

Recovery Through the Steps
Unity Through the Traditions
Service Through the Concepts

Inside This Issue

Topic: Unexpected Gifts of the Program

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Northern Hi Lights

Al-Anon News from New York North Area Area Delegate, Panel 55

At the World Service Conference in May 2015 we had a session regarding the 2014 Budget. It was mentioned that we had a deficit. What can be done? How can we continue to operate like this? We discussed taking money from the Reserve Fund, or asking individuals and groups to be more generous. The topic of thinking and acting abundantly was mentioned several times. What does this mean? *Webster's Dictionary* describes abundantly as a having a large amount of something.

The World Wide fellowship of Al-Anon has a great number of members throughout the world. We have a large number of meetings around the world and we have a large amount of recovery in those meetings. Do we think abundantly when we think in this way? Do we think abundantly when we think of the Gifts of the Program such as **serenity, service** and **love** that we have been given through our recovery? I am grateful for what I have been given through the 12 Steps of recovery. I can give more as the basket is passed at my meeting. If we all think abundantly as a group, we could help Al-Anon World Service to provide services to us without a deficit in the future by giving abundantly. (continued on page 2)

Mission Statement

Northern Hi Lights is the monthly publication (10 issues) of the New York North AFG Assembly Area. It is intended both as a member outreach tool and to keep the Area informed of all Service related projects and activities at the District, AIS, and Area levels in between Assemblies. Content of each issue will include Service Reports from the Delegate, Officers and Coordinators of the Area; and pertinent Service topics from the World Service Office. Reports from Districts, Information Services and Alateen Sponsors will be included as space allows. A topic of the month may be chosen by the editor as a focus for reports. **Northern Hi Lights** is not copyrighted. It is not conference approved literature.

Submissions: Email by the 15th of the month prior, to: newsletter@nynafg.com
When submitting reports, keep in mind that all quotes from Conference Approved Literature (CAL) must have prior written permission from WSO (see pgs. 106-107 in your *2014 Service Manual*). **Announcements should be submitted at least 6 weeks before event.**

Subscriptions: Suggested donation of \$10/year when possible (see back page):
All Al-Anon members are encouraged to subscribe (**electronically if possible**) to receive an individual copy. A copy will automatically be sent to each Group Representative on record with the Group Records Coordinator, unless we have instructions for a specific Group Mailing Address.

For more information visit the following websites:

New York North: www.nynafg.com

WSO: www.al-anon.alateen.org

Do you have abundant gratitude? Do you want to live an abundant life? These are the questions I pose to you. I believe when I search my heart I can say yes to these questions, and this will motivate me to give abundantly.

Diane C.

Alternate Delegate

Good news! I have now sent out seven welcome letters to new groups since January, 2015. The latest was to a new group in District #22, Rays of Light and Hope in Queensbury. The districts I have sent letters to include: District #4, two to #8, #27, #21, and #22, in addition to a new Rochester Alateen group.

The Forum did you know?: There is a section in each *Forum* called, "Inside Al-Anon Family Groups" whose purpose is to "present news, policy, and commentary from volunteers, staff, and readers sharing experience through service." If you want to know what's going on in Al-Anon beyond your group this is a great place to look. In the May, 2015 issue, the article is about the October, 2014 biennial service meeting called the **International Al-Anon General Services Meeting (IAGSM)** attended by Delegates from around the world. The topic was, "Living Our Spiritual Principles." The delegate from Switzerland gave a presentation on "Using Our Spiritual Principles to Deal With Conflict."

Personally, I never knew this meeting existed, so I found it fascinating to read about and to picture Al-Anon at work at a global level, realizing that we are all the same and struggle with the same issues. If you would like to read more, you can find a summary of the meeting after you log on to the Al-Anon Members' website. The link <http://alanon.org/members/pdf/IAGSM> summary.pdf will take you directly to the *Summary*.

Topic of the month: For me, the unexpected gifts of the program are the close friends and 'family of choice' I found here. Sometimes I toy with the idea that maybe I can take a break from Al-Anon for awhile. Then, I start thinking about my best friends,

most of whom are in the Program. Who would I be and what would I do without them? Also, I know that the best tool I have been given through Al-Anon is service and the knowledge that giving IS receiving. If I am not giving, I am not growing.

Gwenne R.

