying to absorb the details of how our program came to be and how Lois and Anne took such great care to carefully consider how they consulted the membership for their input and how decisions were made.

One of the first things they did was to consult the membership on the adoption of the AA Steps for Al-Anon with a single word change in the twelfth step where the word “other” replaces the word “alcoholic”. This was Al-Anon’s first fellowship wide group conscience; a principle which our program still embraces today. Today when we have a topic to discuss we may use the Knowledge Based Decision Making process (KBDM) to reach an informed group conscience. This process consists of a series of five questions that will lead us to a decision which will be for the greatest good. This was a process which was introduced during Bob C’s term as delegate and we have continued to use it in our Thought and Task Force Committees and in many other situations. Many Areas have been using this process to make decisions at their AWSC and Assembly meetings.

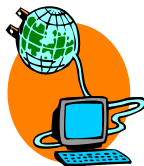
I have just reached the point in the book where they are considering having Al-Anon’s first World Service Conference. They have contacted the groups and laid out their plan for a three year trial and now it is time for a decision. At the 1960 AA International Convention in Long Beach, California 400 Al-Anon members unanimously approved a plan for a service conference. As I read this section, I was re-

minded of our celebration last year at Conference of the 50th Anniversary of the World Service Conference. And this year we celebrated the 60th Anniversary of Al-Anon; what a very special time to have had the privilege to serve as delegate.

As I reflect on my reading and on my time as delegate, I am struck by the strength of the foundation of this program as found in our three legacies: the Steps, the Traditions and the Concepts. We made very few changes to these as we adopted those of AA and they were not all adopted at the same time but over the course of a number of years. This allowed time to be spent in carefully considering what was best for Al-Anon as a whole. Today, *No changes are to be made in the Al-Anon or Alateen Traditions, the Steps, the Concepts of Service (except the descriptive text), or the General Warranties of the Conference Charter (Item 12) without written consent of three-quarters of the Al-Anon Family Groups. (pg. 164, 2010-13 Service Manual).* This demonstrates how important our Three Legacies are to the foundation of the program.

Even as Alateen came into existence, these same Twelve Steps and Twelve Traditions were adopted in the same thoughtful and caring manner with little change. The principles contained in the steps *represent a way of life appealing to all people of good will, of any religious faith or of none. (pg. 13 Service Manual 2010-13).* This statement is part of the introduction to the Steps. It is important that we keep this in mind when we read the Steps. For these many years later, they have been found to be wise principles to live by.

Grateful to be in Service,
Elaine R.



www.nynafg.com



Chair Chat

Hello NYN Family,

We have been in discussion in the Ad Hoc Committee for review of Alateen Requirements and Guidelines. As I was writing my response, I felt it was important to include the Area (New York North Al-Anon Family Groups) in my thoughts. Every Al-Anon member, young or old, has a responsibility to be informed and unified in support of our worldwide fellowship. Al-Anon and Alateen makes up our Al-Anon Family Groups (AFG). Whether or not you ever intend to be involved with Alateen in any way, each of us has a responsibility to ourselves to learn and grow in recovery.

I have been reading comments from everyone and am pleased to see us having the conversation. This is what Knowledge Based Decision Making (KBDM) is all about. When the guidelines for NYNAC were developed, there were no Requirements from WSO (World Service Office).

In my time as Delegate, I was assigned to the Group Services Committee which worked on guidelines and matters that affected Al-Anon and Alateen as a whole (worldwide). The committee was made up of Delegates from around the United States and Canada. We were always provided with information prior to the World Service Conference (WSC). We also had homework to do as well as work at the Conference. As Trusted Servants, we discussed our concerns for safety issues with Alateen and how best to support Alateen members and sponsors. The Board of Trustees (Al-Anon members and Trusted Servants, also) put in place minimum requirements. Every Area in the US, Puerto Rico, Bermuda and Canada had to develop their own set of guidelines with the requirements included. We had a timeline and a deadline to finish. Without these in place (presented and voted on at our NYN Assembly after many questions and discussions) we would not be able to have Alateen meetings or an Alateen Conference.