Convention Coordinator

Hi y'all,

Well I am writing this in early May, but it will be June when you read it and we all will be saying "*It sure was a great time in Owego at Spring Assembly. Everyone did a fantastic job!*"

And it was well worth all the work! Thanks especially to District 10 Hosts... and all the NYN Al-Anons & Alateens that made it happen. And now we get to look ahead to September 18-20, 2015 in Syracuse with District 2 & 29 hosting the Fall Assembly. Y'all come back, ya hear!

Sooo, what do I say about our Topic of the Month: "**Unexpected gifts of the program.... Al-Anon friends.**" When I first walked into the rooms of Al-Anon I wasn't looking for friends. I was looking for answers on how to **fix him!** And I was so alone, in the big city, with lots of people I had known forever, I was so alone. In those early days, weeks, months, & years I can't remember a single Al-Anon who told me how to **fix him**. The gifts given me by the basketful were hugs, smiles, phone calls, invitations to go out for coffee....or better yet, ice cream, and they just kept saying "**keep coming back.**" Al-Anon accepts me just as I am. Doesn't make me change. You just tell me what works for you. And by golly, gradually, that smile came back, and I was able to make the phone calls, & extend the invitations. Some of these treasured friends I see many times a week, some I haven't seen in years, and some I have yet to meet. It's amazing the gifts we receive when we're not looking, (And I couldn't fix him. He got well in spite of me... but he was always grateful to Al-Anon friends.)

Nancy H.



Immediate Past Delegate

Dear NYN Friends,

This will be old news to those of you who went to the Spring Assembly, May 29th – May 31st but for those of you who did not attend – WE'RE GOING TO THE STATE FAIR!!!! NYN AI-Anon has been accepted as an exhibitor at the State Fair. This will be a great public outreach project for the whole of NYN. (NYS has been contacted and will be helping in some form)

I can't give you many details in this article because I don't have them all yet. More details will have been announced at the Assembly and will be in future *Northern Hi Lights*. Also talk with your DR, GR or anyone you know who went to the Assembly, they will be able to share details they received at the Assembly.

The fair will run from Thursday, August 27th through Monday September 7th. The booth will need to be manned from 10:00 AM – 10:00 PM daily. We will need volunteers for this. People will be able to sign up for a shift or more online. Again information about this will have been shared at Assembly. NYN will provide an entrance ticket for all volunteers.

Needless to say this Area-wide public outreach project will be expensive but well worth it. Any donations toward this expense to NYN will be more than welcome. Groups, Districts think about how you can help.

I'm writing this article 2 weeks before the Assembly so I don't have all answers right now, when you read this in a few weeks those answers will be out there. Please bear with me.

This month's theme is "unexpected gifts of the program." Well, I can say for me this upcoming participation in the State Fair is an unexpected gift. Actually working on the committee to look into being part of the fair, planning what to do etc., has all been an unexpected gift. Before AI-Anon I would not have thought I could be part of such a big project, neither planning nor carrying out. I could not have imagined sitting in a booth at the fair, being willing to talk with people I didn't know and would never see again. To be so excited about this whole thing was totally beyond me. All I can say is AI-Anon has helped me grow so much, I have received so many gifts and for that I am so grateful.

Gratefully in Service,

Ruth S.

Literature Coordinator

Most newcomers come into the rooms via referral or personal contact and are then exposed to CAL (**conference approved literature**). Being particularly stubborn, I resisted and ignored invitations and counselor referrals to Al-Anon, convinced that I was fine and not in need of a program. Somehow my Higher Power intervened and a copy of *One Day at a Time* showed up at my house.

Being a promiscuous reader, I eventually read it and thought, "Hmm....." The second time I read it I thought, "This makes sense..." I was drawn to the messages of experience, strength, and hope. The third reading softened my heart enough to make me willing to check out the rooms. I was hurting and I wanted the benefit of the experience, strength and hope offered by Al-Anon and demonstrated by the CAL literature.

I attended my first meeting and was greeted lovingly by those in attendance. Within minutes I knew that I was where I needed to be. My exposure to the Al-Anon literature smoothed my integration into the rooms. I daily thank God, my sponsor (who was the first person to greet me in the rooms), and all of the Al-Anon members who have facilitated my recovery by sharing their experience, strengths, and hope.

The WSC Literature Committee is seeking sharings from Al-Anon and Alateen members for possible inclusion in a new piece of literature on intimacy in general, including sexual intimacy in alcoholic relationships.

WSO has provided a good selection of CAL literature available for purchase electronically online from private vendors. Please support this endeavor so we may continue to offer additional materials. CAL is available directly from the WSO or from six literature distribution centers (AIS), or electronically from private vendors

Respectfully with love,

Cindy C.

Group Records

Please keep the changes of your groups up to date. I am only an email or phone call away. If you have any questions about subscriptions to the *Northern Hi Lights*, you can also direct them to me. The better we all communicate with each other, the better your area can serve your needs and requests. Having the correct information is vital to facilitate that communication.

The topic this month is unexpected gifts of the program. There have been a lot of miracles and unexpected gifts of the program. I will pick two of them. The first is the gift of an understanding of my Higher Power which I can live with, not the one I grew up with. In that vein of thinking, the various perspectives that members share in the program offer the gift of choices.

The other gift of the program is that I had a soul sister in this world that without the membership in this awesome program, I would not have had the opportunity to get to know and love. It is a wonderful feeling to have a soul sister that is so much like me in so many ways. Doing Al-Anon things together has made the journey so very special. HP has put me just where I need to be at just the right time; totally amazing.

Love in Service

Lynda S.

Public Outreach Coordinator

Hi Everyone,

What a beautiful time of year. Everything is blossoming, the warblers are passing through. For the first time this spring, just today, I saw 4 Canada goslings swimming by. These are just a few of the annual gifts of spring.

Our topic this month is about gifts too, “the unexpected gifts of the program.” These gifts also have been arriving by surprise, appearing when I least expect them in my new service position as public outreach coordinator.

I am making new friends—the greatest gift— through this outreach. I get to talk with others about our program; and listen to others’ stories and courage in dealing with alcoholism. We get to work together reaching out to those who are still suffering. I am grateful for such a meaningful opportunity to be part of this Al-Anon work of ours.

- Great news: We will have an Al-Anon booth at the NYS Fair this year— more information to follow. We will need your help!
- Remember to order the new “Al-Anon Faces Alcoholism 2016” by 5 p.m., ET, Wednesday, July 8th, 2015. Orders will be shipped by AFG, Inc. before September 1, 2015.
- Please continue to place our current “Al-Anon Faces Alcoholism 2015” in libraries, hospitals, doctors’ offices, break rooms, etc.
- Please continue to place the outreach flyer in your community.
- I continue to work with the DRs and the public outreach coordinators in regard to TV stations playing our PSAs.
- September is National Recovery Month.

Have a good summer. I would appreciate hearing from you. What is happening in your community regarding outreach?

Together we can make a difference.

Pat H.

SENDING DONATIONS TO NEW YORK NORTH

Donations should be sent by check or money order. DO NOT SEND CASH!! Make payable to:

NYN Area Assembly, PO Box 398, Morrisonville, NY 12962

Add Group’s registered name and Group’s ID Number (Very Important)

Treasurers Report

Hello NYN Family

Hard to believe that the Spring Assembly/Convention is just a couple of weeks away, and that it will be over by the time this article appears! Hope to see many of you in Owego! Thank you for your continued support of NYN!! The following donations have been received since the last newsletter:

Group name	\$ amount	Group number	Expenses incurred since last newsletter:
Peterboro	20.00	10188	LaVaughn R. \$221.30
St. Ann's	60.00	37056	Gwenne R. \$88.60
Simple Beginnings	30.00	49964	Kevin M. \$20.35
Queensbury	30.00	9765	Susan A \$43.89
SW Serenity Seekers	10.00	46347	Treadway Inn \$3274.70
Womens 12@12	50.00	66032	Fall 2015 Seed \$1000.00
Buff Lunch Bunch	20.00	9636	Walter S. \$77.10
Penn Yan	25.00	10187	
District 6	100.00		Current balances in the NYN Accounts are:
Friday	30.00	9828	Checking account \$8812.55
Serenity Seekers	10.00	501783	Reserve account \$8822.90
Hope For Today	10.00	53134	Sage Ruddy Mutual \$2787.17

On this month's topic of unexpected gifts of the program, I would like to mention that I have gained a family of choice, which I never would have dreamed of having! This family does not judge me, loves me unconditionally, even when I'm not loving myself, and teaches me things I wasn't taught when growing up. I think the most amazing unexpected gift I have received from being in the AI-Anon family is a smile that I find very difficult to wipe off my face!!!