In all planning stages and voting, meetings were open to any interested members. Teens and sponsors

were encouraged to attend or send input. Participation was minimal. As an Area, we have been very lacking in communication and education opportunities for members and sponsors. We are one program...Al-Anon. Alateen is Al-Anon for younger members, not a separate program. This is a huge hurdle that I hope we can overcome...the "them" (Al-Anon) and "us" (Alateen). While at Conference, I witnessed the same attitude by many.... of "them" (Trustees) and "us" (Delegates). It was a powerful moment for me to sit at an open Board of Trustee meeting, watching and listening to them discuss an emotional issue. What I saw and heard was Al-Anon members who were passionate about their program and wanted what was best for Al-Anon as a whole. It wasn't them or us, it was humans who had deep feelings and love for a program that had saved their lives. Whenever there is an issue that we feel strongly about, using the tools (Steps, Traditions and Concepts) will help us to get to the other side in a healthier manner.

When NYNAC guidelines were developed, we didn't have the healthy connection to our teens that we needed. Many AA members stepped forward to serve our teens when we were not willing. Often those AA members had never attended Al-Anon and had no idea of our focus. How could they share the Al-Anon program? We have gratitude that they were willing. Where we have failed our teens and sponsors, we are trying to improve.

In educating, we all have a responsibility to our younger members to learn about the service structure of our program and to encourage participation. Input from those attending NYNAC is important. We want them to be heard. Any guideline, whether for NYNAC, Convention, Assemblies, or Roundups etc., must go through the Area process and be voted on at the NYN Assembly. As we review everything, we need to be careful that we don't contradict ourselves in the wording from one event to another. It needs to be unified and clear for everyone, not making exceptions for a few. When we start making exceptions, things begin to get muddy and we end up in controversy we do not need.

Understanding that all must go through the Area to be voted on, we need to have as much discussion before it is presented. If a group does not have a Group Representative (GR) in attendance at the Assembly, they may have voice, but no vote. That is

why we keep encouraging Alateen groups to have a GR. It begins with involvement in your own District meetings. It is about talking to your home group about what is happening in your district, in your Area and worldwide. You are a vital part of the worldwide fellowship of Al-Anon Family Groups (AFG).

WSO has provided teaching modules for sponsors. Actually, it would be important for us to present that information to the Area as a whole. We all need to know the importance of Alateen and the responsibilities we all have to serve AFG as a whole.

We have much to discuss and cannot hurry the process. It will take time to hear and gather all information. One of the lessons that I have learned in service is patience. I don't always have it, but then it is "progress not perfection" and "practice makes progress". We are involved in this discussion because we all love our program. We all have information to give and we will get to the other side of this as a family in recovery. Remember that the most important thing is that there is a Higher Power working through us and all will come to be in HP's time, not ours!

In September, we will be having our Election Assembly. Think about service. It is amazing, scary, wonderful, intimidating, and mind-expanding. It is growth in a support family network and an awesome opportunity to have fun and laughter. It is a chance to help others grow in recovery (service sponsorship) and to personally expand your own horizons! Participation is the key to harmony.

With love in service...Together we can make it!

Connie D.

Home Page Coordinator

Hello NYNer's,

It was great seeing many of you at the Spring Convention in Johnstown last month. For those who already saw my presentation entitled "My 2 Hats" feel free to skip over this article. However, if you are really interested in what my position entails – keep reading!

First an update concerning NYN Web Guidelines – during the Assembly meeting held on Satur-

day, May 21st the proposed guidelines drafted by the web committee were presented to the general assembly and approved. For details please visit the NYN Website Area Information page and click on the May 21st link. In writing the guidelines, the Web Coordinator position was more closely aligned to how it was originally envisioned. This is important to note and the reason why I presented 2 hats instead of 1. The guidelines enable the web committee to appoint someone to handle the technical aspects of the website. This frees up the Web Coordinator to focus on the business of Al-Anon.

The Web Coordinator hat is composed of the following 'jobs' – Writer, Collector, Announcer, Detective, Psychic and Ambassador. As a Writer, you will need to write a monthly article for the Northern Hi Lights as well as AWSC and Assembly reports. In your position of Collector, you gather the AWSC/ Assembly reports written by NYN Officers and Coordinators to be posted on the website. To complete this task you will also need to be a Detective investigating the reports for last names. As an Announcer, you post Al-Anon related events on the website's calendar. You will need to use your inner Psychic to attempt to divine valid email addresses out of sometimes-mistyped information. Of all of the separate jobs that combined into that of Web Coordinator, the most important one is that of Al-Anon Ambassador. In this position you will reach out to those still suffering alone with the family disease of alcoholism.