Thank you all for that!

Linda A.

NYNAC Coordinator

Hello Friends!

Can you believe it's June already and summer is here! This week I am preparing to attend my first assembly as NYNAC coordinator. What a great, yet overwhelming feeling! To go along with the topic "Gifts of the Program," I look forward to the assembly to reconnect with many friends I have made over the years. My Al-Anon friends are more like family to me, and hold a very special place in my heart. I was so blessed to be able to grow up in this program at a young age, and have forever friends in my life due to Al-Anon and Alateen. We may not get to see each other often, but when we do it's like we haven't missed a beat. My program friends are the ones who truly "get me," they are the people who have opened their hearts to unconditional love for me and do not judge me. Where else in this world can you find that?

I remember my first NYNAC as a teen, I remember the connections I made and honestly can thank this program for introducing me to my husband, and we just celebrated thirteen years together. NYNAC is a not only a place for the teens to gain recovery and learning tools, but it's a place to create lifelong friendships. It is so important that we feel connected and loved by others. Growing up in an alcoholic home, it can be extremely difficult to make those connections with others. NYNAC is a place where the teens can gain that unconditional love and make friendships that have impacts on their future relationships with friends.

Little update on NYNAC 15: Paris H. and Hannah S. from *Stars of Hope* in Buffalo, came up with a list of things they need for entertainment. Erin T. from *There is Always Tomorrow* in

Syracuse, has been working with her group on a drawing for the t-shirts and flyers, with hopes it will be ready for me to present next weekend at the assembly. I have been in contact with a t-shirt company and received a quote. I am currently trying to work on the 2015 budget and expenses so I can be prepared with a guesstimate cost of what NYNAC will cost per person. I am hoping I can have it ready for the assembly.

Lastly, I am still in DIRE need of an Alateen group to step up and take the Program Committee. This group would be responsible for creating a program of weekend workshops and activities. It would be fairly simple, seeing how we can base it on our theme "Making Changes," and copy last year's program. Also Vanderkamp offered some fun hands-on workshops, like team building or trust, and we could incorporate it in our Alateen program and Twelve Steps. Please talk about this at your Al-Anon and Alateen meetings and see if your group would be willing. Our main goal at NYNAC is recovery. Without concrete meetings and workshops, there is no recovery.

When we close the dance at NYNAC we have a song, "That's what Friends are for," and we all huddle in a circle with our arms around each other, swaying back and forth singing this song to each other. Some years it's brought me to tears, tears of happiness that I have made so many friends in the program. So keep smiling and keep shining, knowing you can always count on me, that's what Al-Anon and Alateen friends are for.

Bridget C.

**Deadline for submissions to the July, 2015 issue of *NHL*
is **June 15, 2015**. The Topic is: **My First Service Position****

Area Secretary

Hello NYN;

I had no idea when I walked into my first meeting that I would still be attending AI-Anon in 2015. You see, I had never finished anything I started until AI-Anon. I would have to say that AI-Anon gave me consistency and commitment, something I didn't have BA (before AI-Anon). Another unexpected gift of the program is that I have become active in service at the local and Area level, which has given me a sense of belonging and a sense of community. I like to say I have friends all along the Erie Canal. You know how that song goes, from Albany to Buffalo. The friendships I have made in service are like nothing I have experienced before. Although we don't see each other very often I feel a really close connection to these people, like kindred spirits. Service also gives me a reason to pick up the phone. I'm not a phone person and never have been. My phone weighs way more than I'm able to lift, but somehow if I need to make a call related to service it gives me a reason to lift that very heavy tool. I can discuss what business needs to be talked about and then I can share from the heart about what is going on with me. I look forward to every meeting the Area has because it gives me a chance to reconnect with my friends. I've learned that just because I don't see eye to eye with other members or have different thoughts about the business side of AI-Anon doesn't mean we can't break bread together after the meeting. Wow, another foreign concept BA (before AI-Anon). I would have to say that the Program has given me a real spiritual outlook. I have learned to trust my Higher Power and believe that my Higher Power knows the plan long before I do. My Higher Power always has surprises in store for me when I least expect them. All I have to do is to have trust, trust that things will work out just as they are supposed to. Easier said than done, right? But it's getting easier and easier as long as I keep coming back.

Pam A.

Area Chairperson

Hello NYN

In 1971 I read an Ann Landers column written by a woman who had tried AI-Anon at Ann's encouragement. At the end of the article, Ann published the address of the World Service Office. I wrote a letter to the WSO asking for information about AI-Anon and told them, "My only problem is financial and I would appreciate any information you could send me." What I expected and what I received were two very different things.

WSO sent me the name of a contact, who eventually became my sponsor, and a few pamphlets, none of which told me what to do about my "financial problems." The gifts I received from attending AI-Anon meetings all these years are many including faith, friends, security, confidence, and peace.

It's not too late to come to the Spring Convention May 29-31 in Owego. Group Representatives will be bringing a report to their groups. Whether they report during the announcements time, during a business meeting, or at some other time, this report is the way communication proceeds from the groups to the World Service Conference through Diane, our delegate, and back to the groups through our group representatives. Without these vital communication links, groups would have little knowledge of AI-Anon's and Alateen's worldwide efforts to help families and friends of alcoholics. The World Service Office is a clearing house of information and activities to help spread the message of our program. As members we "carry the message to

others and practice these principles in all our affairs” (Step Twelve). Let's continue our efforts to bring the gifts of the program to those who are still suffering.

Susan A.

Alateen Coordinator

As I write this article I am preparing to attend the NYN Spring Assembly. So much is happening at this time with myself and Alateen. This is the time of year when World Service sends out the Alateen Group Annual Update Form to all sponsors listed as the CMA's (Current Mailing Address) for the group. It is the responsibility of the CMA in NYN to review your group's data and indicate any changes about the group. If all the information listed is correct the CMA should check off the box as indicated. The form must be signed and mailed in the envelope provided by June 15th so that I can process any updates with NYN and World Service.

Also, at this time World Service requires that every Alateen Sponsor/AMIAS (Alateen Member Involved in Alateen Service) be recertified by July 1st. On May 1st I sent each Sponsor/AMIAS in NYN a recertification update form to complete and sign. The purpose of this form is to make sure that NYN and World Service has the most updated demographic information for each Sponsor/AMIAS. I am also allowing each Sponsor/AMIAS to indicate if they wish to continue their service in Alateen. It is important that this form be completed in full and returned to me as soon as possible. Failure to comply with this request could result in losing your status as an active Sponsor/AMIAS.

When I heard that the topic for this month was “Unexpected Gifts of the Program,” I thought of all the gifts I received from my friends in this program. They taught me how to trust, love, and share with others. They accept me as I am with all of my imperfections and never criticize me when I slip or make mistakes. They just help to pick me up, dust me off and put me back on track. One of the greatest friendships I developed is the friendship with my Higher Power. I have come to know that he loves me, guides me and is always there for me. I wish all of you the gift of friendship.

Love in service

Walt S.

Newsletter Editor

Hello NYN,

One benefit of this position is that it is a real growth experience and opportunity. It is also a chance to give back to AI-Anon for all I have gained. Like what, you say?

How about just knowing, and accepting, myself, rather than being overly self conscious? How about looking in the mirror and thinking I get better looking all the time! Love those wrinkles! How about being grateful for all the wonderful people and friends I make through service? How about the ability to reach out to people, and not wait for them to reach out to me, like I used to? That was like wearing handcuffs, or a dunce cap. Yuk. I used to feel less than normal. Now, I've had people outside the program tell me that, because I don't react negatively to situations, but accept what is, that I'm not normal in a good way. So, who wants to be normal? Not me.

John O.

Archives Coordinator

I have been slowly looking through the archive boxes. I get excited to do it, then overwhelmed with the amount of stuff and where to begin. There is so much good stuff, my mind races as to how to present it to the fellowship. (I'm not very creative so that takes work). This is where the tools of the program come in. Thanks to the work I have done in AL-Anon, I am now able to recognize I am getting overwhelmed and future casting. I can stop, acknowledge it and then with HP help how best to proceed. This has been an unexpected gift of the program for me. When I acknowledge my actual feeling, it helps dissipate the bad ones and expands the good ones. Don't think I'll have any presentation for the Spring Assembly, but with HP help (and the help of some creative AI-Anon members in my life) I'll have something interesting for Fall 2015.

Kevin M.