The qualities needed to fulfill this position are hope, compassion and gratitude. While this position does entail a significant amount of time the rewards far outweigh the costs. Connecting with others and being there for them is simply awesome. This position embodies the Al-Anon Declaration. It has been a privilege and honor to serve NYN in this capacity – to be the hand outstretched for anyone, anywhere to grab a hold of. If this is a reward you would like for yourself, please feel free to contact me.

Yours in Service,
Kathi D



www.nynafg.com

THOUGHTS FROM YOUR *IPD* !

Hello My Friends:

After 22+ years as an Al-Anon member I thought that I would list some things that might happen to new members or has already happened to many current members.

- Individuals come to their first meetings and realize that many people have the same or similar problems as they do except they seem pretty happy. They think "Maybe I do belong here."
- Individuals begin to read, understand, and practice the twelve steps.
- Individuals begin to understand that Al-Anon is about its members and how they can improve their lives. It is not a place where the members come to learn how to stop the alcoholic in their lives from drinking.
- Individuals grow to understand that members are not judgmental and that this is a safe place to be.
- Individuals often improve what has to this point been very low self esteem.
- Individuals listen to the experience, strength, and hope of various members who have experienced the same problems that some of the new members came in with. They don't give advice but simply explain what experience they've had with the problems, what strength they've gained facing their fears, and how they now have hope that not only will the problem get solved but their lives will get much better.
- Individuals often become involved in service and as a result meet many new people and develop close friendships with many of them. They're not being cliquy, but rather developing camaraderie with these members by working on projects, Assemblies and Conventions, Days of Sharing, social events, etc.etc. that brings them closer together.
- Individuals begin to show interest in standing to do a job or serve as an Officer or Coordinator. These service positions from the groups, districts, Areas, World Service Office, Trustees, and other Board related positions are ones that many of you

can do even though you may not think so.

Individuals make newcomers feel welcome and assure them that they're in the right place and ask them to give it time and understand what our fellowship is about; progress, not perfection. It takes time but it's well worth it.

Individuals sometime come to the conclusion that they're OK and don't need to come to meetings anymore. Unless there are circumstances that make it very difficult to attend, many members have come to the conclusion that one of the primary help sources besides the literature, web pages, daily readers, etc. was long time members sharing their experience, strength and hope. This was available for us and **should be** available for any new member. There is nothing like people who have successfully faced the fears and challenges posed by alcoholism and have met the challenge and have bettered their lives.

Individuals spend a great deal of time to help make our fellowship stronger and better so that many suffering people can have a better, happier, and more serene life.

I hope many of you individuals will read this and see what you can do to aid the cause!! Be well my friends.

Yours In Al-Anon,
Bob C.

Remember, "It Works if You Work It"

SENDING DONATIONS TO NEW YORK NORTH
Donations should be sent by check or money order,
DO NOT SEND CASH!!

Make payable to:
NYN Area Assembly
PO Box 3602
Syracuse, NY 13220

**Add group's registered name & the Groups ID
Number (Very Important)**



Literature Coordinator

Hello my NYN family,

Well, much has happened since my last article. We officially closed on our house and moved to our camp for the summer. It was great seeing everyone at the May Convention/Assembly.

There is a lot happening in CAL right now. Have you had the opportunity to read the newest piece of literature, *Many Voices, One Journey* (B-31)? There is a web page now available: www.al-anon.org/b31.html. Check it out. Also, there is a paperback edition of *How Al-Anon Works for Families and Friends of Alcoholics* (B-32) now available for only \$5.00. A great idea for new members, someone you sponsor or to have multiple copies available for a group study.

Just prior to the convention I received two skits which have been posted on the NYN website. Take a look at them. I think they look like a lot of fun to do. One is called *What's In, What's Out* from Arizona and *Amazing Al-Anon Literature* from Saskatchewan.

I will be adding two additional items to the website as well. The first is a workshop from Tennessee called *Facing the Ghosts of our Past* which utilizes *When I Got Busy, I Got Better* (P-78). Have you read this little book? It only has 60 pages but it is chock full of good stuff. It might even give you some thoughts on doing service. Service has given me more than I could have ever imagined and there are so many ways to give service. The second posting is a workshop guideline from WSO called "Sixty Years of Recovery" for *Many Voices, One Journey* (B-31). If you develop your own workshop on this new book, please feel free to forward to me or forward directly to the WSO. They will post it for others to use.

Don't forget to check out CAL Corner in *The Forum*. June will feature *In All Our Affairs* (B-15)

and July will feature *As We Understood* (B-11). For future articles consider submitting a sharing about *Many Voices, One Journey* (B-31), *Courage to Be Me* (B-23), *In All Our Affairs* (B-15) and the pamphlets *The Al-Anon Focus* (P-45), *Alcoholism, the Family Disease* (P-4) and *The Twelve Steps and Traditions* (P-17).

My term as Literature Coordinator will be ending in December 2011. Consider this as a new way to expand your recovery. It has been a wonderful rewarding experience for me. Al-Anon has shown me you can walk through the fear and come out the other side stronger than before and you never have to do it alone.

Yours in Al-Anon Service,
Jean W.

Alateen Coordinator

Hi Everyone,

I'm winding down on the getting the information ready for WSO. I want to thank all the DR's who sent me their information.

The message of Al-Anon and Alateen is one of hope. Alateen (Al-Anon for younger members) is a vital part of Al-Anon Family Groups. Young people seeking help with problems that arise when alcoholism afflicts a parent, another close relative, or a friend meet to exchange experiences and to gain an understanding of themselves and the alcoholic. This helps their own personal development and can help stabilize troubled thinking resulting from close association with an alcoholic.

"Al-Anon and Alateen Groups at Work" explains how to start a group, help it to grow, and discover how other members have solved problems common to the groups. The harmony and success of each group depends on shared responsibility, a warm spirit of fellowship, and individual self-improvement.

Today these men, women, and children have courage and confidence. They have found understanding and learned what to do to help themselves and this can indirectly help their alcoholic relatives, loved ones, and friends whether sober or not. Al-Anon and Alateen will always be what we it's members make it. Al

-Anon and Alateen believes that our benefits are measured by our willingness to share them with others. For we know we can never give as much as we receive. (taken from the Al-Anon and Alateen service manual 2010-2013).

Enjoy Summer.

Yours in service,
Shirley C.

NYNAC Coordinator

In June I met with the Host Groups to go over plans for this year's NYNAC. The teens and their Sponsors are very excited and I am sure that this year will be fun for all.

By the time you receive this Newsletter all Alateen Group Sponsors, Trusted Servants and some AMI-IAS should have received their registration packets. If you need one and did not receive it, please contact me and I will send it to you. Please note some of the following:

- **Cost** for **All** attending will be \$120.00 per person. (prices of shirts and other expenses have increased)
- **All** persons must fill in and sign Registration and Health Forms.
- **All** forms must be **NOTORIZED** (whether you are a Teen or Adult.
- **All** persons attending from each group must be listed on the Group Tally Sheet.
- **ALL** payment must be in the form of a **MONEY Order Only**.
- **MONEY AND FORMS NEED TO BE RECEIVED ON OR BEFORE September 15th**. **If received after, a \$5.00 fee will be assessed for each person who is late.** This can add up for you and your group so let's try to avoid it.

Many people ask why the forms need to be notarized. There are several reasons for this:

1. Notarizing shows that your parent's or you (in case of Sponsors or AMI-IAS's) signature is valid.
2. That the teen's parent is the one signing it, not the teen (I know you wouldn't do this as this is an honest program).
3. That in case of an emergency and you are unable to fend for yourself, that we have a proxy to

have you treated at an Emergency Room.

I have also been involved with an Ad-Hoc Group that is working on reviewing the Alateen and NYNAC Guidelines. **This is a work in progress.** It would be very helpful to have Sponsors and teens, who could, review them also. We need your experience, strength and hope to help this Committee with the discussion as to see what needs to be updated or to stay the same. If you have any ideas, please feel free to contact me or Shirley (Alateen Coordinator) by e-mail or phone with them. No changes will be made until they have been fully reviewed and discussed them with all involved (this includes the teens).

As our Theme for the 2011 NYNAC says, we are **"ON THE ROAD TO RECOVERY"** so let's work together to help all Alateens and Al-Anon strengthen our program and enjoy our Recovery.

Diane C.

Al-Anon & Alateen members who would like to receive the Northern Hi Lights via E-Mail.... Just e-mail Editor Nancy P. at newsletter@nynafg.com and consider it done.