JOIN US

**At the 2015 NEW YORK NORTH
AFG AREA FALL ASSEMBLY**

2015 NEW YORK NORTH AFG AREA FALL ASSEMBLY

Friday – Sunday, September 18, 19, and 20, 2015

Comfort Inn and Suites

6701 Buckley Road, North Syracuse, NY 13212

JOIN US for “SPIRITUAL ABUNDANCE”

Hosted by District 2 & District 29





2015 NYN AFG FALL ASSEMBLY
Hosted by District 2 & District 29
“SPIRITUAL ABUNDANCE”
Friday – Sunday
SEPTEMBER 18, 19 & 20, 2015



For more information
 visit: www.nynafg.com

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North Syracuse, NY 13212

Directions:

From NYS Thruway I-90, take Exit 36 and travel south on I-81 to first the exit, 7th North Street, (Exit 25). Take a right at the light at the end of the exit then another right at the light at Buckley Road. Hotel is about ¼ mile down on the left.

Reserve your room directly with the Comfort Inn: ROOM RESERVATION DEADLINE: AUGUST 18, 2015

Phone 1-315-457-4000 or 1-800-4CHOICE or <http://www.syrhotel.com> or email CIS@Tramzhotels.com

Tell the Hotel you are with the New York North Fall Assembly, to get the Convention Room Rate.

Room Rate will be \$99.00 (plus tax \$12.87 tax) = **\$111.87 per night.**

Room reservations required for Free Continental Breakfast. Check in 3:00pm / Check out 11:00 am.

Make checks payable and mail to: Comfort Inn and Suites.

Assembly Registration begins Friday, September 18, 2015 at 3:00 pm

Pre-Registration is encouraged but walk-in Registrations are welcome. Banquet reservations may not be available.

For more information call or email:

Katie H at 585-749-2443, khawes1@rochester.rr.com or Jack H at 585-621-8893, pat.jack@gmail.com

2015 NYN AFG FALL ASSEMBLY REGISTRATION FORM

(Please submit a separate registration form for each person attending)

Make checks payable to NYN AFG 2015 FALL ASSEMBLY

Alateens must have adult supervision, notarized parental permission slips and medical release forms.

MAIL completed form to: NYN 2015 FALL ASSEMBLY, P.O. BOX 26771, Rochester, NY 14626

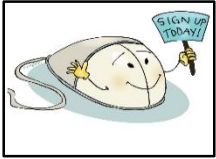
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Name:	Early Registration by: 08/18/2015 \$15 Full Registration by: 09/15/2015 \$20 Alateen Registration: \$12 Are you registering as? Al-Anon _____ / Alateen _____ / or AA _____	\$ _____
Address:	Buffet Dinner Saturday, September 19, 2015 Reservation Deadline: 09/15/2015 \$27	\$ _____
Phone with area code:	District Rep (DR) Luncheon \$10	\$ _____
Email:	Donation to the Hospitality Room	\$ _____
Are you a: New Group Rep (GR)? _____ New District Rep (DR)? _____	TOTAL COST ENCLOSED:	\$ _____

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Unless this is a personal subscription, this copy belongs to your group.
Please share it with them, and make each issue available at your meeting.
To insure anonymity, tear off this part before leaving it with your group.

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<u>Panel 40 Past Delegate</u> Anne F. <u>Panel 16&19 Past Del.</u> Maxine B. <u>Panel 13 Past Delegate</u> Ruth F.	<u>Panel 37 Past Delegate</u> LaVaughn R. <u>Panel 34 Past Delegate</u> Sherry B.	<u>Panel 31 Past Delegate</u> Arlene M. (Deceased) <u>Panel 28 Past Delegate</u> Mary G.	<u>Panel 25 Past Delegate</u> Marcia J. <u>Panel 22 Past Delegate</u> William S. <u>Panel 4 Past Delegate</u> Helen S.

PLEASE PASS THIS NEWSLETTER ON TO OTHERS IN YOUR GROUP



Northern Hi Lights Subscription Form

While there is no specified charge for *NHL* subscriptions, in keeping with the Seventh Tradition of being fully self-supporting, **a donation of \$10 per year is suggested**, when possible, to help the Area pay for production costs. **Make checks payable and mail to:** NYN Area Assembly, PO Box 398, Morrisonville, NY 12962

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WSO# _____ District# _____ If sent to address other than above, please include that name and address, WSO#, in writing on another piece of paper. Mail address changes and updates to: Group Records, 68

Boulderwood Drive, Queensbury, NY 12804, or Email: records@nynafg.com

NYN Area Assembly
Northern Hi Lights
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