Current & past issues always available on NYN web page. www.nynafg.com

FALL AWSC AGENDA ITEM!

Action Committees will be on the Agenda for Fall AWSC Meeting. PLEASE discuss the Action Committees in Districts. NYN will be looking for input from members, either individuals or thru DRs.

Treasurer's Report submitted by Louise F.**May 2011 NYN Report**

Balance 5-1-11		\$10,770.95
Contributions		\$1,303.03
Expenditures		\$3,545.44
Balance 5-31-11		\$8,428.54
Reserve Fund Balance 5-1-11		\$6,307.73
Interest		\$1.18
Balance 5-31-11		\$6,308.91
Mutual Fund (est.)		\$2,418.73

Contributions	ID #	Amount
Saturday Morning	500955	\$25.00
Chili 7-11	9676	\$15.00
Vestal	9612	\$10.00
Springville	67287	\$10.00
Sherrill Hope	10296	\$25.00
Fairport Tues. Simple Serenity	30515912	\$20.00
Experience, Strength & Hope	44775	\$25.00
Membership Outreach Action Comm.		\$65.00
Roommates monies		\$909.82
Bolivar	502378	\$20.00
Chittenango	9677	\$7.00
7th Tradition - Assembly		\$113.71
Steps to Serenity	30567258	\$20.00
Newsletter Subscriptions		\$37.50
Newsletter Subscriptions		\$1,303.03
Total		

Disbursements	Check #	
The Mailbox - May NHL	1774	322.08
Postmaster - June NHL	1775	\$62.00
George B - Acctnts Rvw	1776	\$450.00
Ruth S. Sect	1777	\$7.45
Membership Outreach Action	1778	\$59.97
Connie C. Chairperson	1779	\$121.13
George S. - Group Records Coordinator	1780	\$625.93
Holiday Inn Johnstown	1781	\$1,719.00
Sherry S. - Public Outreach	1782	\$75.60
Elaine R. - Delegate	1783	\$202.28
Total		\$3,645.44

Thank you!**LaVaughn R. & Marion W.**

NYN Newsletter proof readers

Pam A.

Web Edition of NYN Newsletter proof reading for last names and contact information!

Newsletter Coordinator

Hi Members,

PLEASE pass this information on to any of our member that would like to get the Northern Hi Lights by email.

After you subscribe you will get the following "WELCOME MESSAGE:

Welcome to the mailing list! Thank you for joining the Northern Hi Lights Newsletter Email list. We are happy to have you as a member of our Al-Anon e-news community. If you are currently receiving a Newsletter by Postal mail contact the Group Records Coordinator (records@nynafg.com) to stop receiving the mailed Newsletter.

In the future, you will receive e-mails with the Northern Hi Lights Newsletter attached. This newsletter reports the Northern New York Area news including: Officer and Coordinator reports, upcoming events, service opportunities, and more.

Your anonymity is important to us; your e-mail address will only be used for the purpose of sending the New York Northern Area Newsletter about Al-Anon news in Northern New York.

You may remove yourself from this list at any time by selecting the link at the bottom of every e-mail message.

Thank you again for joining. If you have any questions or comments, please feel free to contact the Newsletter Coordinator (newsletter@nynafg.com).

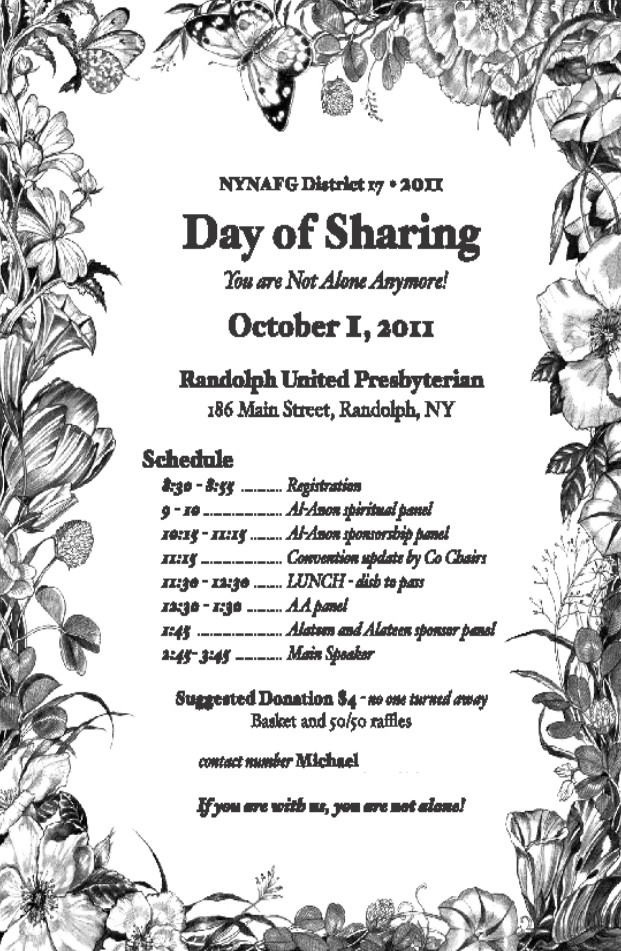
Sincerely,

Northern New York Al-Anon Family Groups

It is important once you are getting the Newsletter via email from our Newsletter Listserv that you contact Group Records to discontinue getting the Newsletter via US Postal Mail Service.

All correspondences should be directed to the Newsletter Coordinator at newsletter@nynafg.com

**In service,
Nancy P.**



NYNAFG District 17 • 2011
Day of Sharing
You are Not Alone Anymore!
October 1, 2011
Randolph United Presbyterian
 186 Main Street, Randolph, NY

Schedule

- 8:30 - 8:55 Registration
- 9 - 10 *Al-Anon spiritual panel*
- 10:15 - 11:15 *Al-Anon sponsorship panel*
- 11:15 *Convention update by Co Chairs*
- 11:30 - 12:30 **LUNCH - dish to pass**
- 12:30 - 1:30 *AA panel*
- 1:45 *Alateen and Alateen sponsor panel*
- 2:45 - 3:45 *Main Speaker*

Suggested Donation \$4 - no one turned away
 Basket and 50/50 raffles
 contact number Michael
If you are with us, you are not alone!

District 21's Annual Day of Sharing



Hand to Hand, Heart to Heart

Saturday, October 29, 2011
 9:00 AM - 3:00 PM

All Saints Episcopal Church
 149 South 1st & Academy Streets, Fulton
 (Enter the side of the building)
 Program includes: Guest Speakers,
 Raffles and Literature

SAVE the DATE more news to come soon!

ALL ARE WELCOME!!

COME JOIN US!
ALANON /ALATEEN
PICNIC
SUNDAY JUNE 26
1 - 4
LAKE LAUDERDALE
WASHINGTON CO. PARK
CAMBRIDGE, NY
FUN, FELLOWSHIP, FOOD!
BRING A DISH TO SHARE

for more information call Mary :
 5 miles North of Cambridge, NY
 5 miles South of Salem, NY
 Entrance on Rt 22

When I
Got Busy,
I Got
Better

District One
ONE DAY
Hosted by Cheektowaga AFG
Come join us
October 15, 2011

When I
Got Busy,
I Got
Better

Amherst Presbyterian Church
 (Across from ECC North)
 151 S. Youngs Rd.
 Williamsville, NY

*AA
Welcome!*

*Alateen
Participation!*

9:00AM till 3 PM
For More Info Call:
Betty
Speakers, Raffles, Food, and Fun!!!

PLEASE BRING YOUR
FAVORITE CASSEROLE DISH TO PASS

Group Participation Needed For
THEME BASKETS

*A four dollar donation is greatly appreciated for admission.
 Please follow fund raising guidelines listed on page 94 to 95
 of the 2010-2013 Service Manual when putting Theme Bas-
 kets together— Thank you!!*

2011 NEW YORK NORTH AREA FALL ELECTION ASSEMBLY
September 23, 24, and 25, 2011
Comfort Inn and Suites, 6701 Buckley Road, North Syracuse, NY 13212
" Serving Our Families Through The Legacies"

FRIDAY 9/23	SATURDAY 9/24	SUNDAY 9/25
Registration 3pm - 10 pm	Registration 7 am - 3 pm	Alateen Interest
Serving and Healing	A.W.S.C. Meeting (8:00 am)	Meeting (8:00am)
Our Families (Improve)(7:30 pm)	New G.R. Meeting (8:30 am)	Spiritual Panel (9:30 am)
3 Legacies of Al-Anon (9:00 pm)	Assembly Morning Session (9:30 am)	
	Lunch Break	
	D.R. Luncheon	
	Election Assembly (1:00 pm)	
	Banquet & Gag Gifts (6:15 pm)	
	Main Al-Anon Speaker (8:30 pm)	
	Gratitude Slumber Party (9:30 pm)	
	Baby Picture Contest (9:30 pm)	

HOTEL RESERVATIONS - NYN AFG 2011 FALL ELECTION ASSEMBLY
ROOM RESERVATION DEADLINE: August 11, 2011

CALL TO RESERVE A ROOM ON YOUR CREDIT CARD: 315-457-4000 or 1 800-4CHOICE
<http://www.syrhotel.com/> e-mail CIS@Tramzhotels.com

ROOM RATE WILL BE \$99.00 (plus 13% tax) FOR SINGLE, DOUBLE, TRIPLE, OR QUAD OCCUPANCY, PER NIGHT. ROOM RESERVATION REQUIRED FOR FREE CONTINENTAL BREAKFAST. ROOM RESERVATIONS MUST BE MADE BY August 11, 2011.
 Check in: 3:00pm / Check out: 11:00 am Make checks payable and mail to: Comfort Inn and Suites, 6701 Buckley Road, North Syracuse, NY 13212

Directions:

From NYS Thruway I-90, take exit 36 and travel south on I-81 to first exit, 7th North street. (exit 25) Take a right at the light at the end of the exit then and another right at the light at Buckley Road. Hotel is about ¼ mile down on the left.

MAKE CHECKS PAYABLE TO NYN 2011 Fall Election Assembly. MEAL REGISTRATION DEADLINE IS August 11, 2011. ALATEENS MUST HAVE ADULT SUPERVISION AND NOTARIZED PARENTAL PERMISSION SLIPS AND MEDICAL RELEASE FORMS.
 Questions? Jim M.

More information available at www.syracuseais.org and at www.nynafg.com

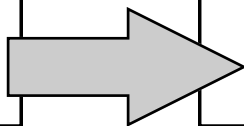
2011 NEW YORK NORTH FALL ELECTION ASSEMBLY REGISTRATION FORM

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 ADDRESS: _____ ALATEEN REGISTRATION (\$12) _____
 CITY/STATE/ZIP _____ SATURDAY BUFFET (\$26) _____
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MAIL TO: 2011 NYN Fall Election Assembly Is this your first Al-Anon Assembly? _____
 P.O. Box 3683 Are you a New GR? _____
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Northern Hi Lights is the monthly service publication of the New York North AFG Assembly Area. It is intended to keep the area informed of all service related projects and activities at the District, AIS, and Area levels. It will not contain poetry or personal recovery stories. Content of each issue will include service reports from the Delegate, Officers, and Coordinators of the area and pertinent service topics from the World Service Office. Reports from Districts and Information Services will be included as space allows. Articles are due by the 15th of each month. Announcements should be submitted at least 6 weeks before Event *Northern Hi Lights* is not copyrighted. It is not conference approved literature. Groups are requested to pay for a subscription at \$7.50 per year. A copy is sent to the Group Representative of each group on record with the Group Records Coordinator unless we have specific instructions about a group mailing address. The address label is on the back of this page.

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NYN AFG Officers & Coordinators for 3 year Term, beginning January 2009			NYN Past Delegates
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<u>Chairperson:</u> Connie D chairperson@nynafg.com	<u>Secretary:</u> Ruth S. secretary@nynafg.com	<u>Treasurer:</u> Louise F. treasurer@nynafg.com	<u>Panel 16/19</u> Maxine M. B. <u>Panel 22</u> William S.
<u>Alateen:</u> Shirley C. alateen@nynafg.com	<u>Archives:</u>	<u>Conventions:</u> Summer D. convention@nynafg.com	<u>Panel 25</u> Marcia J. <u>Panel 28</u> Mary G. <u>Panel 31</u>
<u>Group Records:</u> George S. records@nynafg.com	<u>Public Information:</u> Sherry S. pi@nynafg.com	<u>Literature:</u> Jean W. lit@nynafg.com	* Arlene M. <u>Panel 34</u> Sherry B. <u>Panel 37</u>
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<u>Spanish Contact:</u> Cira B.			Connie D. chairperson@nynafg.com <u>Panel 46</u> Bob C.



NYN Area Assembly
Northern Hi Lights
34 Ellison Ave.
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